



Newsletter May 2022



Georgia Federation of Women's Clubs
**Morrow Civic
Woman's Club**
SERVING SOUTH METRO ATLANTA

www.mcwcga.org



A Message from Our President

Dear Club Ladies!

Doesn't it seem like we were just installing officers? It is almost May, and we are meeting on Cinco de Mayo. The weather is warming up and the club is very active!

Last weekend it was amazing to represent Morrow Civic Woman's Club at the State Convention. There were six ladies that attended to represent us on the floor of the convention and one on the podium: Angelia Wright, Catherine Douds, Heloise Wilson, Joy Lanier, Lois Wolfe, Mary Harmon, and Peggy Wilson. The Theme was a question, "What's Next GFWC Georgia?" We got some insight into next year in GFWC and enjoyed our time at Peachtree City Hilton Hotel. We were informed and entertained by GFWC Suellen Brazil, GFWC First Vice President and by Jane Jenkins Herlong, a Sirius XM humorist, International best-selling/award-winning author. I even won a copy of her fifth book, *Sweet Tea Secrets from the Deep Fried South*. The convention celebrated many women and clubs as awards were given. Also, those of us in attendance got to celebrate Peggy Wilson as she was installed as 2nd Vice President GFWC Georgia. We cheered as we brought home some more silver and several certificates.

I want to thank you all for your help in making Central West District and Morrow Civic Women's Club a success. The donations of door prizes, food for Midwest Food Bank, children's crafts and your assistance with the decorating are much appreciated. Even the tangled twinkly lights were successfully managed and conquered with determination.

Morrow Civic Woman's Club you are a special group of women!! You are so supportive and hard-working. In no particular order here are the awards given for Distinguished Service in...

Engagement and Outreach Community Service Program	1-25 Membership 2nd Place
Communications & Public Relations Civic Advancement Plan	GFWC Georgia Website Contest Award
GFWC Georgia Website Contest Award	1-25 Membership 1st Place
Health and Wellness Community Service Program	1-25 Membership 2nd Place
Women's History and Resource Center Advancement Plan	Creativity/Outstanding Project
Tallulah Falls School- Silver Award	Elaine Singley Chandler Memorial Scholarship Award
Arts and Culture Community Service Program GFWC Georgia Club Member Crafts Competition	Cookie Keene 2nd Place
Arts and Culture Community Service Program GFWC Georgia Club Member Photography Contest	Heloise Wilson "The World in Pictures Our World Up Close" 1st Place
Arts and Culture Community Service Program GFWC Georgia Club Member Photography Contest	Lois Wolfe "The World in Pictures Reflections" 3rd Place

Congratulations Morrow Civic Ladies! We reached out and made a difference. As women of faith, we can all be someone who contributes to our community by using our courage and commitment. Esther, a biblical role model, had reached the top when she was chosen by the King. Then she came down to earth and was face-to-face with her mission. She found with prayer and God's guidance, she could serve those who needed her and still honor her newfound husband. She was successful because of her faith. Just like Esther, we saw, and we accomplished much this past year. So let us continue with our biblical and heavenly inspiration.

"For we are His workmanship, created in Christ Jesus unto good works." Ephesians 2:10

Thank you for all you do,

Heloise

COMMUNITY SERVICE PROGRAMS



Arts and Culture Community Service Program

The GFWC Arts and Culture Community Service Program encourages members to promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food, music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire clubwomen and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place. During 2022, Arts and Culture is committed to sharing our funds with M.E. Stillwell School of the Performing Arts, Nursing Home Gifts and decorating. We will also be donating to Art Projects for local schools. The CSP members and club members will also be making and donating Christmas decorations for the Festival of Trees event.

- For Easter we delivered 104 bunnies to the Westbury Nursing Home in McDonough. (You can see pictures of the patients on our Facebook page for Morrow Civic Woman's Club).
- In May the committee will be judging a competition of Student's Artwork held at McGarrah Elementary School.
- We will be making Mother's Day cards before our May meeting, and they will be delivered to two nursing homes in Jackson Georgia
- Please don't forget to look for Christmas Cards for our Christmas placemats that we will be making.
- The club will be donating Art Supplies to McGarrah Elementary, so if you could please start collecting them, we would appreciate it. A list will be given out at the May or June meeting, and we will be collecting them at the September meeting.

