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#### A Message from Our President

Dear Club Sisters,

Well, we certainly had a busy March. April is upon us, and it is sure to be even busier than March. Some of my activities this month included: Civic Engagement - Midwest Food Bank; Health and Wellness - recording fitness walk; volunteering for Good Shepherd Clinic; and, then the fun Chuck and I had attending our social at the Studio Café at Trillith Motion Picture Studio. It has been a great month!

Thanks to everyone that attended the Central West District Meeting. It was great to learn more about opportunities to serve and to accumulate the following awards and accolades for our good works. I know we would do it without the awards, but it is great to be recognized by our peers.

**Community Service Awards** 

**Arts and Culture Service Program** 

Second Place General 1-25 Members

#### **Civic Engagement and Outreach Service Program**

First Place 1-25 General Membership

#### **Best Overall Woman's /Junior Membership**

Best Overall General Membership (2 certificates one a citation and one SILVER)

#### **Education & Libraries Service Program**

First Place 1-25 General Membership

#### **Environment Community Service Program**

First Place 1-25 General Membership

#### **Health & Wellness Community Service Program**

First Place 1-25 General Membership

#### **Committees and Other Areas**

#### **Communications & Public Relations Service**

Best Overall General/Junior Communications & Public Relations

#### **Tallulah Falls School Service**

Tallulah Falls School Service Silver Award (2 certificates -one a citation and one SILVER)

#### **President's Special Project**

Community Service Guild/Elaine Chandler GFWC Georgia President's Special Project of Excellence

GFWC Georgia President's Project Award of Excellence Central West District (SILVER)

#### **Attendance**

For Highest Percentage Attendance 26-50 Membership Category

#### ALL OF THESE ARE CITATIONS UNLESS MARKED SILVER

I am excited to see you soon to meet and have fellowship that will strengthen us. As I plan for the meeting, I would like to encourage you to possibly remember to share the news of the previous month in the newsletter along with new information about your areas of work. You can use each monthly newsletter as a reference for your end of year reporting. I noticed that one sister placed her data (the numbers) from the meeting in the newsletter along with her wish list and other information. This gives us a valuable

reference to show those we approach to join our membership or give a donation. I too plan to gather the data to write a letter that shows how support our community and elsewhere.

Several of our ladies are concerned about the length of our evening meetings. As we put the bulk of our request and accomplishments in writing, we can make our reports in person shorter, and the business session will be shorter. I do want our meetings to be informative and productive and I do believe we can keep each <u>under</u> 2.5 hours. I will be trying to provide an agenda that will help with the order of the meeting, and it might help our new members learn more about the service programs and committees. My mother had a saying, "Don't beat a dead horse, so keep it short but sweet." If you can refer to the newsletter and give new information during the meeting, that would be great.

I do have a special request for those attending Convention (especially the Saturday business sessions and dinner). I need two pages for the dinner Saturday Night and two on-call volunteers to help give out door prizes. If you can assist with this, let me know please. I would like to take this time to thank everyone for their donations of door prizes, and especially Karen Garcia for her assistance in pulling it all together for me.

As you read the list of awards, you become more aware of our commitment to make a difference. As we look at the situation in our world today, my heart was encouraged to hear that Russia might entertain peace talks. Let us all remember that many of our brothers and sisters around the world need our prayers and should be encouraged to carry on. It is important for us to pray for guidance in setting our new goals that will offer assistance and support to others near and far.

"So we make it our goal to please him, whether we are at home in the body or away from it." 2 Corinthians 5:9 NIV

Thank you ladies for all you do, Heloise

### **COMMUNITY SERVICE PROGRAMS**

# Arts and Culture Community Service Program

The GFWC Arts and Culture Community Service Program encourages members to promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food, music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire clubwomen and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place. During 2022, Arts and Culture is committed to sharing our funds with M.E. Stillwell School of the Performing Arts, Nursing Home Gifts and decorating. We will also be donating to Art Projects for local schools. The CSP members and club members will also be making and donating Christmas decorations for the Festival of Trees event.

