



JUNE 2020



GFWC GA MORROW CIVIC WOMAN'S CLUB NEWSLETTER

Check us out at <https://mcwcga.org/>



A MESSAGE FROM OUR CO-PRESIDENTS

Dear Club Sisters,

It seems like years ago that we had our installation of officers, and then later that day outlined plans of work and presented them to the membership at the February meeting. Our Fashion Show committee did a fantastic job of guiding us through the planning process and we hit the ground running with the new year before us. We set out with an abundance of positive energy and focus, and then, well, it came to a screeching halt.

While our lives slowed down, we had time to explore different ways to carry on with our new limited day to day activities. Suddenly, we had a lot of time on our hands. We are hopeful that all of you have made it through this pandemic as best you could, and we are looking forward for the opportunity to share our experiences and to just being together.

See you soon as we ZOOM into JUNE on 6/4.

Mary and Cookie

COMMUNITY SERVICE PROGRAMS



ARTS

The Arts Community Service Program is proud to promote Stillwell High School, Spivey Hall, and the Front Porch Players. In addition to these sponsorships, we suggest and encourage those who can, to donate to an arts venue of your choice. Just imagine where we would be without the arts and the part they play in enriching our lives.

Please enjoy the Art Web Links at the end of the Newsletter!



CONSERVATION

Remember to keep a record of the time you spend:

- Recycling
- Picking up trash while you walk (use gloves and trash pick-up stick)
- Reading about or researching environmental issues
- Working in your garden or yard

Even though Stately Oaks is closed, Denise Martin and Amy Simpkins will be meeting to tidy up and put down pine straw at the entrance to Stately Oaks in Jonesboro. If you are interested in helping (wearing a mask and social distancing), contact Denise.

Conservation made a \$50 donation to Trees of Atlanta for the Urban Food Forest at Browns Mill.

Conservation purchased reusable product gifts for our monthly club drawings. Amy and Denise have decided to draw names for the gifts and drop them off at the winner's houses. Names of winners will be posted in the next newsletter.



EDUCATION

Have you used this time to catch up on all those things we do not normally have time to do? Please consider the following:

1. Sales will begin in June and July for school supplies. When you shop, look for bargains on spiral notebooks, pencils, erasers, glue or glue sticks, notebook paper, pens, etc. Also, if you see bottles of hand sanitizer, consider purchasing a classroom size container.
 2. Continue to collect books for the book swap and donation to Friends of the Library.
 3. Take care and remember our God is in control and that He gave us all a brain to determine what activities we should participate in during this COVID-19 virus.
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HOME LIFE



With temperatures rising daily, June is recognized as the month to promote sun safety awareness and skin cancer prevention. Visit the American Cancer Society website at www.cancer.org and explore the section devoted to sun safety, sunblock selection, and skin protection. It includes some of the following reminders about protecting ourselves from exposure to ultraviolet (UV) rays, thus reducing our risk for skin cancer. Also check SPF info.

- **Seek shade:** Avoid being in direct sunlight too long, especially when UV light is the strongest. If your shadow is shorter than you are, the sun's rays are the strongest.
- **Protect your skin with clothing:** When you are out in the sun, long-sleeved shirts, long pants, and long skirts cover the most skin and are the most protective.
- **Use sunscreen:** Consider sunscreen as an important part of your skin cancer protection plan, especially if staying in the shade and wearing protective clothing are not available as your first options. Remember sunscreen is just a filter; it does not block all UV rays.
- **Read the labels when choosing a sunscreen:** Sunscreens with broad spectrum protection and with sun protection factor (SPF) values of 30 or higher are recommended. Higher numbers do mean more protection, but the higher you go, the smaller the difference becomes. SPF 15 sunscreens filter out about 93% of UVB rays, while SPF 30 sunscreens filter out about 97%, and SPF 50 sunscreens filter about 98%.
- **Apply sunscreen properly:** Apply generously and pay close attention to areas not covered by clothing (face, ears, neck, arms).
- **Wear a hat:** A hat with at least a 2 to 3-inch brim all around is ideal because it protects areas that are often exposed to intense sun such as the ears, eyes, forehead, nose, and scalp.