Upcoming Arts & Craft Shows

May 14th - Chastain Park Arts & Crafts Festival, Atlanta

May 21st Geranium Festival, McDonough



Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

April Project Outcome	Volunteer Hrs.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
First Baptist Church of Morrow Food Pantry	16	75	\$116.00	
Providing & Serving Dinner at Calvary Refuge Center (partnered with FBCM, NFUMC & AT&T Pioneers)	38 hrs. 10 volunteers		\$90.00	

Civic Engagement and Outreach CSP Shout Outs:

***Thank you for supporting our Civic Engagement and Outreach projects last month!!**

Listed below our CSP May project needs/volunteers plus great information:

- 1.) Our CSP is asking each club member to help restock the First Baptist Church of Morrow's food pantry with the following items for May: **Rice, Dried Beans, Canned Corn, and Canned English Peas.**
- 2.) Reminder: Little Dresses for Africa - There will be a group sewing day on Wednesday, May 18th from 10:30 am – 1:30 pm at First Baptist Church of Morrow. Bring a bag lunch and drink. Our CSP will provide dessert. Bring your sewing machines, pillowcases or material, notions, irons, scissors, extension cords, etc. If you don't sew, please come help measure, cut, and iron. Great time to get to know your club sisters better!!
- 3.) Collecting individually wrapped snacks (Cookies, chips, pretzels, granola bars, candy, microwave popcorn, trail mix, cheese and/or peanut butter crackers, etc.) and small bottled waters or Powerade/Gatorade to fill Thank You baskets to deliver to our Morrow First Responders (Police, Fire, & EMS).

4.) Don't forget to **VOTE** on Primary Tuesday, May 24th. Polls are open from 7 AM – 7 PM. *Early in-person voting begins on Monday, May 2nd -Friday, May 20th.

**Deadline to request an absentee ballot for the primary is Friday, May 13th.

What's New: Legislation passed last year changed some voting procedures.

- There are new ID requirements for requesting an absentee ballot.
- Every county will have at least one drop box for absentee ballots; they will be indoors, under constant surveillance.
- Outer envelopes for absentee ballots must include the voter's driver's license or state ID number, or the last four digits of their Social Security number.
- Absentee ballots can't be requested until 78 days before an election, down from 180.

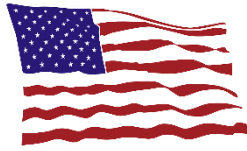
How to get an absentee ballot?

- Any voter can request one.
- Online – Log in at the My Voter Page (www.mvp.sos.ga.gov), print and complete the form, and deliver it to your county election office.
- By Mail, Phone, or In Person – Contact your county Election office to request an absentee ballot form, which must be returned to that office. Note: Certain voters (including military members and their families, those 65 and older and people with disabilities) can make a single request that absentee ballots be sent for every election this year (except special elections). Everyone else needs a separate request for each election and runoff.

How do I turn in my ballot?

- Absentee ballots must be received by the county by 7 PM on primary day (Tuesday, May 24) to be counted, regardless of when mailed; postage is required.
- For in-person delivery, make sure to arrive before the county election office closes. At least one drop box for ballots is available in every county. They are accessible during early-voting hours until Friday, May 20. Check times with your county election office.
- Track your ballot and receive notification at georgia.ballottrax.net/voter or on the My Voter Page.

5.) Inviting all club sisters to participate in the National Moment of Remembrance at 3 PM on May 30th (Memorial Day). Please pause for one minute of silent reflection (wherever you are and invite those with you to join in) to remember our fallen heroes.



STAY TUNED FOR:

- Collection of old worn out American flags. (June)
- Speaker on the meaning and symbolism in the American flag folding ceremony. (June)



Education and Libraries Community Service Program

Education and Libraries will collect books during the months of May and June. Books that are most needed are children's books for the little library boxes, and board and baby books for the Pregnancy Resource Center.

Members are encouraged to bring paperbacks and adult novels for donation to Fayette County Friends of the Library. A delivery to Friends will be made in May, so now's a good time to thin out your book collection, and look forward to Friends' next book sale, Saturday May 28, from 9 – 4.

Be sure to renew your library card.

