

Newsletter March 2022







www.mcwcga.org



A Message from Our President

Dear Club Sisters,

Well, we made it to the March Newsletter. I hope this letter finds you well and working hard on our plans of work. The months are already flying by. This week I enjoyed our social at Magnolia House. I then visited the blood drive to provide some pamphlets for Vickie Jennings to give to ladies giving blood. Saturday, I also worked alongside Joy Lanier and Vickie Jennings to clean Main Street Jonesboro with the help from several Girl Scouts and other volunteers. Once again, we provided our materials and invited ladies to come and visit us.

Also, we are preparing to be a host for the Georgia GFWC Central West District on Saturday March 12th and will host a dinner for the GFWC State Convention on the weekend of April 22-24. For the District meeting, we have plans to provide a <u>Pamper Me Opportunity Basket</u> with a massager and products that will pamper our body and soothe our many senses. We will also provide monies and door prizes for the state convention. At this time, we are asking for the following donations to accomplish our goals.

- 1. We are asking everyone to bring <u>2</u> dollars to help with the massager and supplies for the Pamper Me Basket. Your own donation of products will be accepted as well.
- 2. We are asking anyone who can to provide a door prize of something special that you would like. It would be nice if you can bring it to the March meeting. Peggy Wilson and I have several already, but we would welcome your donations.

At our meeting, March 3rd, we will enjoy music provided by Stilwell School of the Arts and their teacher, Joel Perkins. Thank you in advance for embracing these students and chaperones.

As you can see, we have many opportunities ahead of us. As I sign off, I leave you with an Irish prayer to usher you into March.

May love and laughter light your days, and warm your heart and home.

May good and faithful friends be yours, wherever you may roam.

May peace and plenty bless your world with joy that long endures.

May all life's passing seasons bring the best to you and yours!

Yours truly, Heloise

COMMUNITY SERVICE PROGRAMS



The GFWC Arts and Culture Community Service Program encourages members to promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food, music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire clubwomen and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place.

During 2022, Arts and Culture is committed to sharing our funds with M.E. Stillwell School of the Performing Arts, Nursing Home Gifts and decorating. We will also be donating to Art Projects for local schools. The CSP members and club members will also be making and donating Christmas decorations for the Festival of Trees event.

In addition we will be having a Member Art Show at Bunco. A competition for Artwork, Poetry and Writing will be held for students at McGarrah Elementary School. Our March meeting will include students from Stillwell School of Performing Arts Orchestra.

Thank you to everyone that helped make the beautiful Valentine's Day cards at our meeting. We took over 102 cards to Southland Nursing Home in Peachtree City.

<u>Please don't forget to look for Christmas Cards for our Christmas place-mats that we</u> will be making.

The club will be donating Art Supplies to McGarrah Elementary, so if you could please start collecting them, we would appreciate it. We will be collecting them at our September meeting.

Upcoming Arts & Festival Events

March 12th & 13th April 9th & 10th

Forsythia Festival - Forsyth GA Perry Dogwood Festival - Perry GA

March 26th & 27th April 23rd & 24th

Mulberry Street Arts & Crafts Clayton Art & Wine Festival - Clayton

Festival- Macon GA County

The Arts and Culture committee will be having a fundraiser at the March meeting. We will be selling tickets for \$2.00 each or 3 for \$5.00 and you can win a basket of relaxing items or a St. Patrick's Day Wreath!



Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

Civic Engagement and Outreach CSP Shout Outs:

February Project	Volunteer	# of donated	In-kind donation
Outcomes	hours.	Items	(Amount)
Kitchen Shower for	16	75	\$296.75
Habitat for			
Humanity			
First Baptist	12	130	\$228.75
Church of Morrow			
Food Pantry			

*Thank you for supporting our Civic Engagement and Outreach projects last month!!

Listed below are our March needs for our monthly ongoing project:

1.) Our CSP is asking each club member to help restock the First Baptist Church of Morrow's food pantry with the following items for March: Canned Soups and Canned Peas.



STAY TUNED FOR:

- Kick Off for Little Dresses for Africa
- Preparing food and/or volunteering at Calvary Refuge Center
- Assembling/Delivering Thank You baskets to First Responders

IT TAKES A VILLAGE: The AT&T Pioneers will be volunteering at the Midwest Food Bank in Peachtree City on March 21 from 1-3 PM. If you are interested in joining them, please contact Renee Goolsbee as all volunteers must sign waivers.



Education and Libraries Community Service Program

Bring Books!

Read Across America is observed each year in March, to commemorate the birthday of well-loved children's author, Dr. Seuss, and to encourage the value of reading. MCWC will not be reading in schools this year but will support reading and access to books for readers of all ages.

