

SEPTEMBER 2021



GFWC GA MORROW CIVIC WOMAN'S CLUB NEWSLETTER

Check us out at https://mcwcga.org/



A MESSAGE FROM OUR CO-PRESIDENTS

Over August 20-22 at Unicoi State Park in Helen, six club members attended the 2021 Georgia Institute and two participated in Leadership training. They included Peggy Wilson, Joy Lanier, Heloise Wilson (Leadership), Renee Goolsbee, Pam Ashman (Leadership), and Cookie Keene. Information from the Community Service Programs and Reporting was shared through large group sessions and smaller breakout groups. During a difficult and challenging year, the Georgia Federation of Women's Clubs did amazing amounts of community service. Never doubt the creative ability of determined women. Institute is one of the annual events that all club members are encouraged to attend. It is possible to attend all or parts of the scheduled events. Next summer when the announcement is made for 2022, give some thought to going to Institute and/or Leadership Institute (LEADS).

Mark your calendars for three events: (1) Central West District Fall meeting, Saturday, September 11, Methodist Home, Macon. The registration fee of \$25 includes lunch. Please send your registration fee by September 6 to Angelia Wright, the District Treasurer, at 204 River Forest Drive, Forsyth, GA 31029.

- (2) 2022 GFWC GA State Convention, April 21-24, Hilton Peachtree City Hotel and Conference Center. A great opportunity to attend a state convention at such a convenient location. More information to come. Note: The Central West District is planning this convention.
- (3) As we are entering the last quarter of the year, it's a good time for all community service programs and special projects to review, organize, and collect activity information, project data, and statistical information for the 2021 Club year. Most of the activities will be completed by November.

The 2021 reports are due January 25, 2022. To review the forms and instructions visit the GFWC GA website: www.gfwcgeorgia.org. At the top of the page under Resources tab, scroll down to reporting forms. If you have any questions or need assistance in accessing the information, give one of us a call.

We hope you and all those in your family are well and safe. See you on September 2 at the First Baptist Church of Morrow.

Cookie and Mary

OUR COMMUNITY SERVICE PROGRAMS



Arts and Culture Community Service Program

The GFWC Arts and Culture Community Service Program encourages members to

promote and support art and cultural programs in their clubs and communities, and to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food, music, and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire clubwomen and ignite within them a desire to make the world a more beautiful, thoughtful, and caring place.

We are proud to report that the Martha Ellen Stilwell School of the Arts (MESSA) has been named a 2021 Advanced Placement (AP) Honor School by the Georgia Department of Education. MESSA is awarded for being an AP Access and Support School, AP Challenge School, and AP Humanities. Congratulations to their students and teachers for commitmenting to excellence.

Thank you to everyone who helped us finish the Christmas decorations for the 2021 Festival of Trees. This event will now benefit the fight against Domestic Violence and Human Trafficking. The Arts and Culture CSP will report the hours spent assembling the Christmas pins, while the monetary donation will be reported by Domestic Violence.

Please send your volunteering hours and participation in the arts anytime during the year to wils4929@bellsouth.net. Sign-up sheets will be available at club meetings

Please enjoy the Arts and Culture Web Links at the end of the Newsletter!



Civic Engagement and Outreach Community Service Program

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. This Community Service Program highlights and encourages citizenship; crime prevention, safety, and disaster preparedness; the needy, hungry, and homeless; and our military personnel and veterans.

Heifer International

A big thank you to those members who donated money to our Heifer International project. We collected over \$300. Along with club funds, we will be able to purchase a cow!

Operation Christmas Child

It's that time of the year to start purchasing items for your Operation Christmas Child shoeboxes. You will need to buy your plastic shoeboxes. Please bring your completed boxes along with \$9 per shoebox

to the <u>November</u> meeting. The \$9 mailing fee may be cash, or a check made out MCWC. Below are suggested items for a boy or girl according to age groups.













Education and Libraries Community Service Program

We aim to help others, while we also continue to learn. Projects in the Education and Libraries Community Service Program are designed to foster schools, as well as other educational institutions and opportunities. These projects promote libraries, literacy, and the love of a good book. Through these efforts, we encourage the growth of individuals and communities at home and around the world.

