



Georgia Federation of Women's Clubs  
**Morrow Civic  
Woman's Club**  
SERVING SOUTH METRO ATLANTA



June 2023

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# NEWSLETTER



A Message from Our President

Dear Ladies,

I love you all and appreciate how hard you are working in our CSP and Committee areas. Thank you, Arts and Culture for our impact at McGarrah and Arts Clayton's Senior Art Display. Thank you, Civic Engagement for the marvelous Canine Companion program last month and the support you organized within the community this month. Thank you, Conservation for your support of the Walking in Authority Teen Council and their "Cleaning Clayton's 7 Cities" project. Thank you, to everyone who supported the History Projects and installation of "Scholarships Empowering Women" at Clayton State College that honored our first scholarship recipient, Carolyn Davenport. Thanks to those who attended the Clayton County Commissioner's Meeting. We also are showing that we can advocate for those who cannot do it for themselves. We continue to support those who seek to learn and grow through our Andrea Lane scholarship, she would be so proud. I am so excited to see who wins every year. We support the creative spirits of our youth and seniors so that they may know pride and self-respect. We encourage projects within the community as they come to our attention in our area. We have been noticed in the community and within the entire organization through Facebook and Instagram. Each post appears to be reaching over 100 people

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now. Comments are being made by the Morrow mayor, state, and international GFWC leaders in other clubs. Where there is one of us, we all send our best wishes and prayers for the impact it might have in our world. Thank you so much for working in the trenches. I enjoy supporting and spreading the news of your hard work.

What makes Morrow Civic Woman's Club great? For me, it provides me an opportunity to serve my God, community, and state while working and serving alongside a fellowship of ladies. It provides me a framework agreed on by my sisters that assists MCWC in making an impact that is beneficial to the community. We try things and we study others within our founding organization to make our impact the greatest and best it can be. The world around us is ever changing and becoming more challenging for our generation to navigate. I try to encourage the club to recognize our strengths and encourage positive changes in our framework that will encourage growth within our fellowship. My prayer is that we, the entire membership, and our supporting benefactors can make the most impact within our world. Let us realize that we report our data so that we can impact those around us and to encourage the next generation to serve others as well. What makes MCWC great to you? Is it the fellowship, thrill of the projects, or the competition we feel when trying to make our projects the best they can be? Let your leadership team know. We love constructive criticism that allows us to move on in an ever-changing world.

Why do I say this? We will need hard-working people in our leadership administration. Our bylaws need to be changed as our membership changes and becomes very spread out. We need everyone to look at their strengths and ability and see how they can support in leadership and with projects. We are MCWC. We can bend and not break, but we need your assistance and everyone's prayers. Before I leave office. We will need a Bylaws Committee of two or more to work on our framework. We will need a Nominating Committee that will determine who will lead us into the future. Please let me know how you will continue to serve and show love to our sisterhood.

Working together to be Shining Stars,  
Heloise

For lack of guidance a nation falls, but victory is won through many advisers.  
Proverbs 11:14

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# COMMUNITY SERVICE PROGRAMS

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## Arts and Culture

Thanks to all club members who made finger foods, attended, and served at the Arts Clayton 's reception on May 5<sup>th</sup> for the Clayton Seniors art exhibit. Your time was greatly appreciated.

On **June 15<sup>th</sup> - 25<sup>th</sup>**, Henry Players will be performing “Dreamgirls”. If interested in attending as a group, please let me know.

Everyone is invited to join us for lunch on June 22 at Gabino's, a Mexican restaurant in Locust Grove. The time is 11:30. There will be a sign-up sheet at our June meeting.

Following is a list of June Art events:

**Spivey Hall** – 5<sup>th</sup>-9<sup>th</sup> Summer Music Camp (9-3),

**Henry Players** –“Dreamgirls”, June 15<sup>th</sup>-25<sup>th</sup>, Thursday, Friday & Saturday shows (8:00), Sunday Matinees, (2:30),

**Arts Clayton** – June 5<sup>th</sup> -23 Summer Art Camp, “Summer of Mystical Creativity”, June 9<sup>th</sup>-Arts Clayton Artists Members Exhibition, June 26<sup>th</sup>, Teen Arts Intensive Program begins.



## Civic Engagement and Outreach

**The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service**

**Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.**

Civic Engagement and Outreach Community Service Program Collection and Participation months are: **November**.

**NOTE:** *On May 29<sup>th</sup>, Memorial Day, please stop wherever you are at 3:00 PM to pause for a duration of one minute to remember those who have died in military service to the United States.*

Below is how you can help, however please continue to check the newsletter each month for any updates and new opportunities.