- **Wear sunglasses that block UV rays:** These are important for protecting the delicate skin around the eyes as well as the eyes themselves. Large-framed and wraparound sunglasses are more likely to protect your eyes from light coming in from different angles. Children need smaller versions of real, protective adult sunglasses-not toy sunglasses.

***If you are going to be in the sun, **“Slip! Slop! Slap! and Wrap!”** is a catchphrase to remind you of key steps to protect yourself from UV rays: SLIP on a shirt, SLOP on sunscreen, SLAP on a hat, WRAP on sunglasses!!



On-going collections: Continue to save pop tops, calendars, eyeglasses

Church food pantry: Save at home until we meet - peanut butter, jelly, cereal (kid friendly especially), canned meat or canned fruit



The Home Life budget contains charitable donations to a variety of organizations. In this time of increased need, the decision was made to disburse all budgeted funds within the next few weeks. The American Red Cross and Canine Companions are examples of organizations receiving these funds.

We continue to promote awareness of local homelessness with our ongoing support of Calvary Refuge Center. At this time, they are cooking and serving in-house, rather than using volunteers. We have already sent food items and \$200 (line-item in the Home Life budget) in place of the meal the club planned to prepare and serve.

The Good Shepherd Clinic is another local organization receiving our support. This year they are celebrating their 20th anniversary of bringing healthcare to those in need within our community. They are challenging donors to join them in their **Twenty in 2020 Challenge** with a monthly, sustaining gift of at least \$20. Home Life is sending a gift of \$120 to cover the July through December timeframe.

Home Life’s new project to collect and donate care packages to Cadence at Mt. Zion Assisted Living and Memory Care has been put on hold for the time being.

***Many of us have made donations or volunteered services in these uncertain times. Please keep track of your donations and hours to report.



INTERNATIONAL OUTREACH

Check out our video featuring the Wells for Hope Foundation. It is posted in our Project Spotlight on the Home page of our club website <https://mcwcga.org/> This video was produced during the Walk for Water on **March 8, 2020**. Copy and paste either URL link into your web browser to view.

MCWC Wells For Hope: <https://vimeo.com/417650332>

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MCWC Wells for Hope

We are continuing with the Operation Smile project of sewing hospital gowns for children. If you would like a pattern, please contact Joy Lanier.

If you have not already designated Heifer International through Amazon Smile, please do so. Heifer International will receive a percentage of sales.

amazon smile prime

Deliver to Kristy Mcdonough 30252

Supporting: Heifer International

Kristy's Amazon.com Prime Video Help Browsing History Buy Again Best Sellers Whole Foods Find a Gift Today's Deals New Releases

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About AmazonSmile

What is AmazonSmile?
AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that Amazon will donate 0.5% of your eligible purchases to the charitable organization of your choice. You can choose from over one million organizations to support.

How do I shop at AmazonSmile?
To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Which products on AmazonSmile are eligible for charitable donations?
Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. Recurring Subscribe-and-Save purchases and subscription renewals are not currently eligible.

Can I use my existing Amazon.com account on AmazonSmile?
Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

How do I select a charitable organization to support when shopping on AmazonSmile?
On your first visit to AmazonSmile smile.amazon.com, you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation. AmazonSmile will occasionally contact you about donation amounts disbursed to your chosen charity or about the program.

Can I change my charity?
Yes, you can change your charity any time. Your AmazonSmile purchases after the change count towards your newly selected charity. To change your charity, sign in to smile.amazon.com on your desktop or mobile phone browser and simply select "Change your Charity" in "Your Account."