We will be having a Member's Art Show on the night of Bunco April 28th.

The committee will be judging a competition of Student's Artwork held at McGarrah Elementary School.

The members of the Arts & Culture Committee made 104 bunnies out of washcloths to be delivered to the seniors at Woodbury Nursing Home for Easter.

We will be making Mother's Day Cards before the meeting in May to be delivered to Seniors (on trays delivered to homes or Nursing Home)

Please don't forget to look for Christmas Cards for our Christmas placemats that we will be making.

The club will be donating Art Supplies to McGarrah Elementary, so if you could please start collecting them, we would appreciate it. We will be collecting them at our September meeting.

#### **Upcoming Arts & Craft Shows:**

April 1-10	Riverdale Fair	Riverdale, GA
April 9-10	Perry Dogwood Festival	Perry, GA
April 9- May 30	Georgia Renaissance Festival	Fairburn, GA
April 23-24	Clayton Art & Wine Festival	Clayton County
April 30	Madison Festival Garden & Craft Celebration	Madison, GA

# Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

#### **Civic Engagement and Outreach CSP Shout Outs:**

March Project Outcome	Volunteer hours.	# of donated Items	In-kind donation (Amount)	Money Donated (Amount)
First Baptist Church of Morrow Food Pantry	8	55	\$56.50	(Line and )
Gift Cards for Kentucky Tornado Survivors				\$155.00

#### \*Thank you for supporting our Civic Engagement and Outreach projects last month!!

Listed below are April needs/volunteers for our projects:

1.) Our CSP is asking each club member to help restock the First Baptist Church of Morrow's food pantry with the following items for April: Canned Tomatoes, Canned Beans, Canned Corn, Canned Peas, Canned Meat, and Knorr or Store Brand Pasta Sides (Don't need Mac-n-Cheese).

- 2.) Volunteer at Calvary Refuge Center by serving dinner on April 14<sup>th</sup>. Look for the sign-up sheet at the meeting.
- 3.) Pick up instructions/directions to make Pillowcase dresses for Little Dresses for Africa. There will be group sewing day on May 18th!

#### **STAY TUNED FOR:**

- Assembling/Delivering Thank You baskets to Morrow First Responders. (May)
- Collection of old worn-out American flags. (June)



## Education and Libraries Community Service Program

Bring Books! Education and Libraries has an on-going project to collect board books for babies, children's books, and large print books. These will be shared with organizations in the community. Don't forget your club sisters! If you have books that you enjoyed reading, bring them to share.

Another opportunity to donate to spread the love of reading:

Fayette County Friends of the Library accepts: books, audio books and music on CD, DVDs, vinyl records, VHS Board Games and Puzzles. They DO NOT accept: outdated textbooks (before 2000), medical books exercise or diet books, audio cassettes.

There is a drop box for small donations available 24/7. Twice a month, volunteers will receive larger donations at the back entrance of the main library in Fayetteville: 2<sup>nd</sup> Tuesday, 4-8 pm; 4<sup>th</sup> Saturday 10 am-2 pm. They have requested PLEASE do not leave materials outside the library.

If you have questions: <a href="mailto:friends@ffcpl.org">friends@ffcpl.org</a>, or contact Cookie Keene or Cathy White.



"Don't judge each day by the harvest you reap but by the seeds that you plant."
-Robert Louis Stevenson

The next couple of weeks some of us will find it necessary to remain indoors due to the pollen. While indoors, we encourage you to subscribe to environmentgeorgia.org for emails on actions to take for various environmental concerns.

It's time to repot your houseplants to gradually move them outside. Never place them in full sunshine; filtered shade is best.

"Flowering Annuals for Georgia Gardens" is a free booklet available at your local Extension Service office. Call 1-800-ASKUGA-1 to get local office phone numbers.

Hang garden chimes on a tree branch so the wind keeps them constantly tinkling.

