



# MAY 2020



## GFWC GA MORROW CIVIC WOMAN'S CLUB NEWSLETTER

Check us out at <https://mcwcga.org/>



### A MESSAGE FROM OUR CO-PRESIDENTS

Dear Club Sisters,

Hello to all. Hopefully, everyone and their loved ones are well and safe. We certainly are facing a crisis like we have not ever seen in our lifetime. There will be better days ahead. We have the benefits of technology to keep us informed and connected to one another.

As we are a service organization, it is important to keep our focus on how we can help support those in need in the community and the world. In that effort, we are asking the Community Service Program chairs to review their 2020 Plans of Work this week. If there are areas where donations need to be made, please complete the Check Requisition forms and send them to Joy Lanier by May 15. We will review our expenditures and evaluate where our opportunities are to provide additional support to agencies serving families, particularly with food distribution. Our 2020 budget is not fully funded at this time because of income we have not generated from Fashion Show, Bunco, Rada knife and pecan sales, but we do have the means to support the CSPs and special item expenses. Sadly, the financial impact of the current crisis will linger for months to come. We want to be prepared to help meet those needs.

Stay well, enjoy the beautiful spring days. We look forward to the time we can get together again.  
Cookie and Mary

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## COMMUNITY SERVICE PROGRAMS



### ARTS

Heloise Wilson received the following letter from Richard Bell. The sentiment illustrates the need for the arts during current times.

As I write this at about 1:00 on **Sunday, April 26<sup>th</sup>**, my calendar says I should be on the stage at Spivey Hall beginning the warm-up process for our afternoon concert – greeting and welcoming to the stage members of the Southern Crescent Symphony, the Clayton State Orchestra, the Clayton State Chorale and the Masterworks Chorus. Over 100 musicians full of excitement and nervous energy getting ready to share the results of their hard work with an appreciative audience in one of the finest concert halls in the country.

When I send this at the starting time for the concert this afternoon there will be no one in Spivey Hall – empty like all of our concert halls have been for the last seven weeks. While this is a very sad situation please know that we will be back to – quoting Leonard Bernstein – “make music more intensely, more beautifully, more devotedly than ever before.”

In the meantime, if you are a musician take a moment this afternoon or soon to sing or play for someone – on the phone, online or on a front porch. If you are a music patron, contact a musician and let them know how much you

appreciate them and look forward to hearing them in a live performance soon. Keep those musical connections going until we can meet again.

I look forward to seeing you in Spivey this Fall! Richard Bell, conductor – Southern Crescent Symphony

Richard Bell offered suggestions for supporting musicians. What other ways can you support the arts? Find them on the chart below. Where would many of us be these last few weeks without the arts?



Have you been watching American Idol and supporting our Clayton County Public Schools student, Cyniah Elise? MCWC is proud of this Season's Top 20 finalist!



Please enjoy the Art Web Links at the end of the Newsletter!



## CONSERVATION

In order to later record on the monthly sign in sheet, keep time of the time you spend:

- Recycling
- Picking up trash while you walk (use gloves and trash pick-up stick)
- Reading about or researching environmental issues
- Working in your garden or yard

Donations made this month:

\$50 donation to Georgia Climate Coalition

\$150 (which was doubled) to Environment Georgia (Save the Bees)

\$100 to Clayton County Humane Society

**Keep Clayton County Beautiful** (Conservation will be investigating how the club can support this program)

Program Director Lexi Morgan, Phone: (770) 477-3567

In support of the Quality of Life pillar outlined in the Strategic Plan, the Clayton County Board of Commissioners approved the Keep Clayton County Beautiful (KCCB) program in November 2019.

The purpose of the KCCB program is to inspire and educate people to take action every day to improve and enhance their community environment.

KCCB is charged with working with community leaders and citizens to develop and implement initiatives that will encourage efforts to end litter, reduce waste, promote recycling and beautifying communities. We are committed to determining sustainable practices and long-term solutions that benefit our community and environment.

*With a strong focus in community and environmental improvements, the KCCB program is guided by four (4) core values:*

**Education and Communication** - Developing fresh perspectives for Clayton County as well as promoting community engagement.

**Individual Responsibility** - Enhancing and improving the quality of life begins with residents and individuals becoming more engaged as citizens and stewards of the environment.

**Partnerships** - Building and maintaining comprehensive based community alliances that are essential to achieve long-term community improvements.

**Volunteer Action** - Engaging volunteers to turn education and knowledge into visible results.

Information above was taken directly from the KCCB website.

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## EDUCATION

1. Continue collecting books to trade and then give to Fayette Friends of the Library.
2. To give you strength--Read Psalm 91--many times.



