



August 2025

NEWSLETTER



A Message from Our President

Welcome back! I hope everyone has enjoyed the break from club responsibilities in July and have been able to spend time with family and friends.

August sizzles! It is typically the hottest month of the year and it's the month that we get back to work making a difference in our communities. We start the month with the fundraiser for the Good Shepherd Clinic and the Tomato Sandwich Party on August 2nd from 5 – 7 pm. Please plan on attending and making a contribution. Several of our members have volunteered at the clinic over the years. The medical care provided to uninsured citizens of Clayton County is incredibly important to our community.

The Clayton County Board of Commissioners will be presenting a proclamation to our club for our role in establishing the Morrow Library on Tuesday, August 5th at 6pm. Please plan on arriving at 112 Smith Street in Jonesboro at 5:45 (with your nametag on) so we can sit together.

On the 7th of August we will have our monthly meeting with social time beginning at 5:30 and the meeting will start promptly at 6 pm. We will meet a scholarship recipient and the Environment CSP will be coordinating the meeting. We hope to be ready to have a vote on revised Bylaws and Standing Rules for our club. Please watch your emails for more information on that.

On August 15-17, GFWC Georgia hosts the annual LEADS & Institute in Macon. This is an opportunity to learn about all the programs that GFWC supports, to learn more about the various CSPs and Committees, to familiarize yourself with the resources we have available to us. Leads is on Friday, August 15th and Institute is on Saturday, August 16. There are break-out sessions during the Saturday session so you can choose to go and learn more about whatever subject is of interest to you.

And then the event we've all been waiting and working on!! The celebration of the 50th anniversary of the Morrow Library will take place on Thursday, August 28th at 5 pm. You should have received an invitation via email. Please make every effort to attend and celebrate!

These are just the highlights for the month. Please read the newsletter in it's entirety for details of all our activities.

We ask that in August you look at your plans of work for each CSP and consider what you have or haven't done. If we need to make a donation to a charity begin making plans to do so. If we have projects yet to complete, please begin to plan how and when we will get the projects done.



COMMUNITY SERVICE PROGRAMS



Arts and Culture

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A big thank you to those club sisters who participated in our ten Arts and Culture projects this year. Our projects were: sponsoring a Student Art Contest, a Chalk the Walk Contest, collecting art supplies for McGarrah Elementary, making angel ornaments for an assisted living home, providing Ivory Coast food dishes in honor of our program speaker, promoting attending plays, art displays, and festivals, providing essential workers coloring pages for a classroom of students, making contact with several high school art teachers to promote senior students participation in GFWC Georgia High School Art Competition at the district level, and listening to a presentation about Alla Olkhovska, an artist from Ukraine, and a friend of Mia Broder, one of our local artists. As you can see, we had quite a busy year but one in which we tried some new projects and learned some new information.



Civic Engagement and Outreach

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

Educational Moment: August 5th is National Night Out

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie. Come out and join us for National Night Out! Law enforcement officers from all over Clayton County and the Morrow Fire Department will be on site for an evening of fun, community, and connection.

Great opportunity to thank our First Responders!



August Projects:

- Please bring to our August meeting the following non-perishable items for the First Baptist Church of Morrow's Food Pantry that assists families in our community experiencing food insecurities: Canned Vegetables (Green Beans, Peas, Corn, Black Beans, Pinto Beans, Kidney Beans), Canned Meat (Tuna, Chicken, Salmon, Spam), Canned Soup, Canned Fruit, Canned Tomatoes, and Canned Tomato Sauce.
** Please watch expiration dates.

Upcoming Projects:

- Prepare and serve dinner meal at Calvary Refuge Center in Forest Park. We will have a date and time at our September meeting.

BIG Thank You!

We have collected all 16 of the books that celebrate women/girls for the MCWC-Morrow Library Celebration on August 28th. Thank you, club sisters, for your generous hearts and love of reading! I also want to thank Barbara Rose, our club sister and Morrow Library Director who worked with Civic Engagement & Outreach to put

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together the book list and have the Library Board approve it. On the inside of each book there will be a specially designed bookplate/sticker acknowledging MCWC's donation. These books will be displayed at the Celebration on August 28th for all to see our club's longstanding commitment, engagement, and outreach in this community!



