



Newsletter June 2022



Georgia Federation of Women's Clubs
**Morrow Civic
Woman's Club**
SERVING SOUTH METRO ATLANTA

www.mcwcga.org



A Message from Our President

Dear Club Sisters,

You are amazing ladies, and you are working so hard this year. We have finished many worthwhile projects. There are many more to go. Thank you for working hard to sell Fantasy in Lights tickets to friends and corporate supporters. Please go to your pecan customers and tell them we need their help and promise next time you come to them it will be to sell Bunco tickets or pecans. The truth is that we need to have the money from Buncos and these tickets to pay for any pecans we sell. We are working on a letter to pass out to possible donors that states we are a charitable organization and tells them the local, national, and international organizations we support through our work and fundraising. Hopefully, it will be ready for distribution at the June meeting.



Again, thank you for your support of our club sister, Linda Harrelson. She received the basket of goodies and was very appreciative of your generosity. She is busy working on coloring and completing her crossword puzzles, but she is working hard in Physical Therapy where she can get back on this side of town and closer to her MCWC friends.

There was an email received from our Central West Georgia GFWC President, Peggy Gau, and I sent you an email asking for you to participate in a silent reflection on this Memorial Day for our Fallen Veterans. Please take time to participate in this with some creative way to document this meaningful occasion. The

pictures can be sent to Karen by Tuesday where they can be displayed at our meeting June 2nd. Her phone number is (404) 429-2761 and her email is garcia10218@bellsouth.net. We will display those pictures at the meeting. Also, we are hoping to set a table for one missing Veteran to display at the club meeting to document this project and support Peggy's special interest.

As you know, we have a new GFWC Georgia President, Kim Sekulow. It is special that many of you met this busy lady at Bunco. She is asking us to support her special projects with Well Spring. If you choose to participate in one of the June 11 events, please complete the following **Confidentiality and Liability waiver** at <https://wellspringliving.org/terms/>. We hope we can have at least two to support this event on June 11th. The Birthday boxes sound like something we can do. I will be happy to supply the \$50 gift card to Publix or Kroger. It will be brought to the June meeting. Review your options.

June 11

Village Campus _College Park_ Limited to 16

9:00 a.m. – 12:00 p.m.

Great for those south of Atlanta

-Assist with multipurpose building Spring Cleaning (dust, vacuum, mop). Supplies needed: glovers, dusters, cleaning wipes, pledge, all-purpose cleaner, and trash bags.

June 11

Wellspring Treasures (Peachtree City), Limited to 6

10:30 a.m. -1:00 p.m.

Great for those north, west and south of Atlanta

-Assist with store tasks such as sorting donations, tagging merchandise, steaming clothes, moving displays racks, deep cleaning sales floor and fitting rooms. Supplies needed: Old English, Silver Cleaning Cream, Magic Erasers, and paper towels – bring own gloves.

July for August Meeting

Upcoming Event - Birthday Boxes

-Birthday Box month: goal 63 boxes. Celebrate President Kim Sekulow's birthday and in her honor, donate a birthday box to Wellspring Living. Birthday boxes include \$50 gift card to Publix/Kroger (for food), \$25 gift card to Walmart/Target/Amazon for a gift, Birthday card, Birthday crown and sash, birthday cake mix, candles, Happy Birthday banner, and color-coordinated décor (such as crepe paper/tissue paper balls/fans, balloons, tablecloths, paper ware/utensils for 20). Boxes may be brought to Institute.

August

*Guest Speaker at Institute,

*Donate backpacks filled with school supplies (backpacks, notebook paper, crayons, markers, pencils and glue sticks.

*Purchase a Christmas Tree for the Georgia Festival of Trees

*Crack the Safe Scholarship Drive

This year we have been asked to give a monetary donation to one of our charities, The Good Shepherd Clinic. COVID has changed everything, and this donation would help pay some of the startup costs for the Tomato Sandwich Party this year. This is in lieu of cookies and deviled eggs. Let's be creative in thinking of a way to give a donation and raise the money to do so. Any ideas will be appreciated. If we give what it would cost to make our deviled eggs or cookies, it would be a nice sized donation.