At the March meeting, and throughout the year, Education and Libraries CSP will be collecting new baby board books, gently used books for younger children and teens, and large print books for older readers. These will be donated to the Pregnancy Care Center, a neighborhood lending library in a Jonesboro apartment complex, and The Palms, a senior adult community. Also, please bring books for the club member book swap. Extra books will be donated to the Fayette County Friends of the Library.

In recognition of February as Library Lover's Month, Cathy White delivered donuts to the staff at Morrow Library as a gesture of appreciation for their work, and the importance of libraries in our communities.



The GFWC Environment Community Service Program encourages us to become stewards of the earth. Remember - even the smallest acts make big differences, like recycling, picking up litter while you walk, reading and researching environmental issues and planning or working in your garden or yard. It is very important to keep a record of the time you spend!

The Great Backyard Bird Count is over and hopefully you enjoyed viewing our feathered friends. Please let Catherine Douds know if you participated.

MCWC presented a \$75.00 donation to Wells for Hope for South Sudan during the I Thirst Event in partnership with St. Philip Benizi. A big thank you to Mary and Lois for the dedication to this worthwhile project!

SEASONAL REMINDERS:

- Prune Holly Shrubs: Now is the time to prune giant holly shrubs back to a manageable size. Do not be shy you can cut them to eighteen inches tall and they will come back!
- Camellia Cleanup: Remove spent camellia blooms from the bush and from the ground. You will prevent camellia petal blight.
- Prune Roses: Last chance to prune bush roses to approximately one half their present size.

REMINDERS:

- Remember to bring ink cartridges or batteries to be recycled to each meeting.
- Continue to save your used towels to be donated to the Clayton Human Society.



HEALTH AND WELLNESS Community Service Program (CSP) is designed to explore the various opportunities for awareness and advancement of nutrition, disease prevention, and physical and emotional care.

- Walk your way to Fitness and Health. Come join MCWC Fitness walk, meetup March 24, at 10am, Milton Daniel Park, Morrow City Hall parking lot. Wear a hat, comfortable shoes. Bottled water will be provided.
- · Support ongoing donations of calendars and stuffed animals.
- COVID-19 Testing is available to all Georgians who request it. Learn more about CDC New Mask Guidance for People Fully Vaccinated. www.dph.georgia

• Be your best YOU learn more about making wise food choices at Health.gov (Food and Nutrition), and Nutrition.gov

Plan ahead:

Ronald McDonald House Charities of Central Georgia, GFWC Day of Service April 16th

RMH provides care and comfort for families of seriously ill, critically injured or medically fragile children being treated at area medical facilities. The new expansion is COMPLETE! Visit our Amazon Wish List at https://amzn.to/20P51f9 and become a House-warmer for our Families!

Essential donated item list:

Small Trash Bags Kitchen Garbage Bags - 4 Gallon Clear Trash Bags Strong Wastebasket Liners for Bathroom, Kitchen, Office 15 Liter Trash Can Liners - 150 Counts

600 Pack Plastic Gloves - Best Value Cooking Gloves Disposable Food Safe. Bulk Food Safe Gloves - Transparent Food Grade Gloves & Gloves for Cooking. One Size Fits All.

Reli. 33 Gallon Trash Bags Heavy Duty (250 Count Bulk), Made in USA | Black Garbage Bags 30 Gallon - 32 Gallon - 35 Gallon, Bulk Trash Bag Can Liners

Reynolds Kitchens Slow Cooker Liners, Regular (Fits 3-8 Quarts), 4 Count (Pack of 12), 48 Total

We encourage members to support on-going Pull Tab Program donate the pull tabs from aluminum cans and turn them in for recycling. Volunteer to help deliver pull tabs and donations to RMH, Macon, GA on April 16, 2022, at 10 am. Meetup, 1st Baptist Church parking lot, 8:30am.

A & B/SanJab Recycling - Macon 5607 Hawkinsville Rd. 478.788.9280

Special Project: Women's History Resource Center

If any club members are traveling to the DC area early in March, plan to attend the GFWC's Annual Women's History Month event. It will take place from 2:00-4:00 pm on **Wednesday**, **March 9** at GFWC Headquarters, which is located at 1734 N St. NW, Washington, DC. Exciting, right? You can sign up for this event through the <u>GFWC Member Portal</u> until **Monday**, **March 7**. As federated women gather to commemorate the contributions of women to events in history and contemporary society, they also prepare to celebrate 100 years of ownership of GFWC Headquarters. This year's GFWC event will feature Stephen A. Hansen, who is an architectural historian, historic preservation specialist, and author. Details can be found at https://www.gfwc.org/important-dates/womens-history-month-event/

How will MCWC celebrate Women's History Month? At the March meeting, a display highlighting the 60 years of our organization's outreach and service will be viewed by club members. Additionally, students from the Martha Ellen Stilwell School of the Arts and members of the First Baptist Church of Morrow will visit the display.

