



Newsletter

September 2022



Georgia Federation of Women's Clubs
**Morrow Civic
Woman's Club**
SERVING SOUTH METRO ATLANTA

www.mcwcga.org



A Message from Our President

Dear Club Sisters,

We have had an emotional rollercoaster of a month as several of our ladies struggle with difficult health issues. Keep up the faith and continue prayers for all our Members. Peggy has been fighting her discomfort for quite some time and hopefully the doctors will have the final answers soon. There has been a slight improvement as I write this. We are praying.

At this point I am trying to assemble a board for Institute that represents our Little Dresses for Africa project. It is a project that involved many of you and partners from Fayette Friendship Community Church. It will be ready by Thursday as I summon my creative juices. If they do this again, I think we should do a Bunco fundraiser board for our CSU Scholarship because we could really make that happen. The Women's History Project or Scholarship would make a great Hall of Fame Submission. Now I think of it!

I would like to thank Joy and Vickie for agreeing to go to institute. We want to continue to learn as much about leadership as we can. My prayers often are that you can feel me trying to lead from my foothill community in North Georgia. I know I have a tremendous group of women behind me helping me. Thanks Joy, Pam, Karen, Angela and Dixie for your help this week with everything.

As we load up for Institute I am planning to look at all plans of work and send information to District CSP/Committee Chairman. I will gladly welcome any input from

our CSP, Special Projects and Committee Chairman to recap the projects done since March. You can call me at 404-403-5755. I have to send two sentences on each area to District for the meeting on September 10th. I want to make sure I report the projects that impact the most. I need especially things like the Little Dresses for Africa as that is considered a project for Children's Advocacy as it impacts self-esteem of these children. Many of the little projects we take to institute impact the victims of Human Trafficking and aids Wellspring. I will gather info for these reports and send them to many different ladies at district.

We do tremendous work with just a few people carrying heavy loads. I appreciate your work and the things you do for the community and others around the world.

Thanks and Continue with Love,
Heloise

And now these three remain: faith, hope and love. But the greatest of these is love.
2 Corinthians 13:13

COMMUNITY SERVICE PROGRAMS



Arts and Culture Community Service Program

The GFWC Arts and Culture Community Service Program encourages members to promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food, music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire clubwomen and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place. During 2022, Arts and Culture is committed to sharing our funds with M.E. Stillwell School of the Performing Arts, Nursing Home Gifts and decorating. We will also be donating to Art Projects for local schools.

Thank you to everyone that brought school supplies for McGarrah Elementary. On Friday August 12th, Karen, Cathy and Cookie met with the principal Dr. Hopkins and delivered a carload of supplies. She was so thankful to all of our members.

We are re-scheduling the mesh wreath class until Tuesday September 20th at Morrow First Baptist Church from 10:00am until 2pm. Bring a sack lunch and we will provide drinks and desserts. Come out and enjoy the fun.

The following are the items you will need to bring:

1 -14" Wire Wreath form (I could only find a 16")

3 -10" rolls of mesh in colors you choose

2 Large Clips

1 package of pipe cleaner to match your mesh

3 rolls of coordinating wire edged ribbon you choose to go with your mesh colors

A sharp pair of scissors

If you have some smaller mesh (5-1/2") for a smaller wreath Karen will teach you how to do a wreath.

If you have friends that would like to join us, please bring them.

Upcoming Events

In October we will be making Christmas placemats for a Nursing Home. We will have further information coming out for this event but mark your calendars. Please don't stop bringing your old Christmas cards.

In November/December we will be making Christmas ornaments and decorating a tree for a Nursing Home.



Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of

community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

Civic Engagement and Outreach CSP Shout Outs:

August Project Outcomes	Volunteer hours.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
First Baptist Church of Morrow Food Pantry	17 hrs.	66	\$94.00	
Bloom (Non-profit that helps GA Foster Kids)	10 hrs.	72	\$160.00	

*Thank you for supporting our Civic Engagement and Outreach projects in August!!

