



Georgia Federation of Women's Clubs  
**Morrow Civic  
Woman's Club**  
SERVING SOUTH METRO ATLANTA



September 2023

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# NEWSLETTER



## A Message from Our President

Dear Club Sisters,

I hope this letter will find you well and happy. I cannot believe it is September. We had a great meeting last time, and Bunco was successful and fun for all. Thank you to Renee, Cookie, and Joy, for all you did. Thank you to Lois, Mary, and Pam for inviting so many. Thank you all for working so hard, including past members who support us continually. We are fortunate in all the women and supporters we have gained along the way.

We are ready to start ending our year and ending this administration's term. In October, we will announce our nominating committee. They will select the next year's officers. There will be some who will be changing roles, and we will need to evaluate how we will look in the future. Joy and Cookie, who attended LEADS, are looking to help us move into easier ways to communicate, serve, and do our record keeping. I feel many of the clubs around the state are changing the way they look and serve. I know we will possibly tweak our club but continue to do things that are needed in our community.

Our club was able to help contribute in all ways at Institute. Our own State Vice President, Peggy Wilson, was back leading and sharing information for us all. Lois Wolfe and Mary Harmon were there representing their state appointed chairmanships. Cookie Keene gathered many requested items and delivered them for Domestic Violence and other areas. We shared our ways of using our archived data and Women's History at club meetings,

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displays, and receptions. Best of all our own Peggy Wilson was selected as the Jennie Award Nominee for all of the state of Georgia. Her nomination will go on to the region and then hopefully to international. The Jenny Award is for an outstanding club woman who exemplifies her devotion to community, family, and club at all levels local, district and state. Many thanks to Angela, Lois, Peggy, Joy and many others, including the Mayor of Morrow, who worked to compile all the information.

The meeting for the Central West District will be held at Morrow First Baptist and we will be asked to participate in several ways. I will ask that a signup sheet be passed around so that you can participate in these causes. This meeting will be a great opportunity for you to meet Cathy Jones, the first Vice President/President Elect and Jennifer Staley, the First Vice President/Director Elect. Please sign up if you can help in any way.

At the end of the month on 9/30/2023 is the GFWC Day of Service and at this time we will be proposing we have a food drive for the community and City of Morrow. We will partner with the Boy Scouts on September 30 and collect and organize food for the Pantry. We plan to put this on Facebook on our pages and have the City of Morrow do the same. Of course, there will be a lot of pictures taken and we will put our faces out there with #GFWCDayofService.

As you can see, we are still needed and we want to do what we can. Continue to be strong because we can still make a difference.

Thank you for your commitment,  
Heloise

Remember it is in giving that we receive.

“Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; the one who teaches, in his teaching; the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness.” Romans 12:6-8 ESV

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# COMMUNITY SERVICE PROGRAMS

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## Arts and Culture

We have two activities planned for September and November. September 11- Making placemats for a nursing home (Please bring old Christmas cards to our next meeting) Time and place will follow. November 2, 30 minutes prior to meeting, there will be an opportunity for you to make a craft project.

Following is a list of September Art events: **Arts Clayton** –August 11-September 15 John Lewis Quit Exhibition ; **Women of Clayton County**- September 2-3 Jonesboro Arts Festival on Main St.; **Spivey Hall**- September 10 (4:00 PM) Atlanta Symphony Orchestra Talent Development Program Recital, September 17 (3:00PM) Georgia Musical Group, September 24 (3:00PM) Inon Barnatan, piano; **The Henry Players** September 8-18 (7:30 PM) Roald Dahl’s Matilda the Musical; **Southside Theater**- September 21-30 Swell Party (21,22,28,29,30 8:00PM. 23-24,2:30PM)



## Education and Libraries

September is Literacy Month. The Education CSP will host the program. The presenter will be Nicole McDowell, Coordinator of Adult Education for Clayton County Schools. A very special guest will be our 2023 CSU Scholarship recipient, Mei Ling Li.

As a club, we are committed to supporting education programs and resources at all levels: children through adults. Our collection for September will be your choice: books for readers of all ages or school supplies. To keep it simple, the school supplies will be paper and pencils or pens. Any kind of paper: spiral notebooks, lined notebook paper, copy paper, #2 pencils,

black or blue pens. These will be shared with McGarrah Elementary and the Adult Ed Program.



## Civic Engagement and Outreach

**The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.**

Civic Engagement and Outreach Community Service Program Collection and Participation months are: **November**.

Below is how you can help, however please continue to check the newsletter each month for any updates and new opportunities.

You will bring everything you wish to donate to our **November** meeting.

1. Collect non-perishable items such as canned peas, corn, veg-all, black beans, pinto beans or green beans, rice, dry beans, canned tuna, canned beef stew, canned pasta, store brand pasta sides (not mac-n-cheese) canned soups, canned fruit, instant potatoes, boxed stuffing, gravy mix, and canned sweet potatoes for the First Baptist Church of Morrow Food Pantry. Watch expiration dates! **NOTE:** Please feel free to bring on a monthly basis if you desire and keep track of your donations.
2. Collect toys and monetary donations to support Salvation Army Forgotten Angels project for Christmas.
3. Collect individualized snacks such as crackers, popcorn, chips, protein bars, dried fruit, trail mix, candy, nuts, and/or small bottles of water to assemble and deliver CARE baskets to Clayton County Water Authority, The First Bank (formerly Heritage Bank), and Clayton County 911. Please watch expiration dates



## Environment

Every September, environmental organizations around the nation come together to recognize Environmental Awareness month. The goal is to raise awareness about environmental issues that need to be addressed. As a club, we have hopefully raised awareness about reducing, reusing, and recycling waste and things in our home that are no longer of use to us. We should also properly dispose of articles or products in our homes that cannot be recycled.