When you're building garden beds, trellises, etc. never use pressure treated wood. The chemicals used in it can be very toxic to the soil, plants and to you. Instead try cedar, oak, or spruce. Having fewer chemicals in and around your home will help keep birds, pets, and your family healthy.

Remember to bring used ink cartridges and batteries to our meeting to be recycled.

The first Earth Day in 1970 focused on air and water pollution. The 2022 theme: "Invest in Our Planet."

This year on Earth Day, April 22, we invite you to think of practical ideas that you can recycle or reuse items around your home.

We are asking if you would please bring **plastic bottle tops** to our club meeting. We have a project that requires a lot of them.



**HEALTH AND WELLNESS** Community Service Program (CSP) encourages us to explore the various opportunities for awareness and advancement of nutrition, disease prevention, and physical and emotional care. Be your best healthy **YOU!** We encourage members to track their fitness plan hours, and activities monthly. Record entries on HW Activity Tracker sheet at club. Keep in mind the effects of healthy living, begins with exercising regularly and eating right, so let's get **MOVING!** 

Spring is in the air! Let's start Holy week by being good to the body God has given us. **MCWC Fitness walk**, meetup April 19th @11am, Clayton County International Beach Park, 2300 Hwy 138 E, Jonesboro, Ga. Group will assemble in recreation center parking lot. Afterwards, join us for lunch, Fig Tree Café, 126 S Main St, Jonesboro, Ga.

**Get free at home COVID-19 tests.** Every home in the U.S. is eligible to order 2 sets of 4 free at-home test. Learn more at COVIDtest.gov place order at **special.usps.com** 

Ronald McDonald House Charities of Central Georgia, GFWC Day of Service April 16<sup>th</sup>. RMH provides care and comfort for families of seriously ill, critically injured or medically fragile children being treated at area medical facilities. Donations will be delivered to RMH, April 16<sup>th</sup>, meetup @ 8:30am, 1<sup>st</sup> Baptist Church parking lot.

Red Cross Blood Donation. Be a Hero help save a life. Volunteer at local blood drive nearest you. Volunteers needed, City of Morrow Blood Drive, Wednesday @ 10am-4pm, April 20, 2022. <a href="https://www.redcrossblood.org">https://www.redcrossblood.org</a>

Thanks everyone your continued support of ongoing monetary gifts, calendars, and stuffed animals are greatly appreciated.

**Looking ahead**: Help support **Camp Twin Lakes** camp for children with chronic illness and/or disabilities. See **list** of much needed summer camp items. Additionally, participate in creating welcome to camp card campaign for camp attendees, during May meeting.

• 100% Cotton T-shirts for tie-dye - Adult and Youth sizes need a variety of sizes: New Board games — Family and teen games.

**Operation Smile** collect and donate blankets, quilts, and Afghans to comfort a child in a hospital after surgery.

May is Mental Health Awareness Month. Join us as we welcome, guest speaker, Dr. Christine Smith, Director of Counseling and Psychological Services, Clayton State University. She will educate and share resources about mental health. Additionally, we will learn how to help enhance the quality of life for the elderly and disabled.

# Special Project: Women's History Resource Center

Do you GFWC WHRC, the photograph shows an ex

Do you recognize this entryway? According to the GFWC WHRC, the photograph shows an exterior view of the Morrow <u>Junior</u> Woman's Club meeting place in Morrow, Georgia. An expanded view shows the entryway was a side door at a Clayton County Fire Station. Do any members recall meeting at this location?



These pictures are included in GFWC's Clubhouse Photograph Collection as part of the WHRC Online Catalog. How can members access these and other documents?

Well currently, the GFWC WHRC is closed while the GFWC Executive Committee and Board of Directors evaluate the pathway to reopening the WHRC. Yet, the WHRC Online Catalog can still be accessed. It holds a body of information and images related to GFWC's national history, including archival material, photographs, publications, art, and artifacts. You can search the Online Collections Database at <a href="https://gfwc.pastperfectonline.com/">https://gfwc.pastperfectonline.com/</a> Be sure to share the interesting information you find!

### NDomestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

### **Domestic Violence Project Shout Out:**

March Project Outcomes	Volunteer hours.	# of donated Items	In-kind donation (Amount)
Haven House Kids Snacks	7.5	41	\$44.50
Cleaning Supplies	9	30	\$127.99

\*Thank you for supporting our Domestic Violence projects last month!!

#### **STAY TUNED FOR:**

- Collecting Wish List items for GiGi's House
- Sewing book pillows for kids at the shelters.

### **COMMITTEES**



# **BUNCO NIGHT**

- 1. Bring ticket money to club meeting on Thursday, April 7<sup>th</sup>.
- 2. Set up for BUNCO night Wednesday, April 27<sup>th</sup> from 1:00 pm to 2:00.
- 3. Bring card tables and tablecloths on Wednesday. Please make sure your name is on your card table.
- 4. Bring one wrapped prize for the BUNCO winners.
- 5. Have food for BUNCO night at the church on the 28<sup>tth</sup> by 5:00. Please bring your own serving dishes and serving pieces. This will save us on clean up time at the

- church. We would like to have the food ready by 6:00 and hope to be finished by 8:30.
- 6. Thank you in advance for all of your help!!! It takes all of our club members to be able to have a successful club as well as a successful fund raiser.
- 7. On Thursday, after we finish our BUNCO night, please take home your tables and food items.

## Membership

We are excited about the upcoming Bunco game night. This is an important fundraising event but is also a way share information about our club with our guests.

It is wonderful to see women interested in contributing to their communities in new ways especially after covid sidelined our efforts, to some extent, over the last two years. We welcome Ernesteene Knowles back after a hiatus and we welcome our newest member, Cindy Peterson. Tosha Morell attended the March meeting and wishes to join our civic club. We will have an orientation for her prior to the April meeting and she will be eligible for membership next month.

Continue to look for ways that we can partner with our communities. We want to continue to make our club visible in our communities as we put forth our time and efforts into making a difference.



The Andrea Lane Memorial Scholarship has been shared with eligible students and applications are currently being received. With only one month remaining before the due date of May 1, 2022, the committee needs your help in spreading the word. Now through the end of April, be on the lookout for possible Clayton State University applicants and tell them the criteria and application are posted on our club website, www.mcwcga.org.



# Scrapbook and Website

As we engage in our work, remember to take pictures, and email them to

Scrapbook - Karen Garcia garcia 10218@bellsouth.net

Website- Kristy Coughlin coughline@bellsouth.net

Please label and/or identify the pictures.





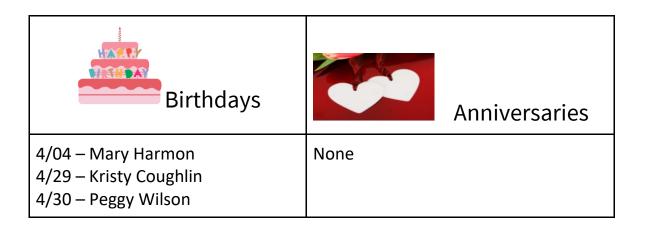
Tallulah Falls has started its end of the year festivities. Congratulations to the 2022 TFS Prom King and Queen — Joel Miller and Evette Corwin! Shown with the newly minted royalty are TFS President and Head of School Larry A. Peevy and Board Chair Gail Cantrell.

Soon the students at TFS will be studying for final exams. Our plan of work calls for us to give them a

snack for this time of the year. Please make plans to bring crackers, chips, fruit cups or fruit snacks to help us provide goodies during this stressful time.

Also, thanks to you for your assistance during 2021 in helping us earn our First Place and Silver Award by participating in our TFS projects.

### **Special Occasions**



### Hostess(es) for February Meeting

Coordinator	Devotional	
Karen Garcia	Cathy White	

Next Newsletter Deadline: May 24, 2022

State website: <u>gfwcgeorgia.org</u>

National website: gfwc.org