Listed below our CSP project needs:

1. **Bring** your Little Dresses for Africa to the September Meeting. Thank you to all the club sisters and two ladies from Fayette Friendship Community Church who measured, cut, ironed, and sewed little dresses. We will be boxing them up to ship to the Little Dresses for Africa USA warehouse in late September.
2. **Restocking** the First Baptist Church of Morrow's Food Pantry with the following items for September: Canned Soup, Dried Beans, & Canned Peas.
3. **Sign Up** to volunteer at the Mid-West Food Bank on September 14th from 2-4 PM. The food bank is located at 220 Parkade Ct., Peachtree City. We need 6 volunteers!

LOOKING AHEAD:

- Serving at Calvary Refuge Center on Oct. 13 at 6 PM
- Collecting wish list items for Rainbow House, Inc. (October)
- Operation Christmas Child Shoeboxes (November)
- Salvation Army Forgotten Angels Project (December)



Education and Libraries Community Service Program

Many thanks for the donations of school supplies for McGarrah Elementary. The staff at the school appreciated the generosity of MCWC.

Book collections will continue to be the main focus for Education and Libraries through the months of September, October and November. There is a wide variety of need and types of books that can be donated:

Board books and books suitable for babies for the Pregnancy Care Center; new is preferred

Large print books for the lending library at The Palms; gently used

Children's books for Little Lending Libraries; gently used

Novels and paperbacks for adult readers for Friends of the Library in Fayette County.

When donating previously used books, please mark out names that might be written in the cover, remove any notes or papers that might be in between the pages. It would be a good idea to flip through and be sure there is no writing or ragged pages.



Environmental Community Service Program

The GFWC Environment Community Service Program encourages us to become stewards of the earth by working to preserve the world's resources, protect wildlife and domesticated animals, live sustainably, and beautify our communities and enjoy nature. Environmental degradation is cumulative, and many scientists warn that we are at a tipping point. There is no time like the present to act.

To say it was a beautiful day would not begin to explain it. It was that day when the end of summer intersects perfectly with the start of fall. – Ann Patchett

IN GEORGIA...

Have you ever wondered if bees are protected in Georgia? While the honeybee is our state's "official" insect, the designation does not offer any legal or regulatory

protection. So, what can we do? Visit Environment Georgia and the “Save the Bees” webpages.

<https://environmentamerica.org/georgia/topics/save-the-bees/#:~:text=While%20we're%20working%20to,sustainable%2C%20less%20pesticide%2Dreliant%20agricultural>

Scroll down to the What You Can Do sections and Take Action/Sign the Petitions. Be sure to record your time and action on the Environment Log sheet.

OUTSIDE YOUR HOME...

Do you have areas that have mold, mildew, and moss? They can be damaging to property and, more importantly, they can be unsafe. All three thrive in damp, shady areas. Now is a good time to prune trees to permit more direct sunlight. Also adjust sprinklers so hardscaping isn't sprayed. If you have slippery areas outside on cement or hardwood now is the time to have them pressure washed as an alternative to spraying with chemicals. Prevent the risk of falling and safely enjoy your outdoor space!

Are mulches made from ground-up tires safe to put on my garden beds? Companies assert that the shredded tire material is an environmentally friendly solution to a major waste-disposal problem. But scientific literature makes abundantly clear that rubber should not be used as a landscape amendment or mulch. Toxic substances leach from rubber as it degrades, contaminating soil, plants, and waterways.

If you have plantings in outdoor clay pots remember they dry out quickly. Poke holes in the soil with a pencil so water can saturate all the soil!

INSIDE YOUR HOME...

How “recycle smart” are you? During our September meeting, the Environment CSP will present the meeting program, “Let's Sort This Out.” If you want to be quiz ready, visit <https://www.georgiarecycles.org/>

REMINDERS...