As your president, I would like to see us do as many projects as possible, but I am a realist and do know many are retired and on a restricted budget. I feel we do what we have planned and consider how we can help the state GFWC and our neighbor, The Good Shepherd Clinic, during our meeting next week. I do know that if we sell our tickets, it will help us greatly. I know you will work hard for others, and that is why I became a member of this fine club.

“Who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.” Titus 2:14 ESV

Thank you for all you do,
Heloise

COMMUNITY SERVICE PROGRAMS



Arts and Culture Community Service Program

The GFWC Arts and Culture Community Service Program encourages members to promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food,

music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire club-women and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place. During 2022, Arts and Culture is committed to sharing our funds with M.E. Stillwell School of the Performing Arts, Nursing Home Gifts, and decorating. We will also be donating to Art Projects for local schools. The CSP members and club members will also be making and donating Christmas decorations for the Festival of Trees event.

Thank you to everyone that helped us decorate Mother's Day Cards at our May meeting. We delivered 55 cards to 2 Nursing Home Facilities in Jackson GA. They were really excited about the cards.

For the month of June, the Arts and Culture Committee would like to encourage members to participate in a Community Arts & Craft Festival.

(Thank you, Vickie, for sending in your picture at a Craft Show)

Please don't forget to look for Christmas Cards for our Christmas placemats that we will be making for our August Project.

Also, please start collecting school supplies for our September meeting. The following are the items that are needed: Glue---- 4 ounces or larger, Crayons----Large Class size, Construction Paper – 12, Markers

Upcoming Arts & Craft Shows

June 2nd	Salt Sand Art	Hampton, GA
June 4 th	Georgia Peach Festival	Byron, GA
June 5 th	Folk to Fine Arts Festival	Commerce, GA
June 11 th	Virginia Highland Summer Festival	Atlanta, GA
June 12 th	History Comes Alive Festival	Atlanta, GA
June 20 th	Bi-Weekly Art Contest	Locust Grove, GA
June 25 th	Hartwell Festival of the Arts	Atlanta, GA



Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

Civic Engagement and Outreach CSP Shout Outs:

May Project Outcomes	Volunteer hours.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
First Baptist Church of Morrow Food Pantry	4.5 hrs.	41	\$107.00	
Morrow Police, Fire, & EMS Snack Baskets	10 hrs.	58	\$74.50	
Little Dresses for Africa Sewing Day	40 hrs. 8 volunteers			

***Thank you for supporting our Civic Engagement and Outreach projects last month!!**

Listed below our CSP project needs plus great information:

1. Restocking the First Baptist Church of Morrow's Food Pantry with the following items for June: **Dried Beans, White Rice, and Canned Meats.**
2. Bring your old worn-out American flags to the June meeting. Our speakers from the American Legion will take them and dispose of them properly.
3. Don't miss our June speakers talking about the meaning and symbolism in the American flag folding ceremony.
4. Start collecting loose change and/or dollars for Heifer International over the summer and bring it to the August meeting so we can purchase some livestock to provide hope for struggling farmers from Africa to Asia to the Americas looking for a way out of poverty. **Pick up a collection container at the meeting.**

STAY TUNED FOR:

- Collecting supplies for the Rainbow House Children's Shelter. (August)
- Collecting supplies for Bloom (non-profit foster care organization) located in Fayetteville. (August)



Education and Libraries Community Service Program

A generous donation of 180 books was made in May to Friends of Fayette County Library. Thank you club members for donating gently used, and almost new books.

A donation will be made in June to the Little Libraries at a Jonesboro apartment neighborhood for great summer reading.

We will continue to collect books through the November meeting. All donations for 2022 will be made in December.



Environmental Community Service Program

"Gardening adds years to your life and life to your years."

- Unknown genius!

With the insane prices we are seeing at the grocery store these days we still spend much less than most countries. India spends 51.3%, South Africa 27%, Italy 17.2%, of their income on food! The United States spends 10%. Maybe that will make you feel a little better when you check out at the grocery store! Remember to support your farmers markets and local farms that are usually open on the weekends.