PUBLIC ISSUES

This newsletter article was composed on Memorial Day, a day to remember those soldiers who have lost their lives while protecting our country and for those soldiers who are currently serving at home

and abroad to protect the many freedoms that we have. It is hoped that you displayed your flag or flags in appreciation of these men and women.

Public Issues is still planning to send care packages to ten soldiers, but it will not take place in June. Following is a list of items of suggested items to donate: high quality socks, soap, shampoo, body wash, toothbrush, toothpaste, floss, deodorant (travel size/non-aerosol), lip balm, foot powder, baby wipes, sunscreen, hand sanitizer, Vicks VapoRub, lens cleaning cloths, reading material, board games, decks of cards, puzzles, plastic model kits, water flavoring packets, beef jerky, Slim Jims, protein bars, gum sunflower seeds, and hot sauce (such as Taco Bell packets). Thanks in advance for purchasing any of the above items.

Please remember to vote in the Georgia Primary **June 9th**. Also, continue to collect bottle tops for the USO. You will give them to Peggy Wilson.



Special Project: Women's History Resource Center (WHRC)

If we had been able to hold our June membership meeting, guests and members would have enjoyed an engaging and informative WHRC Gallery Walk celebrating our club since 1962. No need to be disappointed. Enjoy this sampling of our sisters' impact in the community. Over a hundred photos will be displayed as table decorations during the fall fashion show. We can be proud of our history!

1967: Voter Registration



1979: Seminar – *Anxieties of Today's Woman*

Morrow Junior Woman's Club Seminar

Women's Anxieties Discussed

Women of Morrow and surrounding communities were given a chance to discuss their anxieties with professionals at a seminar sponsored by the Morrow Junior Woman's Club.

The seminar "Anxieties of Today's Woman: Problems and Solutions" was held at the Norrow United Methodist Church fellowship hall. Dr. Joe Peek, a local psychologist, Margo Roberts, a local attorney; and Dr. Carol Kopland a child psychiatrist from C.O.P.E. (Coping with the Overall Pregnancy and Parenting Experience) each spoke on various areas in which women might experience anxieties in today's demanding society. Janie Griffin, club member, served as moderator. Those attending were given a chance to ask questions to the speakers.

After the program, the women visited the information fair which was set up in the rear of the fellowship hall. The Morrow Fire Department with Captain Henry Phillips and Fireman Mike Hall provided information on fire prevention in the home.

Metropolitan Atlanta Council on Alcohol and Drugs, (MACAD), Clayton Mental Health Association, National Organization of Women, Clayton Junior College, and the American Cancer Society all provided pamphlets and visual aids for those interested.

Ed Robertson also had a booth on home repairs, and the Dorcas Group from the Morrow United Methodist Church served as hostess and provided refreshments.



PANEL SPEAKERS AT MORROW JUNIOR WOMAN'S CLUB SEMINAR ON ANXIETIES OF MODERN WOMEN
(L-R) Dr. Carol Koplan, Janie Griffin, Margo Roberts, Dr. Joe Peek



1982: Initial Scholarship at Clayton Junior College



Scholarship Awarded

Carol Peebles (Second from left) of Jonesboro, a nursing student at Clayton Junior College, is the recipient of the first annual Morrow Junior Woman's Club scholarship. Making the presentation was Carol Hatfield (L), chairwoman of the club's education department for 1981-82. Also present were Jayne Troy (second from right), club president for 1981-83 and Carol Hall (r), education department chairwoman for 1982-83.

