



# Newsletter August 2022



Georgia Federation of Women's Clubs  
**Morrow Civic  
Woman's Club**  
SERVING SOUTH METRO ATLANTA

[www.mcwcga.org](http://www.mcwcga.org)



## A Message from Our President

Dear Club Sisters,

Well, we are now living in Pickens County and finally have some pictures up. The boxes are gone! My husband does not play! My daughter, Caroline and Son in law, Jared, were very helpful with moving and by offering us a place to live for over 6 weeks. We played cards and games with family and enjoyed our time together. I know where my MCWC FILES are but have had trouble with my phone and email system. It is great to be on this adventure, but I do miss my church and MCWC sisters being close. We are enjoying meeting people in Ballground, Tate, and Jasper. My husband, Chuck, says, "We are Pickenites."

But now it is time to hit the road running for our MCWC Salad Supper meeting in August. Do not forget to bring your salad and a friend for this special meeting. **We will start the meeting at our usual time. Our dessert will be homemade ice cream provided to help raise money for Tallulah Falls. We will ask for a donation of at least a dollar.** I am excited to see the display of artifacts and allow our speakers/guest from Clayton State to be presented. Lois's report will be made during our presentation. We will totally enjoy this special night and we hope to have several visitors.

Also in August, plan to learn more about GFWC Georgia at Institute in Athens. It is a more casual experience that gives you ideas to help make MCWC better. It provides information on how the state will serve the Well Spring community as well as information on other much needed projects. Here are some of the state projects we are planning to participate in or may choose as our future projects. If you go to this link,

<http://events.r20.constantcontact.com/register/event?oeidk=a07ej7mhaci6175669c&lr=lmygcp9ab> you can find these encouragements, Institute activities, and special projects

- [Letter from State Junior Director Nicole Braun](#)
- [Wellspring Flyer on Birthday Boxes](#)
- [Agenda at a Glance](#)
- [LEADS Flyer](#)
- [Personal Care Kits - How to Guide, GA](#)
- [Hall of Fame Flyer](#)
- [Bingo Fun Night](#)
- [Southern Region Flyer](#)

I am proud to announce that 1 Birthday Box will be completed by meeting time and will be taken to Institute. We have some extra funds to begin a Thanksgiving Box for a Wellspring Resident that will go to District.

The state has also asked for a door prize with a \$25.00 value. I plan to purchase one and take it to Institute as well. Thanks to Peggy Wilson for helping me stay in touch on the district and state level and thanks to everyone who provided funds for the Birthday Box and the Thanksgiving Box. I know you have some great things planned for the end of the year and I look forward to hearing about them and seeing you all.

Thanks for your service,  
Heloise

“Two are better than one, because they have a good reward for their toil.” -  
Ecclesiastes 4:9 ESV

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# COMMUNITY SERVICE PROGRAMS

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## Arts and Culture Community Service Program

The GFWC Arts and Culture Community Service Program encourages members to promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food, music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire club-women and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place. During 2022, Arts and Culture is committed to sharing our funds with M.E. Stillwell School of the Performing Arts, Nursing Home Gifts and decorating. We will also be donating to Art Projects for local schools.

If you are interested in learning to make a mesh wreath, please join us on Wednesday August 17th at Morrow First Baptist Church from 10:30am until 1:30pm. Bring a sack lunch and we will provide drinks and desserts. Come out and enjoy the fun.

The following are the items you will need to bring:

1 -14" Wire Wreath form (I could only find a 16")

3 -10" rolls of mesh in colors you choose

2 Large Clips

1 package of pipe cleaner to match your mesh

3 rolls of coordinating wire edged ribbon you choose to go with your mesh colors

A sharp pair of scissors

If you have some smaller mesh (5-1/2") for a smaller wreath Karen will teach you how to do a wreath. Peggy and Dixie will teach us how to make the larger wreaths. If you

have friends that would like to join us, please bring them. Who knows, they might be a potential member.

Also, please start collecting school supplies for our August meeting. The following are the items that are needed for McGarrah Elementary School.