Education and Libraries

It's Back to School Time!! It has always been my favorite time of year, as a child and during my years in the classroom. Education CSP will be collecting school supplies for the Calvary Refuge Center. This shelter has been a project served by MCWC for many years. If you would like to make a contribution to the school needs for the children, here are a few suggestions:

Wal Mart Gift cards of any denomination that can be used for uniforms, shoes, etc.

Wide Ruled Notebook paper or spiral bound notebooks

Clear backpacks

Pencil pouches

#2 Pencils – Ticonderoga are preferred, but any kind is welcome; regular size or the big round primary size

We are continuing to collect children's books appropriate for all age readers, to support the GFWC GA President's Special Project: Books for Little Hands. You might find some excellent choices at the Friends of the Library Book Sale, August 16 at Morrow 1st Methodist Church.

Information about the FOL Book sale is included in the newsletter. Volunteer helpers are needed and appreciated. For any amount of time you have to share. Call or text Cookie Keene if you have any questions about the sale. MCWC is now a Patron Member of FOL, Clayton County.

USED DVD, AUDIO BOOK &


BOOK SALE

Find Your Next Good Read


August 16, 2025

9:00 am - 4:00 pm

Morrow First United Methodist Church
Community Room
5985 Jonesboro Road, Morrow



All items \$1
Cash only



Donate gently
used books prior
to the sale



Environment

July is said to be the hottest month in the state of Georgia, and this year is no exception. A severe climate presents a challenge, but cultivating native plants can prove to be helpful in a garden's success. Knowledge of climate and soil is important in choosing plants that thrive in Georgia. Check out this article to assist you in selecting plants that really love it here in Georgia.

Top 20 Native Georgia Plants For A Low-Maintenance Garden This August

www.mcwcga.org

<https://positivebloom.com/top-native-georgia-plants-for-a-low-maintenance-garden-this-august/>

Keeping this in mind, survey the present state of your garden. If your garden is blooming and productive, **please bring flowers to the August** meeting to be used to make arrangements for those confined to their homes because of ill health or inability to handle the extreme heat and for those who will simply be cheered up by a floral gift. If you don't have a garden, perhaps you could ask a neighbor, friend, or family member. We also ask that you bring vases or jars of varying sizes to use as well. Live flowers arranged with love and care can bring a special beauty and joy to those who receive them. The flowers do not need to be perfect. Their perfection will come from being placed together in a vase or jar.

The Great Southeastern Pollinator Census for 2025 will take place on August 22-23.

<https://gsepc.org/>.

Instructions and recording sheets can be found on the website. The weather is hot, so perhaps you might find a window overlooking a section of your garden that gives you an opportunity to participate without even leaving your house. Pick your favorite plant and begin counting. On August 22 and 23, you are asked to count pollinators visiting plants for 15 minutes daily. Go to the website to enter your data each day. The objective is to provide data about the number of essential pollinators that are vital to the success of our food supply.



Health and Wellness

The GFWC Health and Wellness Community Service program encourages members to explore the various opportunities in their clubs and communities for awareness and advancement of nutrition, disease prevention, and physical and emotional care.

August is National Wellness Month

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All during August, National Wellness Month focuses on self-care, managing stress and promoting healthy routines. Create wholesome habits in your lifestyle all month long and see how much better you feel!

Research has shown self-care helps manage stress and promotes happiness. Whether you challenge yourself to a new yoga pose or try a different spa treatment, make a small change and impact your health in positive ways.

There are numerous ways to make those small changes, too.

- Increase your water intake.
- Add more fruits and veggies to your meals.
- Monitor your sleep and make adjustments for better sleep habits.
 - Join a yoga, walking, or aerobics class.
 - Learn to meditate.

These small steps can lead to many more healthy habits in your lifestyle.

Make plans now to attend the Pink Posse Event. This event is the biggest fundraiser of the year for the nonprofit. The Pink Posse provides financial help specifically for utility bills, such as electric service, assisting families impacted by cancer for up to three months.



Pink Posse Event
Sept 20, 2025
830- 1030
Brooks -Georgia
Celebrating 20 years!

www.mcwcga.org

<https://www.facebook.com/PinkPosse>

We will collect can pop tops at each meeting.