<https://www.charities.org/news/environmental-awareness-month>

One way to help reduce clutter, recycle household items, and possibly provide things to people who have no access to them otherwise can be accomplished through the Got Sneakers? Initiative. You can get paid to clean out our closets.

Please visit the following website to find out more.

[https://gotsneakers.com/?gad=1&gclid=Cj0KCQjw0bunBhD9ARIsAAZI0E3yFNnKu463GrjVFMkm9W-H-9RvQGV216D\\_85f8gz24RiRkK7ozP0oaAsi\\_EALw\\_wcB](https://gotsneakers.com/?gad=1&gclid=Cj0KCQjw0bunBhD9ARIsAAZI0E3yFNnKu463GrjVFMkm9W-H-9RvQGV216D_85f8gz24RiRkK7ozP0oaAsi_EALw_wcB)

As the summer winds down and fall approaches, there are things we can do around our homes and offices to prepare for the changes in the weather that the winter brings.

Check out these Green Living Tips for Fall.

<https://earth911.com/living-well-being/green-living-tips-fall/>



## Health and Wellness

September is National Preparedness month. National Preparedness Month is an observance each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time.

**2023 Theme: Preparing for Older Adults**

[www.mcwcga.org](http://www.mcwcga.org)

Please take a look at this website concerning this years topic of concern. The Ready Campaign's 2023 National Preparedness Month theme is "**Take Control in 1, 2, 3**". The campaign will focus on preparing older adults for disasters, specifically older adults from communities that are disproportionately impacted by the all-hazard events, which continue to threaten the nation.

## **Emergency Preparedness: Take Control in 3 Steps**

By taking a few simple steps, you can become better prepared to face a range of emergencies that could occur anytime and anywhere.

- **Step 1: Make a Plan:** You may not be with your family when disaster strikes, so it is important to plan ahead for how to get to a safe place, contact loved ones and reunite once the emergency is over. Online planning tools for families, businesses and places of worship can be found at [ReadyNOVA](#).
- **Step 2: Build a Kit.** Being prepared means having your own food, water and other supplies to last for at least 72 hours. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency, such as water, non-perishable food, flashlights and batteries. If you have a pet, include items such as a selfie with your pet in case you get separated, medicine and grooming items as well as a collar and leash.
- **Step 3: Be Informed:** Know the types of [hazards](#) that may occur and how you will receive information before, during and after an emergency. Monitor local weather forecasts from the [National Weather Service](#).
- **Check out this website for further help with emergency preparedness.** <https://www.ready.gov/power-outages>

Emergency managers and all those who work with and support older adult communities to access the new webpage available in English and Spanish languages at [Ready.gov/older-adults](#) and [Ready.gov/es/adultos-mayores](#) for initial messaging, graphics and resources. For more information on preparing with disabilities visit [Ready.gov/disability](#) or [Ready.gov/es/discapacidad](#) in Spanish.

As we enter the hurricane season and have the threat of severe thunderstorms that can destroy property and cause injury, we should be aware that there will always be situations that will present greater danger and difficulties to older citizens. Let us pay attention and check in on our friends, family, and neighbors in need.



## Special Project: Women's History Resource Center

Four club members stepped up to continue the WHRC work at the Clayton State University (CSU) Archives. Currently, they are undergoing the Archives Volunteer Hiring Process. The university is covering the cost of background checks, which is estimated at \$200. Thank you, CSU!

On August 26 at the GFWC GA State Institute, MCWC received the GFWC certificate for the Club Creativity Award for WHRC. Previously, GFWC sent a \$50 monetary award for this recognition that may be added to our club's WHRC plan of work.



### DOMESTIC VIOLENCE

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

Thank you for all your donations last month!

- ✓ We presented Haven House and Promise Place each with a "First Night" Basket and a "Tea Party" Basket plus items to restock their pantry shelves.
- ✓ We presented GiGi House a HUGE Birthday box with enough items to celebrate 4 birthdays.





## Legislation and Public Policy

Juliet Casper, the GFWC Legislation/Public Policy Chair, presented “Easy as 1, 2, 3” during the recent GFWC GA State Institute. She stopped by our Legislative Action Center (LAC) table.

If you were unable to attend the meeting and have not yet registered for LAC, please visit <https://www.votervoice.net/GFWC/home>. Your voice matters! It’s not too late to sign up for notifications on issues such as Online Child Sexual Exploitation and the Backlog in Rape Kit Testing. Remember, *Together We Advocate for Those in Need*.



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## COMMITTEES

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### Club Relations

Continue to remember Catherine Douds in your prayers.

[www.mcwcga.org](http://www.mcwcga.org)



Mei Li Ling, this year's Andrea Lane Memorial Scholarship recipient, will attend our September meeting. Members look forward to meeting Mei and hearing about her Clayton State University studies.

In August, the Scholarship Committee held a matching gifts fundraiser. Collected donations totaled \$100, so with matching gifts, \$200 will be designated for the 2024 Scholarship Fund. Gratitude is extended to our club members and anonymous donor for your generosity!



## Scrapbook and Website

As we engage in our work, remember to take pictures, and email them to

Facebook- Heloise Wilson [wils4929@bellsouth.net](mailto:wils4929@bellsouth.net)

Website- Kristy Coughlin [coughline@bellsouth.net](mailto:coughline@bellsouth.net)

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## Special Occasions

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Pam Ashman

September 27



Ed and Kristy Coughlin September 28

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## Hostess(es) for Meeting

Coordinator	Devotional
Cookie Keene	TBD

Next Newsletter Deadline: September 26, 2023

 State website: [gfwcgeorgia.org](http://gfwcgeorgia.org)

 National website: [gfwc.org](http://gfwc.org)