Nomestic Violence

Our club will be supporting again this year Haven House (Henry County) and Gigi's House (Clayton County), plus Promise Place (Fayette County). We are looking forward to providing in-kind and monetary donations to assist the residents.

Domestic Violence Project Shout Out:

February Project	Volunteer	# of	In-kind donation
Outcomes	hours.	donated	(Amount)
		Items	

Promise Place Food	8	80	\$131.00
Pantry			

*Thank you for supporting our Domestic Violence project last month!!

Listed below are our March projects:

- 1.) The committee is asking club members to bring cleaning supplies such as Dish soap, Toilet bowl cleaner, Sponges, Pine Sol, Lysol Spray, Sanitizing wipes, Comet, Laundry Soap, Tall Kitchen Trash Bags, Toilet Bowl Brushes, and Toilet Paper, to help fill "Welcome Home Baskets" for Haven House residents moving out of the shelter into transitional housing.
- 2.) The committee is asking club members to bring individual pre-packaged snack sized packages of: Chips, Pretzels, Little Debbie Oatmeal Cakes, Gummy Fruit Snacks, and/or Raisins. The committee will be putting snack bags together for the children during the month to deliver to Haven House.



STAY TUNED FOR:

- Creating/Sewing book pillows for kids at the shelters.
- Getting the facts on domestic violence.

COMMITTEES





Budget and Finance

- 1. Bring ticket money to club meeting on Thursday, April 7th.
- 2. Set up for BUNCO night Wednesday, April 27th from 1:00 pm to 2:00.

- 3. Bring card tables and tablecloths on Wednesday. Please make sure your name is on your card table.
- 4. Bring one wrapped prize for the BUNCO winners.
- 5. Have food for BUNCO night at the church on the 28^{tth} by 5:00. Please bring your own serving dishes and serving pieces. This will save us on clean up time at the church. We would like to have the food ready by 6:00 and hope to be finished by 8:30.
- 6. Thank you in advance for all of your help!!! It takes all of our club members to be able to have a successful club as well as a successful fund raiser.
- 7. On Thursday, after we finish our BUNCO night, please take home your tables and food items.

CLAYTON STATE Scholarship Committee

The Scholarship Committee is working with Clayton State University on posting the Andrea Lane Memorial Scholarship opportunity and sharing it with qualified candidates. On February 9, Dr. Alex Hall, Professor of Philosophy and Director of the Honors Program wrote, "On behalf of Clayton State, I would like to thank the Morrow Civic Woman's Club for your long-standing and generous commitment to the University. I will get this (application) out to the Honors students right away and likewise reach out to our scholarship coordinator."

The committee needs your help too in spreading the word. Now through the end of April, be on the lookout for possible Clayton State University applicants and tell them the criteria and application are posted on our club website, www.mcwcga.org The completed forms are due May 1, 2022.

Recording Secretary

I want to thank all of you who gave me copies of your announcements and reports at the last meeting--I need all the help I can get! Please continue to give me written copies of you reports. Thank you, Cathy



Scrapbook and Website

As we engage in our work, remember to take pictures and email them to

Scrapbook - Karen Garcia garcia 10218@bellsouth.net

Website- Kristy Coughlin coughline@bellsouth.net



Tallulah Falls School

It is very different to go to a school like TFS. Being a student there provides you with unique opportunities. We as club members are lucky to be a part of this school and



the mission it has as the "Light in the Mountains". This month there were many pictures of field trips on the TFS Facebook page. Here is one entry found there.

During a first-ever field trip to Atlanta's Illumniarium, seventh-graders came face-to-face with the world's most exotic animals through the magic of technology. According to the website, "Illuminarium activates all your senses and places you into the world unfolding around you. The first show, WILD, was brought to life through 4K laser projection, 3D audio, in-floor vibration, and even scent."

Special Occasions

Social Outing - Thursday, March 17 at 11:30- St. Patrick's Day luncheon at Hannah's Brothers Café in Peachtree City. \$12.99 per person for buffet. Sign-up at March meeting.

Birthdays	Anniversaries	
03/28- Renee Goolsbee	03/07- Catherine and Steven Douds 03/30- Renee and John Goolsbee	

Hostess(es) for February Meeting

Coordinator	Devotional	
Joy Lanier	Kristy Coughlin	

Next Newsletter Deadline: March 31, 2022

State website: <u>gfwcgeorgia.org</u>

National website: gfwc.org