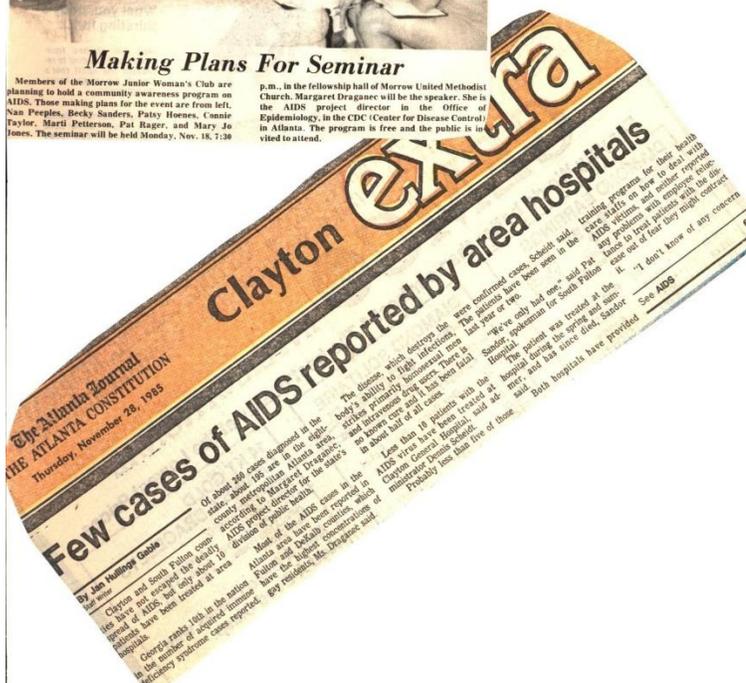
1985: Awareness Program on AIDS



Making Plans For Seminar

Members of the Morrow Junior Woman's Club are planning to hold a community awareness program on AIDS. Those making plans for the event are from left, Nan Peoples, Becky Sanders, Patsy Hones, Connie Taylor, Marri Peterson, Pat Rager, and Mary Jo Jones. The seminar will be held Monday, Nov. 18, 7-9

p.m., in the fellowship hall of Morrow United Methodist Church. Margaret Dragane will be the speaker. She is the AIDS project director in the Office of Epidemiology, in the CDC (Center for Disease Control) in Atlanta. The program is free and the public is invited to attend.



By Jim Mulligan
Health Care
 Clayton and...
 Georgia ranks 10th in the nation in the number of alleged...
 AIDS cases reported...

Few cases of AIDS reported by area hospitals
 The Atlanta Journal-Constitution reported that only two cases of AIDS were reported by area hospitals last week. The Atlanta Journal-Constitution reported that only two cases of AIDS were reported by area hospitals last week. The Atlanta Journal-Constitution reported that only two cases of AIDS were reported by area hospitals last week.

Clayton extra
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2004: Celebrating Grandparents' Day at Laurel Park Nursing & Rehabilitation Center



2008: Habitat for Humanity



2018: Red Nose Day



DOMESTIC VIOLENCE

Haven House, which provides a safe shelter for domestic violence victims, needs several items. Save donations at home until our next meeting.

Any type of cleaning products (bleach, Lysol, etc.)

Gloves

Pasta

Pasta sauce

Canned soups

Fruit juice

Peanut butter

Jelly

COMMITTEES



Budget and Finance

1. If you have reimbursements to submit, send a request with copies of the receipts to Joy Lanier.
2. Chairs are encouraged to request payment of any donated funds that are in your plan of work and that could be helpful to our community during this pandemic. Scan and email requests to Joy Lanier. Submitted information needs to include the following: your name and date, the amount, the

purpose, the specific Community Service Program or Committee it applies to, how the check should be made out, and the address to where the check should be sent.



Fashion Show Fundraiser

Remember to block October 1-3 on your calendar for the fashion show. Hopefully, large gatherings will be allowed at that time. If you have any questions about the fashion show, ask/call/email Peggy Wilson, Lois Wolfe, or Marlynn Jones.



Club Relations

Hope that everyone is doing well. Remember to keep a check on your club sisters. If you hear of a need, please contact Angelia Wright.

The following quote is from Kelly's Treehouse and is very appropriate for our time:

The storm that was sent to break you, is going to be the storm that God uses to make you. Amen.



Membership

Membership is happy to ask you to think about how our club and its activities enrich the lives of you and others. What is your favorite part of club life? Hopefully, you will ask a friend to visit the club with you as soon as guidelines allow.