Special Project: Women's History Resource Center (WHRC)

Did you know that GFWC Facebook has “WHRC Wednesdays” on the GFWC FB page? Every Wednesday, there is something new to learn. Interesting, right? Recently on July 2, the post looked back at GFWC’s relationship with Vogue Patterns during 1958-1962. They offered a national “Fashion-Sewing Contest” in which GFWC asked members to create “the Ideal Costume for the Clubwoman’s Wardrobe.” Here’s a page from the Morrow Junior Woman’s Club 1962 scrapbook showing their contestants and judges in that year’s Vogue Sewing Contest. This scrapbook page was shared with Joanna Church, the WHRC Librarian at GFWC Headquarters in DC.

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Are you ready to celebrate the 50th Anniversary of the Morrow Library? A LOT is happening!

- AUGUST 5: MCWC will be recognized by Proclamation for our role in establishing the Morrow Library on Tuesday, August 5, at 6 pm at the Clayton County Board of Commissioners' Meeting. Wear your nametag and arrive at 5:45 pm (if possible) so we can sit together. We'll sit on the side or in the back. Location is the Commissioners' Board Room, 112 Smith Street, Jonesboro.
- AUGUST 6: The exact date that the Morrow Library Branch opened was August 6, 1975.
- AUGUST 28: The 50th Anniversary Celebration of the Morrow Library will begin at 5 pm. At this time, we know that four members of the Morrow Junior Woman's Club from 1973-1975 will join us! They will be recognized with a special WHRC heritage pin and a letter from GFWC headquarters. An archival installation designed by Feechi Hall and the Clayton State University Archives assisted by Lois Wolfe and Mary Harmon will depict the library effort. The event will open with a ribbon cutting ceremony and revealing of

the Morrow Library plaque noting the Morrow Junior Woman's Club involvement. Let's arrive anytime between 4:30 – 4:45 pm wearing our nametag. Invitations have been sent, but it would be great if club members personally reached out to remind former club members that we are looking forward to seeing them. It's going to be a GRAND event!



DOMESTIC VIOLENCE



**INTERNATIONAL
DAY OF SERVICE**
END DOMESTIC & SEXUAL VIOLENCE

For the third consecutive year, the 2025 GFWC International Day of Service (GFWC IDS), formerly the GFWC National Day of Service, is scheduled on Saturday, September 27, to increase public awareness about domestic and sexual violence across the United States and internationally. This event encourages us as a club to research our community's needs and focus on any of the subcategories of domestic and sexual violence such as sexual assault, child abuse, elder abuse, human trafficking, intimate partner violence, military sexual assault, teen dating violence, and violence against Native American women.

MCWC is registered to participate in this year's GFWC IDS. After researching local needs, we determined that our focus will be Teen Dating Violence Awareness and Prevention (TDVAP). Lynne Green, Promise Place Crisis Counselor, will speak to our group on September 4. Here is a summary of their TDVAP program:

Promise Place provides education to youth through our Teen Dating Violence Prevention Program. In partnership with the Board of Education, this program is presented to primarily high school and middle school students within the Griffin Judicial Circuit (Fayette, Spalding, Pike and Upson counties). It serves to educate and provide resources that students need to both prevent and end teen dating violence. Promise Place recognizes that in our efforts to stop the cycle of violence we must include the youth so that they can be educated before becoming victims themselves.

This program utilizes local resources and enlists the assistance of local volunteers to help make this program successful. By engaging the community, Promise Place is adding to the many voices that are speaking out against the crime of domestic violence. Promise Place provides this educational program to over 5,600 students every year.

During our September meeting, we will learn how MCWC can support the TDVAP program. We will also assemble purple pinwheels that will be used in two outdoor installations for October's Domestic Violence Awareness Month, which will be set up on September 28.

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Legislation and Public Policy

Congratulations, GFWC Morrow Civic Woman's Club! You successfully demonstrated your Legislative advocacy. During the 2025 GFWC Convention in Atlanta, our club was one of 17 clubs from across the country that was recognized by the GFWC Legislation/Public Policy Team! Take a moment and read the July 2025 GFWC Legislation Newsletter.



GFWC
est. 1890
**GENERAL FEDERATION
OF WOMEN'S CLUBS**



LEGISLATION/PUBLIC POLICY
NEWSLETTER
RAISE OUR UNITED VOICES

July 2025

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Tracking Club Members' Advocacy Using the Legislative Ladder
Val Redington, GFWC South Central Region Representative

"Our lives begin to end the day we become silent about things that matter."
Martin Luther King

The dictionary defines advocacy as "the act or process of supporting a cause or proposal." Advocacy is developed through "the act of standing up for someone who could not stand up for or protect themselves."