While you are saving the planet remember to keep a record of your time and money spent:

- Recycling
- Picking up litter while you walk
- Reading or researching environmental issues
- Planning or working in your garden or yard



Health and Wellness Community Service Program

September is **National Emergency Preparedness** month. It's time to take stock of what you need to have available in the case of an emergency. Use what you have on hand design kits for at least three days or maybe longer. According to the Centers for Disease Control and Prevents, "If you are an older adult living alone, you may face some challenges during an emergency". Make a plan, review and practice it regularly, share with a neighbor or close friend, and keep an inside your emergency kit. It is also suggested, "Caregivers, should include additional supplies for people with disabilities and special needs. Do not wait until disasters strikes, call a family meeting, create a plan for what best fits your family in an emergency. Check your fire extinguishers and all your alarms (smoke & carbon monoxide) and make sure they are all working. You should include flashlights, first aid kits, a portable radio, batteries for all the electronics, duct tape, a wrench & a hammer, and a pair of shoes & socks. **Get Ready Now.** For more information to include in a **Basic Emergency kit, Georgia Advance Directive (Living Will)** <https://aging.georgia.gov> and **service plan for your animals and pets** visit [ready.gov](https://www.ready.gov) <https://www.ready.gov/kit> or call 1-800-BE-READY.

The world is changing more than ever, in preparation for emergencies, consider supporting **AMERICAN RED CROSS'** urgent need for Blood Donors. Schedule your appointment today at [RedCrossBlood.org](https://www.redcrossblood.org) or call **1-800-RED CROSS** (1-800-733-2767). Give blood today, help save lives!

Upcoming opportunities to give blood near you:

[Jonesboro High School](#)

[7728 Mt. Zion Blvd., Jonesboro, GA](#)

[Wednesday, September 7, 2022](#)

[9:00 AM to 2:00 PM](#)

Sponsor Code: [joneshs](#)

[Elite](#)

[1000 Tradeport Blvd, suite 1004, Atlanta, GA](#)

[Friday, September 9, 2022](#)

[9:00 AM to 2:00 PM](#)

Sponsor Code: [elite](#)

[Piedmont Henry](#)

[1133 Eagles Landing Parkway, Stockbridge, GA](#)

[Various days and times available.](#)

Sponsor Code: [piedhenry](#)

Giving older adults the care they deserve. Two new local Health Care agencies, (for Medicare members only); Oak St Health, Riverdale, Ga

844.808.8263, <https://www.oakstreethealth.com/>

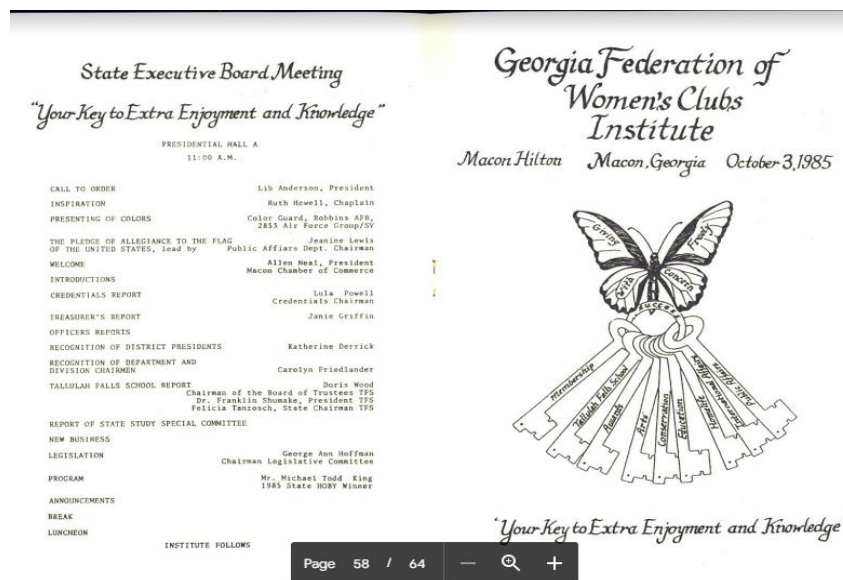
CenterWell Senior Primary Care, Morrow, Ga at

866.920.6397, <https://www.centerwellprimarycare.com>

We hope you will continue supporting our efforts with on-going collections; Soda can pop tops, calendars, and stuffed animals. Upcoming project: Collect healthy non-perishable food items for Clayton State food pantry: small, canned soups, crackers, nutritious snacks, and 8 fl oz bottled water. Bring to October club meeting.