You will bring everything you wish to donate to our **November** meeting.

1. Please sign up at our June meeting with Renee to volunteer at our “Day of Service” at the FBC of Morrow Food Pantry on Monday, June 5<sup>th</sup> at 1:30 PM!
2. Collecting non-perishable items such as canned peas, corn, veg-all, black beans, pinto beans or green beans, rice, dry beans, canned tuna, canned beef stew, canned pasta, store brand pasta sides (not mac-n-cheese) canned soups, canned fruit, Instant potatoes for the First Baptist Church of Morrow Food Pantry. Watch expiration dates! **NOTE:** Please feel free to bring on a monthly basis if you desire and keep track of your donations.
3. Collecting toys and/or monetary donations to support Salvation Army Forgotten Angels project for Christmas.
4. Collecting individualized snacks such as crackers, popcorn, chips, protein bars, dried fruit, trail mix, candy, nuts, and/or small bottles of water to assemble and deliver CARE baskets to Clayton County Water Authority, The First Bank (formerly Heritage Bank), and Clayton County 911. Please watch expiration dates!

A BIG THANK YOU to everyone for all your donations of non-perishable items, books, and snacks in May!



## Education and Libraries

The Education CSP will continue to collect new and gently used books for readers of all ages through August. Please continue to collect through the summer months and bring them to the September meeting.

Check your donations and mark out names, and remove papers, notes, etc that might be in between the pages.

Baby board books are welcome and will be donated to the local Pregnancy care center along with baby quilts made by members of the Tara Quilt Guild.

September will be the collection month for school supplies for McGarrah Elementary. An up to date list of needed supplies will be in the August newsletter.

Cookie Keene has been invited to be the graduation speaker for the Clayton County Schools GED Graduation program on June 1. Cookie served as CCPS Coordinator of Adult Education and ESOL Programs for 21 years.



## Environment

As summer approaches we should remember to support our local farmers markets and local farms. Not only are we supporting local farmers and gardeners, but we will be able to eat locally sourced healthy food. With the temperatures rising it is time to mulch around your flowers, shrubs, and trees. Mulch will retain soil moisture and control weeds. Remember to plant native and/or drought-tolerant plants. Group plants together based on similar water needs. There are also many plants that can be used to help discourage insects and pests that can play havoc in our gardens.

<https://www.masterclass.com/articles/garden-plants-that-repel-pests-naturally>

Now is the time to check all hoses, connectors, and spigots. Replace or add washers if you find leaks. Water lawns during early morning hours to reduce

losses from evaporation. <https://www.familyhandyman.com/article/summer-gardening-tips-from-the-pros/>

Be mindful of local watering restrictions in your area and pay close attention to burning restrictions in your area.

Please record the time you spend on reading about or researching environmental issues, planning, or working in your garden or yard, and picking up litter while you walk. All of your recorded time counts toward the end-of-year Environment Report for our club.

Have fun in the sun, but don't forget to care for your garden and yourself. Plenty of water and time in the shade.



## Health and Wellness

As hot weather approaches there are many things to remember as we venture out for our summer activities. In extreme heat, we should all be very careful to avoid heat stroke or exhaustion. Wearing sunscreen and sunglasses, applying insect repellent, and staying hydrated, cool, and informed is critical in HOT weather. The CDC offers a great website to help us stay healthy.

<https://www.cdc.gov/chronicdisease/resources/infographic/healthy-summer.htm><https://www.cdc.gov/chronicdisease/resources/infographic/healthy-summer.htm>

There are some things we can do that may not immediately occur to us, but can certainly help us stay motivated, aware, and healthy.

<https://fourwellness.co/blog/10-summer-wellness-tips-for-healthy-living>

Many health issues are highlighted in June, and you can learn more about them at the sites listed below. <https://www.whathealth.com/awareness/june.html>

- Thyroid Awareness Month.
- National Glaucoma Awareness Month.
- National Birth Defects Prevention Month.
- Cervical Health Awareness Month.

- Stalking Awareness Month.
- Radon Awareness Month.
- National Blood Donor Month.

Keep in touch with your friends and family during the hot summer months, especially those who might be dealing with physical issues or might live alone.

*“The way you help heal the world is you start with your own family.”* Mother Teresa.



## Special Project: Women's History Resource Center

Accessing our club's history through documents held at Clayton State University's Archives is invaluable. Just look at how our records were used during the past few weeks in preparing for June 1<sup>st</sup>.

- 1) Decorations of framed photographs depicting every decade of our organization since the 1960s were chosen to be placed on tables for the purpose of highlighting the club's service and outreach for guests to see and for members to be reminded of MCWC's impact.
- 2) Questions and facts for the meeting's trivia game were determined from perusing scrapbook files.
- 3) Photographs and news articles featuring one of our members were selected in support of her GFWC Jennie Award nomination packet.



