



Newsletter October 2022



Georgia Federation of Women's Clubs
**Morrow Civic
Woman's Club**
SERVING SOUTH METRO ATLANTA

www.mcwcga.org



A Message from Our President

Dear Club Sisters,

I hope this letter finds you enjoying cooler weather. We are coming to the busy time of year. We will have the holidays before you realize, and we will be writing our reports that prove what we have done this year. Many things have changed, and we are working with fewer club members, and many of us feel stretched because of loss or illness or recent or upcoming moves. We want to encourage and support our members while still keeping our focus on helping others by completing our Plans of Work.

We currently have two fundraisers ongoing. The Calloway Gardens fundraiser will culminate with the drawing of the winner on October 6th. The pecan fundraiser continues through the last week in October. I am providing you with letters detailing our accomplishments to assist you in fundraising and publicizing the many ways MCWC impacts our community. As we are all acutely aware, MCWC's impact on our community can certainly increase if we have successful fundraisers. We can give gifts of RADA and SERV this holiday season. We have several ways left to support our budget.

We have been trying to engage more people in our community and that may mean we may need to simply become more visible to others. We do need to find ways to boost our footprint in the community. I have moved to a community where every club

activity is online on Facebook or the local newspaper. At this time, I want to thank Dixie for her diligence in posting everything on Facebook. Lois and the Scholarship committee have done a great job bringing in the community from Clayton State College. We have members who work regularly at the Good Shepherd Clinic. Let us not forget the many ways Morrow Civic Woman's Club can make an impact.

Another thing we need to do is just take time to shine that positive light on our club sisters. Thank you all for the cards that are sent to present and past club members to keep them going. The calls and food are also uplifting as well. Keep up the great work and do all you can with our fund-raising effort. Do not forget we are stars and can shine our light in many ways.

"But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." [Isaiah 40:31](#)

Heloise

COMMUNITY SERVICE PROGRAMS



Arts and Culture Community Service Program

The Arts and Culture committee would like to apologize to everyone that bought items to make wreaths. We just couldn't seem to coordinate on the dates.

October

On October 28th we will be making the Christmas Card placemats from the cards that everyone has been bringing and taking them to a local Nursing Home. We will meet at the Church from 10am-2pm. Bring a sack lunch, we will be serving drinks and desserts. Come join us for fun and fellowship.

November

We will have a display honoring Naive American Heritage Month. Our committee will be planning a day where we can get together and make Christmas Ornaments for Decorating a Tree at a Nursing Home

November/December

Decorating a Christmas Tree at a local Nursing Home



Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

Civic Engagement and Outreach CSP Shout Outs:

September Project Outcomes	Volunteer hours.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
First Baptist Church of Morrow Food Pantry	1 hr.	7	\$10.00	
Little Dresses for Africa (Dress Makers)	48 hrs.	28 dresses made	\$300.00	
Midwest Food Bank (packing baby food)	4	0	0	0

***Thank you for supporting our Civic Engagement and Outreach projects in September!!**

Listed below our CSP project needs:

1. **Restocking** the First Baptist Church of Morrow's Food Pantry with the following items for October: Canned Fruit, Canned Veg-All, Canned turnip greens, Canned Yams, Black Beans, and Pinto Beans.

2. **Serving** at Calvary Refuge Center on Thursday, Oct. 13th at 6 PM. Please sign up to volunteer or contact Renee Goolsbee!
3. **Collecting** “wish list” items for Rainbow House, Inc. They provide services to shelter, champion, and heal abused, neglected, exploited, and abandoned children. The wish list items are:
 - Boys and Girls Socks (all sizes)
 - Flip Flops
 - Deodorant
 - Hairbrushes
 - Bath Towels & Wash Clothes
 - Paper Towels
 - Toilet Tissue
 - Kleenex Tissue
 - Hand Sanitizer (all sizes, especially travel)
 - Antibacterial liquid hand soap
4. **Begin** purchasing your items for your Operation Christmas Child Shoeboxes. You will need to buy your plastic shoe boxes with lids which are available at most dollar stores, or you can use a cardboard shoe box from your closet. Join us on Wednesday, Oct. 26th as we host a “Pack Your Operation Christmas Child Shoe Boxes” gathering at the First Baptist Church of Morrow. We will gather at 11 AM and go to a late lunch after we are done. Please bring your completed boxes along with \$10.00 per shoebox to our November 3rd meeting. The \$10.00 mailing fee may be cash or a check made out to MCWC. Below are suggested items for a boy or girl according to age groups.

[Right click to open shoebox gift suggestions](#)

LOOKING AHEAD:

- Salvation Army Forgotten Angels Project (December)



Education and Libraries Community Service Program

A subscription for large print Readers Digest condensed books was donated to the community library at The Palms, a senior living apartment complex in Jonesboro.

We will continue to collect baby and children's books through the November meeting.