Remember to bring gently used books to swap. The books we do not swap will be sold at the Market Place fundraiser on October 9. If you have books specifically for the Market Place, please bring them to the October meeting.



The GFWC Environment Community Service Program encourages us to become stewards of the earth by working to preserve the world's resources, protect wildlife and domesticated animals, live sustainably, and beautify our communities and enjoy nature. Environmental degradation is cumulative, and many scientists warn that we are at a tipping point. There is no time like the present to act.

To say it was a beautiful day would not begin to explain it. It was that day when the end of summer intersects perfectly with the start of fall. – Ann Patchett

Do you have areas that have mold, mildew, and moss? They can be damaging to property and, more importantly, they can be unsafe. All three thrive in damp, shady areas. Now is a good time to prune trees to permit more direct sunlight. Also adjust sprinklers so hardscaping isn't sprayed. If you have slippery areas outside on cement or hardwood now is the time to have them pressure washed as an alternative to spraying with chemicals. Prevent the risk of falling and safely enjoy your outdoor space!

Are mulches made from ground-up tires safe to put on my garden beds? Companies assert that the shredded tire material is an environmentally friendly solution to a major waste-disposal problem. But scientific literature makes abundantly clear that rubber should not be used as a landscape amendment or mulch. Toxic substances leach from rubber as it degrades, contaminating soil, plants, and waterways.

If you have plantings in outdoor clay pots remember they dry out quickly. Poke holes in the soil with a pencil so water can saturate all the soil!

A personal note from Catherine Douds: "I was amazed this summer by how many insects frequented my bird bath! It is minimum effort to have such enjoyment from my kitchen window. The birds and bugs loved it! It doesn't take much to help our environment and we get back so much more."

While you are saving the planet remember to keep a record of your time and money spent:

- Recycling
- Picking up litter while you walk
- Reading or researching environmental issues
- Planning or working in your garden or yard



Ovarian

Health and Wellness Community Service Program

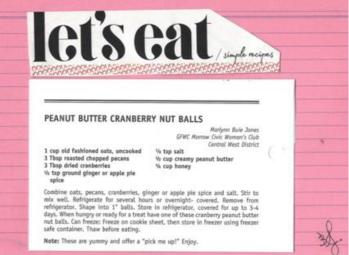
The human body, mind, and spirit comprise our health and wellness. To improve our well-being, we must address three key components: nutrition, disease prevention, and physical and emotional care. This Community Service Program aims to explore the various opportunities for awareness and advancement of each of these vital areas.

Ovarian Cancer Awareness Month - Cancer starts when cells in the body begin to grow out of control. Cells in nearly any part of the body can become cancer and can spread. You might ask, What Is Cancer? Ovarian cancers were previously believed to begin only in the ovaries, but recent evidence suggests that many ovarian cancers may start in the cells in the far (distal) end of the fallopian tubes.

- Click link below to learn more about OC Causes, Risk Factors and Prevention https://www.cancer.org/content/dam/CRC/PDF/Public/8774.00.pdf
- To help raise awareness and promote the cause, wear *teal* to upcoming meeting

Nutrition and Healthy Lifestyles - Here are two delicious healthy recipes from MCWC members who make healthy eating FUN! They were taken from the GFWC Georgia 125th Anniversary Celebration, A Collection of Recipes.





Disease Prevention

- Provide club members a Vial of Life container with instructional form to record Emergency Medical Information, Morrow Fire/EMS in Partnership with AMERIGROUP.
- Safe disposal of unwanted or expired prescriptions and websites of local medication disposal boxes, learn more click on links below.

Disposal of RX Drugs https://law.georgia.gov/key-issues/opioid-abuse/6-disposal-rx-drugs.

CVS locations, visit https://safe.pharmacy/drug-disposal/.