Glue---- 4 ounces or larger    Crayons----Large Class size

Construction Paper - 12x18    Markers

On Tuesday September 20th from 10am until 2pm we will be making Christmas placemats for a Nursing Home. We will have further information coming out for this event but mark your calendars. Please don't stop bringing your old Christmas cards.



## Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

### Civic Engagement and Outreach CSP Shout Outs:

June Project Outcomes	Volunteer hours.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
First Baptist Church of Morrow Food Pantry	4 hrs.	19	\$36.00	
Brought Worn Out Flags for proper disposal by American Legion	5 hrs.	12		

**\*Thank you for supporting our Civic Engagement and Outreach projects in June!!**

Listed below our CSP project needs:

1. **Bring** your Heifer International donation(s) to the August Meeting. Please turn your coins into dollars or write a check to MCWC for the total amount. **Give your donation to either Pam or Renee.** We will use all the donations to purchase some type of livestock to provide hope for struggling farmers from Africa to Asia to the Americas looking for a way out of poverty.
2. **Restocking** the First Baptist Church of Morrow's Food Pantry with the following items for August: Dried Beans, Rice, Canned Green Beans, and Canned Corn.
3. **Collecting** wish list items for Bloom (a non-profit foster care organization) located in Fayetteville. See list below:
  - New or gently-used clothing for infant, youth, & teenage boys & girls.
  - New, packaged underwear & socks.
  - Shoes & Athletic sneakers in toddler, youth, & teenage sizes.
  - School supplies & Backpacks.
  - Baby supplies: diapers, wipes & ointments, bottles & sippy cups, bibs, new & packaged pacifiers, blankets & linens.
  - Toys & books for children & teenagers.
  - Full Sized Toiletries: toothpaste, shampoo & conditioner, body wash, deodorant, & lotion.

**STAY TUNED FOR:**

- Volunteering at the Mid-West Food Bank in Peachtree City on September 14<sup>th</sup> from 2-4 PM
- Collecting non-perishable food items for the Kids Back Pack Ministry by partnering with First Presbyterian Church of Jonesboro. (September)



**Education and Libraries Community Service Program**

It is Back to School time again, and hopefully, our teachers and students can get back to familiar in-class instruction.

For the August meeting, the Education CSP will be collecting school supplies for teachers and students. These lists are based on the students supply lists for McGarrah Elementary. The students will be provided clear bookbags.

Teachers: Kleenex/Tissue      hand sanitizer      Dry Erase markers copy paper  
construction paper

Students: Wide ruled notebook paper      wide ruled composition books  
#2 pencils    glue sticks      safety scissors      crayons

My first pencils/Ticonderoga (kindergarten)      tab dividers 2” binders

Ear buds in clear pouch for storage    folders: 2 pocket or 3 prong

Thank you for supporting the staff and students at McGarrah.



## Health and Wellness Community Service Program

**The GFWC Health and Wellness Community Service program encourages members to explore the various opportunities in their clubs and communities for awareness and advancement of nutrition, disease prevention, and physical and emotional care. ON-GOING COLLECTIONS: Soda can pop tops, calendars, and stuffed animals.**

**National Health Center Week (August 7 – 13, 2022)** is an annual celebration with the goal of raising awareness about the mission and accomplishments of America’s health centers over the past five decades. **Light a candle**, this week in observance for those community health leaders, patients that we lost. As we commemorate those lives and celebrate the future of Community Health, let’s shine a light across the country that will embody the future of primary health care aces for underserved populations.

- **New COVID-19 Vaccine Effectiveness Data Showcase Protection Gained by 3rd and 4th Doses** <https://www.cdc.gov/media/releases/2022/s0715-COVID-VE.html>
- **Monkey Pox** <https://www.cdc.gov/poxvirus/monkeypox/index.html>



**Healthy Choices**, We are what we eat, so let's eat well! Here's a tasty recipe and nutrition tip, we think you will enjoy. Be creative try new recipes and healthy habits in the kitchen!