Several bags of paperback and hardcover books were donated to Fayette County Friends of the Library.

Many thanks for the books that have been donated this club year. They have been distributed to a wide range of readers.



Environmental Community Service Program

The GFWC Environment Community Service Program encourages us to become stewards of the earth by working to preserve the world's resources, protect wildlife and domesticated animals, live sustainably, and beautify our communities and enjoy nature. Environmental degradation is cumulative, and many scientists warn that we are at a tipping point. There is no time like the present to act.

Wells for Hope for South Sudan has an annual walk to raise awareness and money. Thousands of people in South Sudan lack access to safe, clean water. Wells for Hope for South Sudan is designed in part to drill wells in villages where women and girls walk four to six miles each way for water daily. MCWC members are encouraged to participate in the Walk, October 16, 2-4 pm beginning at the Carter Center in Atlanta. If you cannot be present on that day, please consider participating virtually in the fundraiser by walking any distance anytime **October 16 – November 20**, and invite family and friends across the country to participate by sharing the Walk's flyer and details that can be found on the non-profit's website: <http://wellsforhopeforsouthsudan.org/>

Registration is \$15 per family (or \$5 per student).

Bring used ink cartridges, batteries, magic markers, and crayons to club meeting to be recycled. Bins will be labeled for disposal. Please note, plastic bottle caps are no longer needed.

We will be donating old towels and pet food to the Clayton County Humane Society. If you would like to participate, please bring these items to our meeting.

October is the time to clean your garden beds removing any debris or dead plants from the area. This will deter diseases and pests from taking up residence in your planting areas.

While you are saving the planet remember to keep a record of your time and money spent:

- Recycling
- Picking up litter while you walk
- Reading or researching environmental issues
- Planning or working in your garden or yard



Health and Wellness Community Service Program

The GFWC Health and Wellness Community Service program encourages members to explore the various opportunities in their clubs and communities for awareness and advancement of nutrition, disease prevention, and physical and emotional care. **ON-GOING COLLECTIONS: Soda can pop tops, calendars, and stuffed animals.**



October is National Breast Cancer Awareness Month. We will bring back the Bra-ha-ha competition so come early to play our games! Purchase tickets to play and win. All proceeds collected are donated to the American Cancer Society.

- *Wear pink to club*

Making Strides Against Breast Cancer of Atlanta, Georgia - Make a pledge to join this year's 5k (3 mile) walk celebrating and honoring breast cancer survivors, thrivers, and caregivers, educate the public about prevention and detection to reduce the risk of the

disease and raise funds to help end breast cancer as we know it. Sign-up to join **Team Pink Strong Warriors**, 5k walkers. Team Captain: **Vickie Jennings**

Save the date: Saturday, October 22, 2022, 9:00am to 12:00pm

Atlantic Station, 1380 Atlantic Drive NW, Atlanta, GA

We will also be collecting donations for the student food pantry at Clayton State University. You'll recall that in May, Dr Smith suggested items that are basically ready to eat so students can just grab and go. With school back in full swing we want to support the students impacted by food insecurity as much as possible.

Healthy Choice, *cooler temperatures will soon roll in. Here's a delicious hearty chicken & chickpea soup recipe, we think you will enjoy. Eating well is key to a healthier YOU.*

Chicken & Chickpea soup

[Slow-Cooker Chicken & Chickpea Soup Recipe | EatingWell](#)

Healthy Aging 60+, embrace aging follow link below to explore ways you can keep yourself in good health. Get FIT, be your best YOU!

<https://www.cdc.gov/aging/pdf/healthy-aging-in-action508.pdf>



Special Project: Women's History Resource Center

Currently, members of the Morrow Civic Woman's Club are selling pecans. Therefore, you may be interested in making Bonnie Walton's recipe found in the archived Morrow Junior Woman's Club, 1978 "Culinary Keepsake" page 6 (recipe is typed exactly as printed in the document). The funds earned from the recipe booklet helped support the Reynolds Nature Preserve in Morrow.

PECAN CRUNCH PIE

½ pint whipped cream

3 egg whites

½ tsp. baking powder

1 cup sugar

3 Tbsp.. powdered sugar

11 graham crackers, crumbled

1 tsp. vanilla

1 cup chopped pecans

¼ tsp. vanilla

Beat egg whites, slowly adding sugar and baking powder. Continue beating until the mixture holds a peak. Add crackers, nuts and 1 tsp. vanilla. Bake in greased pan at 350° for 30 min. When cold top with ½ pint whipped cream, 3 Tbsp.. powdered sugar and ¼ tsp. vanilla.

Be sure to share with club members how this recipe turns out. Better yet, bring the pie to one of our meetings. Yum!

Domestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

LOOKING AHEAD:

- Making a monetary donation to all three organizations before the end of the year.