WALGREENS locations, visit

https://www.walgreens.com/topic/pharmacy/safe-medication-disposal.jsp

 COVID-19 Testing is available to all Georgians who request it. Learn more about CDC New Mask Guidance for People Fully Vaccinated. <u>www.dph.georgia</u>

ON-GOING COLLECTIONS:

- Soda can pop tops for Ronald McDonald House
- Calendars for Good Shepherd Clinic
- Stuffed animals for Red Cross



When GFWC GA called for recipes for the 125th Anniversary Cookbook, two archived recipes from club documents were submitted. Jane Young, a charter and longest standing club member, had contributed two of her special dishes to a Morrow Junior Woman's Club 1978 Culinary Keepsake Cookbook. At our August meeting, members enjoyed Jane's Mandarin Orange Salad and Very Blueberry Pie. Both were delicious!

A copy of the Anniversary Cookbook will be presented to Jane's family celebrating our founding member. It has personal messages from Deb Strahanoski, GFWC President-elect, Shelby Holland, GFWC GA President, Pat Busby, GFWC GA Central West District President, Mary Harmon and Cookie Keene, GFWC GA MCWC Co-Presidents, and MCWC Club Members!





Jane in 1962 and 2021!



DOMESTIC VIOLENCE

Members can view the Gigi's House website at www.gigishouseatl.org, and donate aid for girls ages 13-19 who are victims of sex trafficking. Please note that Gigi's House is currently NOT taking gently used clothing or home décor.

COMMITTEES



Budget and Finance

The MCWC Fall Arts and Crafts Marketplace will be here before we know it. We have a number of interested vendors and things are beginning to come together to make this fundraiser a success. Please make sure that Saturday, October 9 is on your calendar. Obviously, we are watching the COVID data carefully as this date approaches to ensure we can sponsor the fundraiser safely.

Please continue to share the link https://www.serrv.org/?a=MCWC for MCWC's Serrv International fundraiser with your friends and family. If you will take the challenge and send the link to 12 more people, we can continue our momentum. SERRV International is a nonprofit, fair trade retailer that empowers marginalized global artisans to break the cycle of poverty through the sale of their handcrafts. The artisan partners prioritize investing in projects that create sustainable families and communities, including childcare and scholarships for children, health clinics, anti-trafficking programs, and environmental education programs. Your purchases help support the artists and their programs.

Likewise continue to place your orders and share the link for MCWC Rada Sales. Visit Rada Knives at https://radafundraising.com/?rfsn=4699925.3900a81 for the MCWC fundraiser.



Membership

It is an important time for Membership during the remainder of the year. We will be gathering the advice of our membership in how we continue to promote our club and add to our membership. Each member will be given a survey in October to solicit your ideas for the Membership committee. It will be given to you by paper and electronically for your convenience. You can return it electronically or bring your suggestions to the November meeting. Each member returning their survey will receive a ticket for our raffle that month. All the surveys will be compiled and reported on in an email before the first of the year.

There will be raffles for being present the rest of the year and our elections for our Club Women of the Year will be in November. The certificates and gifts for our special women will be given in December at our Christmas Party. The Recognition for the Years of Service will be given at the end of the year as well.

Now, as we begin to end our year, let us all realize we are a great club with much to offer women in our community. Let's go out and find some amazing women to add to our membership!



Tammar Green, the 2021 Andrea Lane Memorial Scholarship recipient, joined club members during the August meeting. She shared her background and educational goals. Ms. Green thanked MCWC GA for the financial support and commended the work done by our organization.



Scrapbook and Website

Just a reminder to capture MCWC's moments of service and fun in a photo and send to Marlynn Jones and Kristy Coughlin for inclusion in the scrapbook and on our website. We can enjoy and appreciate these moments now and in the years to come. It is our HISTORY!

Text pictures or information to:

Scrapbook: Marlynn Jones: 770-713-5143; mjones1694@hotmail.com

Webpage: Kristy Coughlin: 770-527-6087; coughline@bellsouth.net



Tallulah Falls School (TFS)

It is amazing to observe the creative ways teachers implement programs that engage children in activities to teach healthy competition, collaboration, and community. Tallulah Falls Middle School teachers do a wonderful job with a program copied from a very famous imaginary school.

New middle school students at Tallulah Falls School celebrated membership in one of four themed houses on Aug. 11-12 – the Grey Wolves, Black Ravens, Green Hornets and White Owls comprise the four houses.