### DOMESTIC VIOLENCE

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

Domestic Violence Signature Project Collection and/or Participation month is: **August**

Below is how you can help, however continue to check the newsletter for any updates and new opportunities. You will bring everything you wish to donate to our **August** meeting.

- 1.) Collect items for “First Night” kits such as regular sized toiletry items (shampoo, conditioner, body lotion, bar soap, toothbrush, toothpaste, mouthwash, dental floss, deodorant, brushes & combs, shower cap, hand towels with washcloths, and non-skid slipper socks.
- 2.) Collect items for “Birthday” boxes such as birthday candles, birthday cards, color-coordinated table decorations including plates, cups, napkins, & utensils, birthday crowns, and party hats.
- 3.) Collect items for “Tea Party” baskets such as various kinds of teas (not loose tea, bags only), sugar & Splenda packets, small jars of honey, individual pre-package Lorna Doone Shortbread or Lotus Bischoff cookies.
- 4.) Collect items to restock pantry shelves at Promise Place and/or Haven House: canned goods (tuna, chicken, pasta sauce & soup), peanut butter & jelly, cereal, and adult & kid individual pre-packaged snacks.



## Legislation and Public Policy

Visit the Legislative Action Center at <https://www.votervoicenet/GFWC/home> to act on critically important issues including funding for global vaccinations, domestic violence shelters, rape crisis centers, and programs supporting prevention and services for survivors. Your voice matters! Haven't yet joined the GFWC Legislative Action Center – it's not too late! *Together We Advocate for Those in Need.*

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## COMMITTEES

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### Club Relations

Food Groups 2 & 3 sent Edible Arrangements to Catherine Douds and Linda Harrelson. I still have three ladies who haven't given me your \$10. Please pay me at the June meeting.



## Membership

We are looking forward to celebrating our 60<sup>th</sup> anniversary on June 1<sup>st</sup>. Please bring a friend or a former member and come join the celebration.

As we begin to look forward to another year, we want to re-evaluate our “CSP pilot program” and see how we need to tweak it or if we need to go back to the way it was. We also want to be thinking about future and any changes we would like to see. How we can increase membership? Our communities have changed, we have many more internationals and minorities in our communities. What can we do to attract more people from the community? How can we be more involved in our community? I hope at some point we will be able to get together for a brainstorming type of meeting to discuss what the club needs to do to continue to be an important contributing member of our communities.

## Scholarship Committee

The MCWC Scholarship Committee has been busy reviewing submissions since the May 1<sup>st</sup> deadline to submit Andrea Lane Memorial Scholarship applications. On June 1<sup>st</sup>, the committee will present to membership the applicant selected as this year’s recipient of the \$1,000 financial award.



## Scrapbook and Website

As we engage in our work, remember to take pictures, and email them to

Facebook- Heloise Wilson [wils4929@bellsouth.net](mailto:wils4929@bellsouth.net)

Website- Kristy Coughlin [coughline@bellsouth.net](mailto:coughline@bellsouth.net)



## Tallulah Falls School

Tallulah Falls will be highlighted at our meeting June 1<sup>st</sup>. Thank you to Joy for riding to TFS with me and letting me remember everything it meant to me and my classmates. Mrs Harris, my Algebra II teacher, said she could remember our class well because we were her first class. Joy and I made pictures and saw most of everything we needed to prepare our club for a next visit which will be on Wednesday, September 6<sup>th</sup> at 11:00. We are on their schedule for an official visit and tea at the Presidents house. We hope you will love seeing the beauty and the amazing facilities.

You will see Mrs. Harris and all TFS has to offer at our next meeting. We will raise money with a 50/50. So, start planning to buy some tickets. Let's plan to raise money to give Gertrude a Face Lift and support Gail Cantrell's Scholarship fund.

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## Special Occasions

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Betty Bush June 05

Vickie Jennings June 17

Linda Harrelson June 23

Angelia Wright July 5



Bill and Joy Lanier June 10

David and Ernesteene Knowles June 26

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## Hostess(es) for Meeting

| Coordinator                  | Devotional     | Greeters/Helpers |
|------------------------------|----------------|------------------|
| Renee Goolsbee<br>Joy Lanier | Heloise Wilson | Cookie Keene     |

Next Newsletter Deadline: July 25, 2023  
There is not a newsletter delivered in July.



State website: [gfwcgeorgia.org](http://gfwcgeorgia.org)



National website: [gfwc.org](http://gfwc.org)