"It is about speaking for someone whose voice is being ignored or not heard."
Cara Morgan (The Borgen Project)

Why Does Advocacy Matter? Just as it is our civic duty to vote, it is our civic responsibility to inform our elected officials what issues affect our communities and each of us. If elected officials do not hear from us, they cannot know what policies and programs are important to their constituents.

GFWC Resolutions clearly outline our organization's priorities. Legislators do want to hear what is important to us as members of a grassroots organization! When members are actively engaged with the **GFWC Legislative Action Center**, they receive timely alerts for pending bipartisan legislation, enabling them to "speak" directly to their individual Representatives and Senators in Washington, DC. Our united voices are powerful!

During the second year of this administration, all clubs will continue to be challenged to "step up" to **EDUCATE, ENGAGE, EMPOWER** through the steps of the Legislative Ladder. Consider taking on the challenge of the Legislative Ladder this year beginning with the first step by signing up more members on the LAC (steps need not be taken sequentially). The Ladder may be found in the Club Manual after page 171 or on the GFWC member portal library home page.

The GFWC Legislation/Public Policy Team completed their vision for the first year of this Administration through the Legislative Ladder with recognition of those Clubs that successfully demonstrated their members' Legislative Advocacy. As a reminder,

**Legislation Action Center (LAC)
registration site**



Here is the list of clubs who earned 35+ points on the GFWC Legislative Ladder:

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Clubs were awarded points for achieving steps of the Legislative Ladder. A Club could earn 25 points simply by increasing enrollment in the Legislative Action Center by 10% over this past year and/or some of the seven additional steps to reach the recognition minimum threshold of 35 points. Congratulations to the following clubs:

CLUB
• Junior Cyberlinks Club, GFWC OH
• Muskego Woman's Club, GFWC WI
• Woman's Club of Baden, GFWC PA
• GFWC Yankton Women's Club, GFWC SD
• GFWC Progress Club of Las Cruces, GFWC NM
• Woman's Club of Charleston, GFWC WV
• GFWC of Holden Beach, GFWC NC
• Stone Mountain Women's Club, GFWC GA
• GFWC Morrow Civic Woman's Club, GFWC GA
• Sylvester Woman's Club, GFWC GA
• GFWC Leading Ladies, GFWC WY
• GFWC Laramie Woman's Club, GFWC WY
• GFWC Meadowlarks, GFWC WY
• GFWC Women's Civic League of Cheyenne, GFWC WY
• Women's Club of Sweetwater County, GFWC WY
• GFWC X-JWC, GFWC WY
• Laguna Niguel Woman's Club, GFWC CA

COMMITTEES



Budget and Finance

. Thanks to everyone who participated on our Bunco fundraiser. It was a big success. We had 41 people in attendance of which 11 were club members. We raised \$1,474.00.

Our next fundraiser will be the pecan sales. Details will follow.

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Scholarship Committee

Congratulations to Leslie Brooks on her selection as this year's Andrea Lane Memorial Scholarship recipient! Leslie will join club members at our August meeting.



Tallulah Falls School

Did you know you can visit Tallulah Falls School on your laptop or phone just go to the following link

https://tallulahfalls.highschool-tour.com/?pk_campaign=TFS-Website-DropDown

If you go there you can learn all about the school called "The Light in the Mountains"

Founded in 1909, Tallulah Falls School is an independent, co-educational international boarding and day school serving more than 500 students in grades 4-12. Academics are the primary mission at Tallulah Falls School. The quality of the academic program and the academic success of students are priorities that form the foundation of the school. A dedicated and highly qualified faculty, outstanding facilities, a broad and challenging curriculum, small classes, and eager, motivated students all contribute to the accomplishment of academic goals.

The mission of Tallulah Falls School is to prepare each student to thrive in life by elevating character and intellect in a challenging and diverse college preparatory environment.

The school's mission is woven into every area – from academics to athletics to fine arts to clubs to social events.



Scrapbook and Website

As we engage in our work, remember to take pictures, and email them to

Scrapbook and Facebook- Heloise Wilson wils4929@bellsouth.net

Website- Kristy Coughlin coughline@bellsouth.net

Special Occasions

www.mcwcga.org



Angelia Wright 07/05



Not this Month

Hostess(es) for Meeting

Coordinator	Hostess	Devotional
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Ernesteene Knowles	Linda Harrelson	Kristy Coughlin
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State website: gfwcgeorgia.org



National website: gfwc.org