Similar to the process described in the literature series featuring a boy wizard, sorting involves students taking turns retrieving a name from the depths of an upside-down whimsical hat.

Each of the four grades held a separate gathering to determine membership for the 73 new middle school students.

The house system was developed to promote connections among students in all grades, as well as leadership opportunities. The houses provide the forum to engage students involved in community, collaboration, and competition.



The funds we collected in August will help add to the amphitheater pictured here (during the housing selection).

HAPPY SEPTEMBER!

SPECIAL OCCASIONS

Happy September Birthday!



Happy September Anniversary!



9/18 – Denise McCulley Martin 9/27 – Pam Ashman No September Anniversaries

HOSTESSES FOR SEPTEMBER MEETING

Coordinator	Devotional	
Linda Harrelson	Brenda Rayburn	Lorelei Bonner

NEXT NEWSLETTER DEADLINE: SEPTEMBER 27, 2021



State website: https://gfwcgeorgia.org/



National website: https://gfwc.org/

ARTS AND CULTURE FOR YOUR ENJOYMENT

Events and programs that enrich you in Arts and Culture

Here are some links you might enjoy!

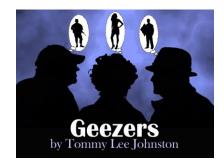
Spivey Hall

(678) 466-4200

Jeremy Denk, piano

"A pianist you want to hear no matter what he performs" (The New York Times) SUNDAY, SEP 26, 2021, 3:00PM \$60

Southside Theatre Guild



October 7, 2021 8:00 PM October 10, 2021 2:30 PM October 8, 2021 8:00 PM October October 14, 2021 8:00 PM October 16, 2021 8:00 PM October 17, 2021 2:30 PM

October 9, 2021 8:00 PM October 15, 2021 8:00 PM

Drama/Comedy. Geezers introduces us to some beautiful and wonderful old people who are enjoying their golden years in a retirement home. Jack, a pathologically shy, 27-year-old man, begins a job there helping the seniors with their daily needs. But it's the "Geezers" who windup helping Jack with his needs. On his road to an epiphany, Jack learns from the old folk that he must break out of his comfort zone to achieve anything in life. Jack learns to crawl---then walk, then fly---with a wise group of mentors guiding him along. A funny, heartwarming drama about growth and wisdom, learning and loving, life and death. **This content is not advisable for children!**

Please note that messages directed to this e-mail address can only be checked and returned by Box Office workers during periods when the Box Office is open. For more information on dates when Box Office is open, visit the reservations page @ http://www.stgplays.com

E-mail: boxoffice@stgplays.com Phone: 770-969-0956

Clayton County Parks and Recreational



http://www.claytonparks.com/

Front Porch Players



http://thefrontporchplayers.com/coming-attractions/

Legacy Theatre

To go to this line up visit: http://www.thelegacytheatre.org 404-895-1473

Kelli Sings Dolly

https://legacytheater.com/show/kelli-sings-dolly/

OCTOBER 8-24 // 2021

Henry Players

Temperature screenings will be conducted at the door. Masks for patrons are required until you arrive at your seat. We have reduced capacity in the theater and are providing patrons socially distanced seating. A question has been added to our reservation system for patrons to request to sit together and we will do our best to accommodate. Concessions are available and will be brought to you safely at your seat. Thank you for your support!

Doors open 45 min before showtime. Please be prompt. Empty Seats will be filled 10 minutes before showtime. If this occurs with your ticket, we can issue you a ticket for a future show date if seats are available.

The Show Must Go On Fund



Adriana Beckner is organizing this fundraiser on behalf of Henry Players.

We also currently have a Go Fund Me to help keep our doors open this season:
The Show Must Go On Fund, organized by Adriana Beckner
Our box office phone number is 770.892.9906

All Showtime are Thurs, Friday & Sat @ 7:30; Sunday @ 2:30; **doors open 45 minutes prior to show**



They allow you to watch some productions from home.

https://www.horizontheatre.com/horizon-at-home/

The Box Office is open Tuesday-Saturday from 12-5 PM. Call 404.584.7450 to speak with a box office attendant.