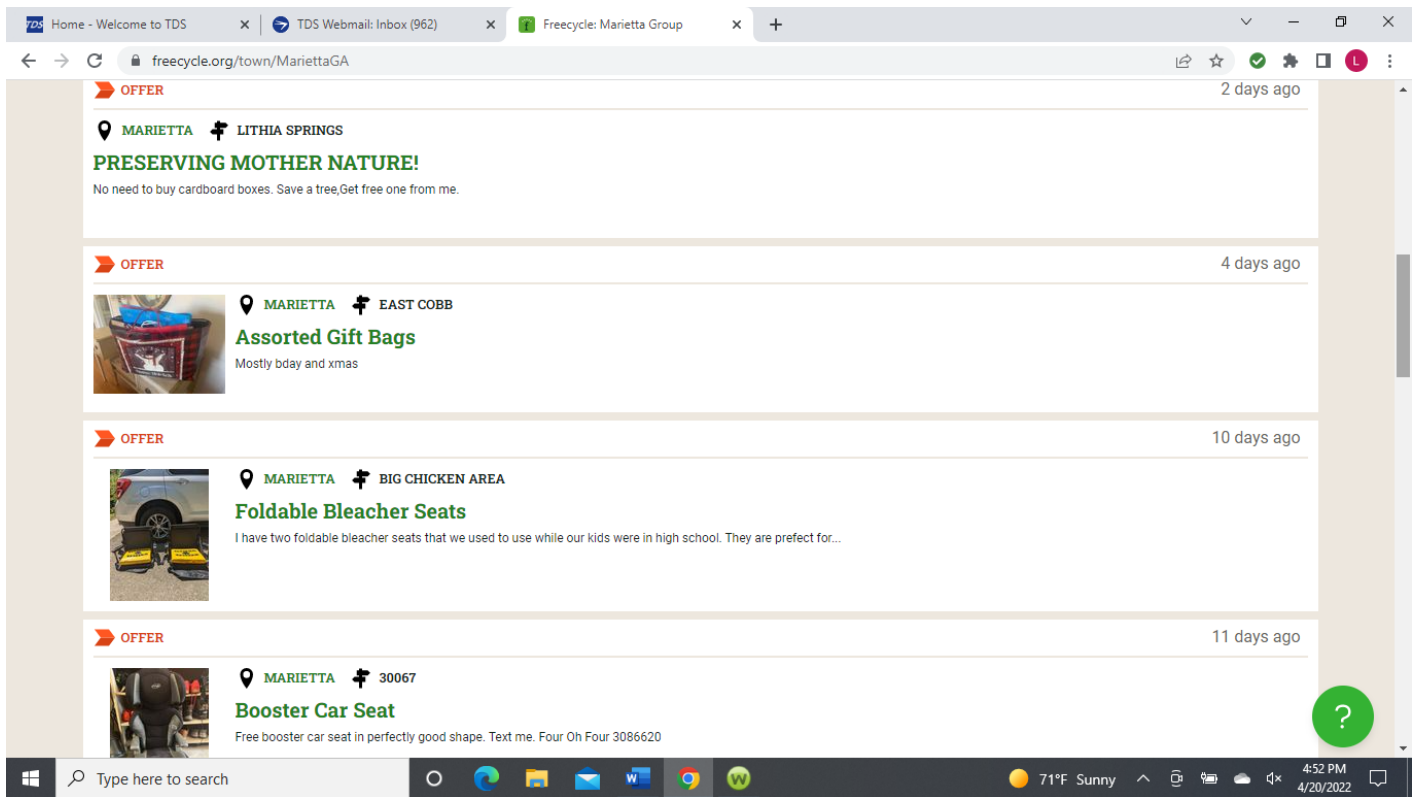


Environmental Community Service Program

Remember to bring used ink cartridges and batteries to our meeting to be recycled.

We are asking if you would please bring **plastic bottle tops** to our club meeting. We have a project that requires a lot of them.

Have you heard about freecycle.org? The Freecycle Network™ is a grassroots and entirely nonprofit movement of people who are giving and getting stuff for free in their own towns. The mission is to build a worldwide sharing movement that reduces waste, saves precious resources, and eases the burden on our landfills while enabling members to benefit from the strength of a larger community. Membership is free and now anyone can set up a smaller personal "Friends Circle" for gifting and lending of items. The screenshot below shows offers posted this month. Other posts have included bunkbeds, a piano, moving boxes, house paint, and crafting supplies just to name a few.