COMMITTEES



Budget and Finance

Please bring all Fantasy in Lights ticket money and unsold tickets to our upcoming meeting. Also, please bring ticket stubs to be placed in the fishbowl for the drawing of the Fantasy in Lights winner. If you plan not to attend, please send all your fundraiser items by another member, especially your ticket stubs. Thanks!

Let's sell the pecans! Even with the pricing crease to \$14 they seem to be selling themselves this year. Share with your customers that the proceeds help us do all our good work. Last year we put in 2,688 hours of work and donated close to \$10,000 from our budget and fundraisers and gave another 29,000 in in-kind donations. Our fundraiser supports things like the Good Shepherd Clinic, the Red Cross the scholarships for Clayton State, local schools and libraries and first responders, Homeless Vets, Ronald McDonald House, Wells for Hope and many more charities.

Orders are due October 25. Please give me the total number of bags ordered and then break it down by total halves and pieces. I think I'll be at the church the morning of the 25th but will call you for your total if I don't see you there.



Club Relations

Please continue to pray for Catherine, Ernesteene, and Peggy as they continue to experience some health issues.

A big thank you to Cookie Keene for taking care of Cathy White's \$150 memorial to the Good Shepherd Clinic. Also, \$50 gift cards were sent to Dixie, Ernesteene, and Peggy for either being hospitalized or having outpatient surgery.

Membership

The First Baptist Church of Morrow is doing a spotlight on the groups using the church during the month of November. They've asked us to tell about the club and the things we do on Wednesday, November 9th. The service starts at 6:00 with a short prayer meeting and then we'll have 15-20 minutes to share about the club. It might be a good to have two or three people share. Renee has volunteered to be one to share. Please let her know if you would like to share as well. It's a good opportunity for the members to see us and hear about what we do. It's also a good opportunity for our club to express our appreciation for the church for letting us meet there.

Please continue to share with your friends all the ways our club impacts the world. The amount of volunteer hours and donations put forth from this small group of women is really astonishing. Thank you for all you do.

Clayton State University Scholarship Committee

Only a few months remain before the next period opens for scholarship applications. Beginning now through January, be on the lookout for possible applicants.



Scrapbook and Website

As we engage in our work, remember to take pictures and email them to

Scrapbook -Karen Garcia garcia10218@bellsouth.net

Facebook- Dixie Hulse dixielee@bellsouth.net

Website- Kristy Coughlin coughline@bellsouth.net



Tallulah Falls School

We are set to donate our TFS monies as planned, and these are the Board of Trustees that will watch over and implement GFWC Georgia funds for Tallulah Falls School. Our Past President Peggy Pruett is still a member of the Trustees.

Board Members, (Effective July 1, 2022)

James C. Weidner, Chair

Elizabeth Chadwick, Vice-Chair/Chair-Elect

Matt McClurg, Treasurer

Peggy Pruett, Secretary

Amy Atkinson, Past Chair

Judy C. Forbes, Community Member-at-Large

Ellen Alderman, GFWC-Georgia Member-at-Large

Donna Foland

Kathy Hanna

Barbara McCord

Alan NeSmith

Alice "Cookie" Noel

Honorable Brian Rickman

Terry Rogers

Rick Story

Judy Taylor, Ph.D.

Elizabeth Wells

Honorary Trustees

Doris Alexander

Rev. James Turpen, Sr.

Lucy Willard

Gewene Womack

Ex-Officio Trustees

Larry A. Peevy, President, TFS

David Chester, Assistant Head of School, TFS

Kim Sekulow, President, GFWC-Georgia



Nicole Braun, GFWC-Georgia Junior Club Director

I personally know an honorary member of the board very well. Reverend James Turpen, was the dean of students at TFS in 1967 when I first attended. His mother's family ran the Tallulah Overlook Store. We all called it The Point. He was a graduate of TFS in 1955. The students spoke of him as "Doodlebug" because he drove a Volkswagen. He was the unofficial father of the boarding students, and he managed that program for the most part. The students were assigned work jobs daily and he handled some non-educational related discipline with the President of the School,



Kermit Harris. There were some good stories. He was married to Catherine earlier and started having children several years before 1968-69, when he resigned as dean. He is still the minister of Tallulah Falls Methodist Church and another church in the area. He gave me my first job babysitting his children during the summer of 1970. My father requested he do his funeral last November. Thank you Dean Turpen for watching over Tallulah Falls School.

Special Occasions

	
Birthdays	Anniversaries
10/05 Heloise Wilson 10/08 Ernesteene Knowles 10/23 Lois Wolfe 10/24 Joy Lanier	

Hostess(es) for Meeting

Coordinator	Devotional	
Dixie Hulse/ Renee Goolsbee	Betty Bush	Heloise Wilson

Next Newsletter Deadline: October 25, 2022



State website: gfwcgeorgia.org



National website: gfwc.org