### Chopped Power Salad with a hint of chicken.

<https://www.eatingwell.com/recipe/7917784/chopped-power-salad-with-chicken/>

**Nutrition tip 60+.** With age, you may lose some of your sense of thirst. Drink water often. Low- or fat-free milk, including lactose-free options or fortified soy beverage and 100% juice can also help you stay hydrated. Limit beverages that have lots of added sugars or salt. Learn which beverages are healthier choices.



### 988 Suicide & Crisis Lifeline

What is 9-8-8? The new easy to remember number, connects callers in emotional crisis to trained National Suicide Prevention Lifeline counselors. It will open the door for millions of Americans to seek the help they need while sending the message to the country that healing, hope, and help are happening every day. Help save lives share link <https://988lifeline.org/> with loved ones.

Forgot to order your **FREE** at home COVID-19 tests? Place orders at [special.usps.com](https://special.usps.com). [COVID-19 \(Coronavirus\) in Georgia | Georgia.gov](https://www.governor.gov/covid-19)



*CampTwinLakes The Camp Twin Lakes staff, and volunteer's thanks you again for generously donating much needed supplies to children who attended summer camp, 2022.*

**SAVE THE DATE: 20<sup>th</sup> Anniversary Celebration, Good Shepard Clinic's Tomato Sandwich Party**

**Saturday, July 30<sup>th</sup>- 5:00pm – 7pm**

**The Morrow Center**

**1180 Southlake Circle, Suite 100**

**Morrow, Ga 30260**





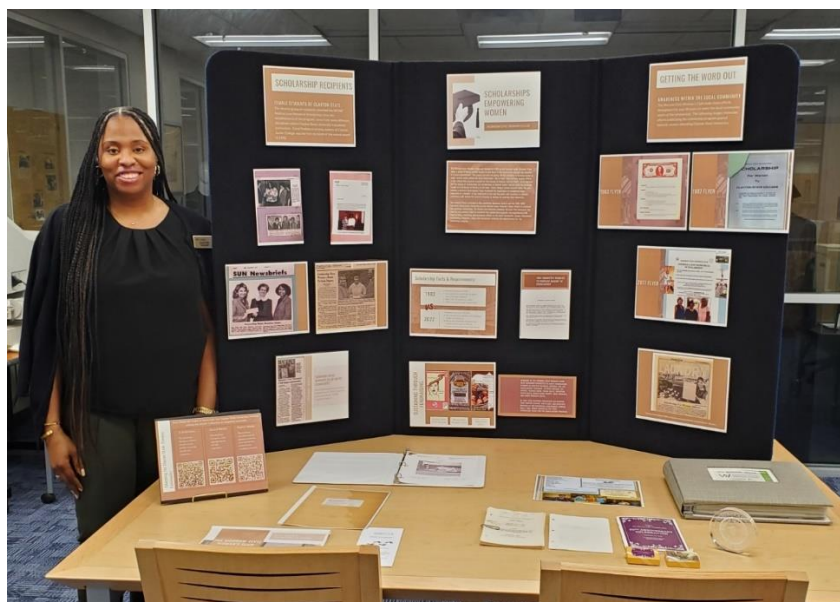
Joy Lanier contacted the director of the **Backpack Ministries at Jonesboro Presbyterian Church** to see what needs are most pressing. She indicates that they need soups and that Suder Elementary has asked them to provide a change of clothes for when students have accidents at school. Vickie has a contact who will help with the uniforms so perhaps we can concentrate on getting underwear for the nurse to have available and soups. To make it simpler I have made assignments by CSPs. **Bring donations to club this month.**

Arts & Culture - Chicken Noodle Soup  
Civic Engagement & Outreach - girls underwear  
Education & Libraries - boys underwear  
Environment - Tomato Soup  
Health & Welfare - Vegetable Beef



## Special Project: Women's History Resource Center

During June and July, Lois Wolfe and Mary Harmon assisted Feechi Hall, the Clayton State University (CSU) Archivist, with the development of a traveling exhibit for the August club meeting program. The installation highlights the relationship between CSU and our organization concerning women's scholarships. Be sure to arrive at 6 pm to view the display that will be discussed during the meeting and to meet some special guests.





## Domestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

### Domestic Violence CSP Shout Outs:

June Project Outcomes	Volunteer hours.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
GiGi's House (Clayton County)	4 hrs.	27	\$72.00	

**\*Thank you for supporting our Domestic Violence projects in June!!**

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## COMMITTEES

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### Budget and Finance

Tickets to Callaway Gardens Fantasy in Lights



Please bring all ticket money that you have sold to the August meeting. We really need these tickets sold as soon as possible. We need to be ready to draw the winning ticket at the October meeting. Please, please get out and sell those tickets. If we sell our tickets that means we possibly not have to have another BUNCO night. It is easier to sell tickets than having to set up and cook for an event.

I encourage you to talk to your friends and neighbors. Explain what the money goes for and how we make a difference in our communities. I have found that when people find out more about what we do they are willing to contribute to help us continue reaching out

to those in need. Tell your possible buyers/winners they could win lodging for one night, breakfast for two, and the Fantasy in Lights tour.

The winner will have Christmas cheer when they walk, drive and celebrate the bigger and brighter Fantasy In Lights, one of **National Geographic's Top 10 Light Displays** in the World! This holiday season, Callaway invites you to step out of your car and into the All-New Callaway Christmas Village! Wander through an immersive Winter Wonderland where you'll explore a forest of twinkling lights and larger-than-life Christmas scenes featuring towering nutcrackers and gigantic snowflakes! Next, stroll through a forest of perfectly decorated trees on Christmas Tree Lane and stop for seasonal snacks and character meet-and-greets at the Christmas Market! The fun continues with our classic drive-through experience, now featuring an enchanting Tunnel of Lights! Journey through the beloved seven-mile Fantasy in Lights Enchanted Forest, where festive music fills the air and the mesmerizing Magical Field of Lights returns to delight your family for another year.

## Membership

Membership will have a salad supper at the August meeting. We will start a few minutes early as we have a busy night. We will have a program from the Women's History Project but we will also recognize our scholarship recipients. Invite a friend to join us on Thursday for both the salad supper and a very interesting program.

## Clayton State University Scholarship Committee

Congratulations to Chisom Orizu on her selection as this year's Andrea Lane Memorial Scholarship recipient! She had \$1,000 deposited into her Clayton State University student account. Club members will meet Chisom and her family during our August meeting.



## Facebook, Scrapbook and Website

As we engage in our work, remember to take pictures and email them to

Facebook- Dixie Hulse [dixieleehulse@bellsouth.net](mailto:dixieleehulse@bellsouth.net)

Scrapbook -Karen Garcia [garcia10218@bellsouth.net](mailto:garcia10218@bellsouth.net)

Website- Kristy Coughlin [coughline@bellsouth.net](mailto:coughline@bellsouth.net)



A new resource is now in motion at Tallulah Falls School with the launch of its first academic Success Camp on July 18.



Designed to bridge the transition during the summer for enrolled and incoming middle school students, students are spending the week engaged in small groups with certified teachers working in writing, reading, math, fine arts and study skills.

According to TFS Middle School Resource Center Director Tricia Anderson, the week is going well.

"We start each day with mindful meditation before releasing students to the academic sessions," Anderson said. "The students are working well in groups of two or three with several of our teachers. The exercises build on established foundations to prepare students for the upcoming academic year."

As school start at TFS I am reminded of the friends I made there. This lady was Missy Jarrett and she was the Homecoming Queen my last year at Tallulah Falls (1969). She works hard today for others and also tries to stay in touch with old friends from high school.





Just know TFS students are making some of their best friends along with getting a terrific education.

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## Special Occasions

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 <b>July &amp; August Birthdays</b>	 <b>Anniversaries</b>
07/05 Angelia Wright 07/14 Amy Simpkins 07/26 Loretta Tucker	<b>No July or August Anniversaries</b>

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## Hostess(es) for February Meeting

Coordinator	Devotional	
Renee Goolsbee	Joy Lanier	

Next Newsletter Deadline: August 22, 2022


 State website: [gfwcgeorgia.org](http://gfwcgeorgia.org)


 National website: [gfwc.org](http://gfwc.org)