All items are free, but what if you need something? Freecycle members simply list the desired items. The screenshot below shows examples of “wanted” items.



Health and Wellness Community Service Program



May is Mental Health Awareness month. If we were not aware of the importance of healthy mental health from experiences with family and friends, the news events of the last few years have certainly made it fully evident. In the past mental health issues carried a stigma that prevented people from seeking help. That stigma is slowly dissipating as we have all become more aware of the needs that exist. Unfortunately, Georgia ranks 48th out of 50 states in access to mental health resources. Our legislators recently passed House Bill 10131 that will hopefully make it easier for people to access care and bring some form of parity between the insurance companies' coverage of mental health care with their medical care.

Health and Wellness CSP is proud to have **Dr Christine Smith** speak to our group in May regarding efforts to provide mental health resources at **Clayton State University**. We hope to find ways that we can partner with them in their efforts.

Wear **green** to club May 5th in observance of mental health awareness month.

Test your knowledge join us by taking this **Mental Health**

Quiz <https://www.cdc.gov/mentalhealth/index.htm>, see if you can separate the myths from the facts about mental wellness.

<https://www.womenshealth.gov/mental-health/good-mental-health>

<https://medlineplus.gov/olderadultmentalhealth.html>

Operation Smile - consider donating quilts or blankets to comfort a child after surgery. Donations will be delivered to St Jude Children's Research Hospital, next month.

Camp Twin Lakes camp for children with chronic illness and/or disabilities. Bring donations to the May club meeting. Wish List: 100% Cotton T-shirts for Adults and Youth (assorted sizes) & Board games for family and teens. Come by our table and write an inspirational message on cards for youth camp-goers.

FARE is a nonprofit working to enhance the lives of people living with food allergies. They provide education, improved awareness about health care options and advocacy initiatives. If you are someone you know has food allergies, check out their website at <https://www.foodallergy.org/>.

GFWC Day of Service, Ronald McDonald House was a success. Many thanks to our club sisters, and partners AT&T Pioneers Southside Council and Peachtree Council. We donated supplies and equipment valued over \$300 to help families during their stay at RMH.

Thanks club sisters for supporting our first ever Shining Stars, Fitness Day Walk & lunch fellowship at Fig Tree Café.

Club sisters, we need your help creating a heartwarming gift basket for Linda Harrelson. Bring donations to the May meeting. Joy and I plan to visit Linda on May 6th, at 2pm.

Here is a list of her favorite treats and supplies. Dark chocolate, Dove candy with almonds (most favorite)

Cookie - chocolate chip, golden Oreo

Notepads, pens, pencils, Clipboards

Crossword Puzzle books, Magazines, Good Housekeeping, People, Woman's Day

Body Lotion - Nivea (72) White bottle with blue

Peanut butter crackers

Cheetos, Doritos, Fritos corn chips

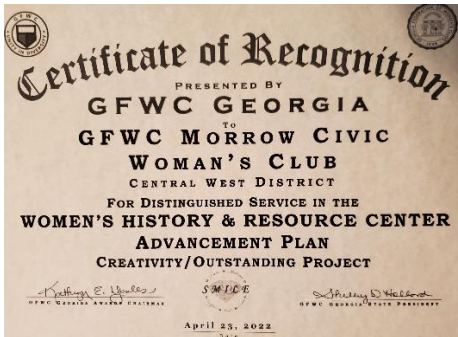
Basket – Karen Garcia

Green plant – Vickie Jennings

Small items to sit around- Linda likes to go to Dollar Tree and pick up small items pertaining to an upcoming holiday. Thank you, Angela Wright, you made this happen.



Special Project: Women's History Resource Center



Celebrating this recognition! Here's the Creative Entry:

Tribute to Our Charter Member / Recipes: 25 members, 18 hrs., \$42 In-kind

How do the 125th GFWC GA Anniversary Celebration Cookbook and the MCWC Women's History Resource Center Special Project intersect to support a charter and still current member of the Morrow Civic Junior's Club and later on the Morrow Civic Woman's Club? Let me explain the relationship between these two – a cookbook and a Plan of Work. Two recipes that were submitted for the 125th GFWC GA Anniversary Cookbook – Mandarin Orange Salad and Very Blueberry Pie – were found in our scrapbooks. Our charter member, Jane Young, had contributed them to the Fall 1978 "Culinary Keepsakes" booklet, which proceeds benefitted the Morrow William H. Reynolds Nature Preserve. When our club's Membership Meeting was planned, we decided to make and highlight Jane's dishes. But first, the WHRC Chair needed to make the recipes to be sure she could do a good job to honor Jane. The first round of prepared foods was taken to the facility where Jane resides. Her face lit up as she tasted HER dishes and memories flooded her mind. She was very happy! On the evening of the Membership meeting, Jane's salad and pie were served to all. The recipes were printed, framed, and set on the table along with photographs of Jane in 1962 and 2021. A copy of the Anniversary Cookbook was purchased earlier in the year and personal thanks were written in it to Jane from Deb Strahanoski GFWC President-elect, Shelby Holland GFWC GA State President, Pat Busby GFWC GA Central West District President, and Mary Harmon and Cookie Keene MCWC Co-Presidents. MCWC members also wrote messages to Jane in the cookbook, which was presented to Jane's daughter. This tribute illustrated and highlighted our federated sisterhood for all guests and members to see.

Domestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

Domestic Violence Project Shout Out:

March Project Outcomes	Volunteer Hrs.	# of donated Items	In-kind donation (Amount)
Assembling Haven House Kids Snacks	8 Hrs. Made 150+ Kids Snack Bags		

***Thank you for supporting our Domestic Violence project last month!!**

STAY TUNED FOR:

- Collecting Wish List items for GiGi's House
- Sewing book pillows for kids at the shelters.

COMMITTEES



Budget and Finance



Order from **SERRV** for your Gift Giving!!

Please continue to share the link <https://www.serrv.org/?a=MCWC> for **MCWC's Serrv International** fundraiser with your friends and family. If you will take the challenge and send the link to 12 more people, we can continue our momentum. SERRV International is a nonprofit, fair trade retailer that empowers marginalized global artisans to break the cycle of poverty through the sale of their handcrafts. The artisan partners prioritize investing in projects that create sustainable families and communities, including childcare and scholarships for children, health clinics, anti-trafficking programs, and environmental education programs. Your purchases help support the artists and their programs, as well as our club's outreach and service.

Order from Rada for Ease in Food Preparation!!



Peeling Paring
\$7.00
★★★★★ 146 reviews



Quick Edge Knife Sharpener
\$8.70
★★★★★ 584 reviews

Continue to place your orders and share the link for [MCWC Rada Sales](#). Visit Rada Knives at <https://radafundraising.com/?rfsn=4699925.3900a81> for the MCWC fundraiser.

Remember to report your purchases from Rada & SERRV to our treasurer to get credit toward your annual obligation.



Scholarship Committee



Just a few days remain to encourage eligible candidates to apply for the Andrea Lane Memorial Scholarship. The application is due May 1 and can be found on our club's website, www.mcwcga.org. During our June meeting, submitted applications will be discussed and recommendations for the \$1,000 financial award will be made.



Scrapbook and Website

As we engage in our work, remember to take pictures and email them to

Scrapbook -Karen Garcia garcia10218@bellsouth.net



Website- Kristy Coughlin coughline@bellsouth.net



The President and Head of Tallulah Falls School, Larry Peevy spoke at the state convention, and he emphasized the growth in the school, the Natatorium and its different uses, and the great number of scholarships to be awarded to their 2022 graduating seniors. He mentioned that there were several students over 10 accepted to the University of Georgia. Many students coming out of high school in Georgia schools have to transfer into UGA after their Freshman year. It was great to have him also verify that over 80% of the students attending the school receive some kind of scholarship. This was great news for me, because I would not have been able to afford to attend this school without a scholarship in this day and time

It was very rewarding to receive the Elaine Singley Chandler Memorial Scholarship Award. It is a beautiful Silver Tray. Many of us remember Elaine fondly and MCWC appreciates the award as a memorial for her.

Special Occasions

 Birthdays	 Anniversaries
05/01 Cathy White 05/29 Catherine Douds	05/15 Brenda and David Rayburn

Hostess(es) for February Meeting

Coordinator	Devotional	
Renee Goolsbee	Pam Ashman	

Next Newsletter Deadline: May 24, 2022



State website: gfwcgeorgia.org



National website: gfwc.org