Special Project: Women's History Resource Center



The 2022 GFWC GA Institute is being held in Athens on August 26-27. Ever wonder about Institutes in the past and what MCWC members learned while attending? The 1985 Institute's theme was "Your Key to Extra Enjoyment and Knowledge." This year, state members are called to "Begin the Search... and Find Your Passion."

How can past club, district, and state programs, events, and actions be accessed? Simply go to <https://mcwcga.org/> Club sisters, when was the last time you visited our website? If you answered this past month, yay! If not, stop what you are doing and go to the site

now. There is a plethora of information to be found including past club scrapbooks that are in the Women's History Resource Center under the Our Programs tab. You will LOVE seeing our sisters at work!

Domestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

LOOKING AHEAD:

- Making a monetary donation to all three organizations before the end of the year.

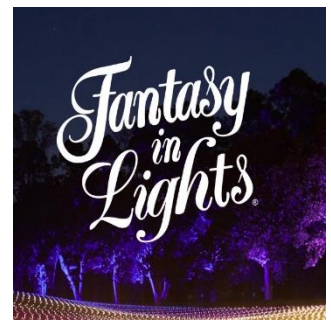
COMMITTEES



Budget and Finance

Tickets to Callaway Gardens Fantasy in Lights

Please bring all ticket money that you have to the September meeting. We need to be ready to draw the winning ticket at the October meeting. Please, please get out and sell those tickets!



Club Relations

Please continue to pray for our club sisters, Catherine and Peggy, who are currently experiencing some grave health issues. We serve a mighty God who hears and answers our prayers. Sending cards is a great way to show your concern and offer words of encouragement. Also, please remember Linda as she continues to recover from her health issues.

Membership

Thank you to all who helped with the salad supper last month. We enjoyed a delicious supper, amazing ice cream and great fellowship! I think our guests were impressed by our gathering and the commitment of our club to our community.

We have several members who have or have had severe health issues this month. We want to keep them in our prayers and be ready to help with meals, errands, etc. as needed. I expect that all of our hospitality teams will be called on in the near future as we figure out how best we can show love to our club sisters. Please check in on all your club sisters, we definitely want to be taking care of each other.

I have to admit that the suddenness of some of the health issues served as a wake up call to me in regard to getting a living will done for me and my husband. Please make sure you have one and that your loved ones know your wishes.

We are looking forward to Institute and hope to have information to share about it at our next meeting.

Don't forget to invite a friend to the September meeting.

Clayton State University Scholarship Committee



Chisom Orizu, the 2022 Andrea Lane Memorial Scholarship recipient, joined club members during the August meeting. She shared her background and educational goals. Ms. Orizu thanked MCWC GA for the financial support and commended the work done by our organization.



Scrapbook and Website

As we engage in our work, remember to take pictures and email them to

Scrapbook -Karen Garcia garcia10218@bellsouth.net

Facebook- Dixie Hulse dixieleehulse@bellsouth.net

Website- Kristy Coughlin coughline@bellsouth.net



Tallulah Falls School

All things academic and athletics are going great at TFS. I would ask you to visit tallulahfalls.org and take the virtual tour online and learn about the many things this school has to offer. My sister now has a niece by marriage teaching at the middle school.

Thank you again for supporting TFS last month with a great donation for the ice cream. I hope you were able to enjoy the treats. We will make our usual donation to the President's project thanks to your generosity.

Special Occasions

 Birthdays	 Anniversaries
09/18 Denise Martin 09/27 Pam Ashman	There are no anniversaries in September.

Hostess(es) for September Meeting

Coordinator	Devotional	
Cookie Keene	Mary Harmon	

Next Newsletter Deadline: September 27, 2022



State website: gfwcgeorgia.org



National website: gfwc.org