With the temperatures rising it is time to mulch around your flowers, shrubs, and trees. Mulch will retain soil moisture and control weeds. Remember to plant native and/or drought-tolerant plants. Group plants together based on similar water needs.

Now is the time to check all hoses, connectors, and spigots. Replace or add washers if you find leaks. Water lawns during early morning hours to reduce losses from evaporation. Be mindful of local watering restrictions.

Remember to bring used ink cartridges, batteries, and plastic bottle tops to the club meeting. A box will be labeled for drop off.


Please record the time you spend on reading about or researching environmental issues, planning, or working in your garden or yard, and picking up litter while you walk. All of your recorded time counts toward the end-of-year Environment Report for our club.



Health and Wellness Community Service Program

The GFWC Health and Wellness Community Service program encourages members to explore the various opportunities in their clubs and communities for awareness and advancement of nutrition, disease prevention, and physical and emotional care. ON-GOING COLLECTIONS: Soda can pop tops, calendars, and stuffed animals.

PHYSICAL AND EMOTIONAL CARE

May was  *mental health awareness month*, and boy, did we see the need for mental health care during the month. Once again there were shootings based on racism and xenophobia. We are all responsible to make sure that the things that we say can be backed up by truth. We must speak out when we hear comments that are racist or xenophobic. We must fact check things that we hear on the TV or read in the newspaper or see on the Internet. We must change the channel and change our thinking 🤔 if we find that what we have heard or believed in the past is not completely true.



The **Federation of Women's Clubs** stood side by side with women across this country as they protested, marched, and fought for the right for women to vote. In

the same way we must stand up for the *rights of women to make their own healthcare decisions today.* ♀

DISEASE PREVENTION, NUTRITION & HEALTHY LIFESTYLES

In support of promoting awareness for **March of Dimes, Georgia** our CSP is asking each member to donate products for Moms and Babies, to create **Neonatal Intensive Care Packages**. Donations will go to WellStar Spalding Regional Hospital, Griffin, Georgia. Bring items to club this month.



- **Summer** begins in June. And with it many opportunities for gather gatherings, fellowship and social engagements that often means more eating of unhealthy foods. We need to keep in mind that it is our responsibility to take care of our bodies. If we want to live if we want to have healthy bodies to take us through the next 10, 20, 30, or 40 years of life we must be mindful of about everything we put into and everything that we do with our bodies. We always consider retirement planning as dealing with financial choices but monitoring our



Walmart Health
PowerPoint (1).pptx

food choices and health care choices are just as important.

- Get **FREE** at home COVID-19 tests. Every home in the U.S. is eligible to order 2 sets of 4

free at-home test. Place orders at special.usps.com. [COVID-19 \(Coronavirus\) in Georgia | Georgia.gov](https://www.cdc.gov/covid19/testing)

Healthy Eating

Tasty healthy treats straight from Tasha's Kitchen she makes healthy eating FUN!



Thanks for supporting our CSP initiatives last month; Camp Sunshine, Mental Health Awareness guest speaker, Dr. Smith and the beautiful gift basket for our club sister, Linda Harrelson.



Special Project: Women's History Resource Center

It's been over two years since club members could visit onsite at the Clayton State University (CSU) Archives due to COVID precautions and regulations. Just imagine how elated Lois Wolfe and Feechi Hall (university archivist) were when they met at the Archives on May 13. Lois brought Scrapbooks documenting the club's work from 2018-2020, which Feechi added to the MCWC Records Collection for later scanning and processing.

Now the work begins! On June 16 (time TBD), Feechi, Lois, and any members who would like to assist will begin planning, creating, and installing an exhibit for the August club meeting program. It will highlight the relationship between CSU and our organization, particularly in the area of women's scholarships.

Until then, be sure to visit CSU's Women's History Month Virtual Exhibit, "Exploring the Vital Role of Women at Clayton State" at

<https://sites.google.com/view/csuarcwh22exhibit/home>

This exhibit was curated to highlight the achievements of women who have been an integral part of the University's history through featured materials from collections within the Archives holdings, including the Morrow Civic Woman's Club Collection! It's great to read and reflect on how our organization has served the needs of women within the local community.

Domestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

Listed below are project needs plus great information:

1. Collecting wish list items for Gigi's House:
 - Feminine Pads, Panty Liners, and Tampons
 - Q-tips & Cotton balls

- Toothpaste, Dental Floss, and Mouthwash
- Sunscreen
- Fingernail Polish and Remover
- Mani/Pedi kits
- Band-Aids
- Curling Irons, Blow Dryers, Hair Straighteners (New)
- Flip-Flops (New – adult sizes)
- School Room Items: Pencils, Pens, Markers, Writing Journals, and Art supplies

Information: Gigi's House is located in Clayton County and is dedicated to serving girls ages 13-19 who are victims of sex trafficking. They provide a safe home in a faith-based loving environment. In addition to safe housing, they provide individual and group trauma-informed therapy with a licensed therapist, home-school, mentoring, life skills, daily self-confidence building activities and much more.

STAY TUNED FOR:

- Sewing book pillows for kids at the shelters.

COMMITTEES



Budget and Finance

Please sell tickets to the Fantasy in Lights Callaway Gardens and continue to support our fundraisers through SERRV <https://www.serrv.org/?a=MCWC> and Rada Cutlery <https://radafundraising.com/?rfsn=4699925.3900a81>

Membership

MCWC is very happy to welcome Tosha Morell to our club. She went through orientation in May and has attended 3 functions and was unanimously voted in!

Tosha took the diagram I used for orientation and put it on Power Point, and I hope to have it shown at the June meeting. It is just a reminder that we are not in this alone, we are part of federation of clubs with more than 80,000 members.

In August, membership will have a salad supper and the meeting will be led by the Women's History & History Committee. There will be a sign-up list for salads or desserts at the June meeting (as we do not have a meeting in July). Invite a friend to join you on Thursday, August 4th for the salad supper and a very interesting discussion.

We all try to stay in touch with our local club sisters but let's not forget to keep our club sisters around the country and around the world in our prayers as well. Did you know that we have a club in Ukraine that has 100 members? The meetings are in English, but members speak French, Ukrainian, German, Italian, Russian, Spanish, and Japanese. I'm sure the club has been impacted by the war and I'm sure that they would be grateful for your prayers.



Scholarship Committee

The MCWC Scholarship Committee has been busy reviewing submissions since the May 1st deadline to submit Andrea Lane Memorial Scholarship applications. On June 2nd, the committee will present to membership the applicant selected as this year's recipient of the \$1,000 financial award.



Scrapbook and Website

As we engage in our work, remember to take pictures, and email them to

Scrapbook -Karen Garcia garcia10218@bellsouth.net

Website- Kristy Coughlin coughline@bellsouth.net

Facebook- Dixie Hulsey dixieleeulsey@bellsouth.net



Tallulah Falls School

Tallulah Falls Newsletter

Why do we support Tallulah Falls School? Why does a former Public-School Educator support them? Sure, it is my former high school, but even I must admit the changes are for the better. Let's review some reasons.

They provide a choice for students in Northeast Georgia.

70% or more receive scholarships to attend TFS.



They focus not only on academics but creativity, team building, and building a business sense and work ethic.

There is definitely support from the community as they try to encourage character and use a mission centered approach.

Look at these happy faces. The reason for the smiles might be the \$8.5 million dollars in scholarships. I am proud to support this school and be a TFS alumni.



Special Occasions

 Birthdays	 Anniversaries
06/05 Betty Bush 06/17 Vickie Jennings 06/17 Dixie Hulsey 06/23 Linda Harrelson	06/10 Bill and Joy Lanier 06/26 David and Ernesteene Knowles

Hostess(es) for February Meeting

Coordinator	Devotional	
Cindy Peterson	Vickie Jennings	Ernesteene Knowles

Next Newsletter Deadline: July 26, 2022



State website: gfwcgeorgia.org



National website: gfwc.org