Belonging to a GFWC club provides the opportunity to:

- Contribute to the quality of life in your neighborhood and community
- Gain a sense of fulfillment and satisfaction in doing good
- Participate in interesting, informative, and inspiring programs
- Explore and sharpen skills that can lead to professional advancement
- Expand your network of contacts—professional and personal
- Build lifelong friendships
- Have fun!

We build many friendships in club and here are some words on friendship to embrace:

Honest friends are doorways to our souls, and loving friends are the grasses that soften the world.

It is no mistake that the German root of the word friendship means place of high safety. This safety opens us to God.

As Cicero said, *A friend is a second self.*

As Saint Martin said, *My friends are the beings through whom God loves me.*

There can be no greater or simpler ambition than to be a friend. - Mark Nepo, The Book of Awakening



The June 1st deadline to apply for the Andrea Lane Memorial Scholarship is quickly approaching. Applications are being received daily. On June 4, the committee will present to membership two applicants as this year's recipients.



Scrapbook

Since our last meeting, we have been experiencing the overwhelming and historical events of the COVID-19 Pandemic occurring in our lives and witnessed its profound effects on the lives of everyone in the world in which we live. It is a time of great need for so many, and we are not women to sit still for very long! Each of you have likely participated in helping or providing for friends, family, or others in need. We want to note your participation during this time in history through the scrapbook.

If you have participated in making face masks, hospital gowns for Operation Smile, goody bags for nursing homes, cooked for a shut-in or visited a shut-in, read to a child or children, helped with family, volunteered at a soup kitchen, or other activities, please contact Marlynn Jones. It would even be better if you could provide a picture. Send Marlynn a photo of your face masks or of you making face masks, of goody bags for others, or of you helping in other areas. If you do not have a picture, then send a summary of the things that you have done or participated in. It is a great service to help with family, friends, or strangers in need. Assisting in any way can help make a difference in someone's life or make life a little easier for someone by showing concern, and that is a great service.



Tallulah Falls School

Did you know that every year Tallulah Falls School (TFS) offers \$4 million dollars in needs-based scholarships to 70% of its students? We at MCWC are proud to support TFS. We will hopefully continue to support programs financially and with our gifts to the student center and clothes closet. Attached are links where you can enjoy watching the honors bestowed to the students at the end of the year!

https://www.tallulahfalls.org/our-community/awards_day_2020.cms

https://youtu.be/f8L_MISXKqE

<https://youtu.be/BgtSU-ruU1Q>

<https://youtu.be/40xRdhBOJxQ>

HAPPY JUNE!

SPECIAL OCCASIONS

Happy June Birthday!		Happy June Anniversary!	
6/5 – Betty Bush 6/17 – Vickie Jennings 6/23 – Linda Harrelson 6/26 – Jane Young		June 1 – Denise and Bo Martin June 9 – Amy and Christopher Simpkins June 10 – Joy and Bill Lanier	

HOSTESSES FOR JUNE MEETING - "ZOOM INTO JUNE" FOR MEMBERS

Coordinator	Devotional	
-----	Denise Martin	

NEXT NEWSLETTER DEADLINE: JULY 27, 2020



State website: <https://gfwcgeorgia.org/>



National website: <http://gfwc.org/>

ARTS FOR YOUR ENJOYMENT

Links that enrich you in the Arts:

This is an amazing opportunity for us make a difference in the arts opportunities in our community. You can learn more about the arts in our community at the following links:

<https://www.artsclayton.org>

<https://www.clayton.edu/spiveyhall/>

<https://thefrontporchplayers.com/>

<https://316ccps.ss10.sharpschool.com/>

<http://www.henryplayers.com/>

Here are additional links you might enjoy!

<https://broadwaydirect.com/where-to-watch-musicals-online-the-musical-lovers-guide-to-streaming/>

<https://artsandculture.google.com/story/DAWx75ap5FKeBQ>