## HOME LIFE



**National Women's Health Week** begins Mother's Day, May 10<sup>th</sup> and is celebrated through May 16<sup>th</sup>. This week serves as a reminder for women to make their health a priority and build positive health habits for life. Women are encouraged to take steps to be as healthy as possible. Home Life urges you to try

some of the following steps to improve your physical and mental health:

- Visit a health-care provider for a well-woman checkup, preventive screenings, and vaccines or immunizations as needed
- Get active- -chair exercises can be found on Pinterest at <http://pin.it/34sj5G7> and <https://pin.it/1hsfliN> (Pinterest app can be downloaded for free)
- Eat healthy
- Pay attention to mental health, including getting enough sleep and managing stress
- Practice safe behaviors such as quitting smoking and not texting while driving

Taking steps for better health is not always easy. Every woman has her own approach to finding what works for her. A great way to do this is to reflect on your own goals, what motivates you, and what is holding you back from being your healthiest you. Explore the wealth of resources and information available at <https://www.womenshealth.gov/nwhw> . Look for their online tool, *Are you ready to find your health?*, for a short questionnaire and customized tips to improve your healthy eating and physical activity habits.

May is **National Stroke Awareness Month**. Visit <https://www.stroke.org>

## Stroke Awareness - Act FAST

<b>Face</b>	Does one side of the face droop? Ask the person to smile.
<b>Arms</b>	Is one arm weak or numb? Ask the person to raise both arms - one arm drift downward?
<b>Speech</b>	Is speech slurred? Ask the person to repeat a simple sentence- repeated correctly?
<b>Time</b>	Any of these symptom Call AMBULANCE Immediately!

[www.dwarkaparichay.com](http://www.dwarkaparichay.com)

Be aware of the signs so you can ACT FAST to minimize effects and maximize recovery from a stroke, or possibly save a life.



MCWC is tentatively scheduled to prepare a meal for the Calvary Refuge Shelter on Thursday, May 14. Contact Renee Goolsbee if you can help.

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## INTERNATIONAL OUTREACH

The International Outreach CSP is so disappointed that you are going to miss hearing from Marie Marquardt of El Refugio, as she was scheduled for the May meeting program. El Refugio provides a ministry of hospitality and visitation to the detainees and families of detainees at the Stewart Detention Center. They have a hospitality house that provides lodging for families coming to visit detainees as there are no motels in Lumpkin, Georgia. Hopefully, MCWC members will make a visit in October. Look for further information in the months ahead. Information on El Refugio can be found at <https://www.elrefugiostewart.org/>

Kupendwa means “to be loved” in Swahili. This month the International Outreach CSP is asking you to consider giving a donation to Kupendwa Ministries in honor of Mother’s Day. Kupendwa Ministries works with expectant teenage girls in crisis pregnancies and was started by a UGA graduate, Amy Washington. It is a non-profit that strives to share the love of Jesus Christ with mothers and babies in need, but also with anyone else who they encounter. You can go to <https://www.kupendwaministries.org/> to find out more and to make a donation.

Due to the pandemic, we are moving ahead with the Operation Smile project of sewing hospital gowns for children. We are working on getting patterns for hospital gowns out to anyone who wants to sew them. If you would like a pattern, please contact Joy Lanier.

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## PUBLIC ISSUES

On Memorial Day, May 25, 2020, members are encouraged to place small flags around their driveway or front sidewalk.

At our June meeting, members will be asked to bring items for soldiers' care packages. Whenever you can get out for shopping, here is a suggested list of items to purchase. Remember that we are only sending care packages to five soldiers. The list of items include high quality socks, soap, shampoo, body wash, toothbrush, toothpaste, floss, deodorant (travel size/non-aerosol), lip balm, foot powder, baby wipes, sunscreen, hand sanitizer, Vicks VapoRub, lens cleaning cloths, reading material, board games, decks of cards, puzzles, plastic model kits, water flavoring packets, beef jerky, Slim Jims, protein bars, gum, sunflower seeds, and hot sauce (Taco Bell packets). Public Issues will mail care packages in June and November. Currently, we have names of two soldiers, but still need three more. If you have a relative or a friend's relative deployed in the service, send their name and address by May 10<sup>th</sup> to Angelia Wright.

Reminders:

Vote in the Georgia Primary June 9th.

Collect bottle tops for the USO. Give them to Peggy Wilson.

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### Special Project: Women's History Resource Center (WHRC)

On April 24, 1890, the General Federation of Women's Clubs (GFWC) was officially founded by Jane Cunningham Croly in New York City. This year marked GFWC's 130th Federation Day. Because MCWC is a part of GFWC, it is important to learn about its history. Have you read any of the information on our club's website? Check out <https://mcwcga.org/about-us/gfwc> and while you are there, also read about GFWC Georgia at <https://mcwcga.org/gfwc-georgia>

Quarterly, the GFWC WHRC Newsletter is emailed to members. On the link below, sign up to receive information about the history of GFWC and learn how to preserve it like MCWC is doing in partnership with the Clayton State University Archives. Past GFWC WHRC Newsletters are posted on the site.

<https://www.gfwc.org/news-publications/whrc-newsletter/>

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### DOMESTIC VIOLENCE

*Home is the safest place to be while a pandemic rages outside. Health officials have said as much for weeks now. But for some, home is not a haven from violence and abuse. To learn more, read the article on <https://www.cnn.com/2020/03/27/health/domestic-violence-coronavirus-wellness-trnd/index.html>*

Haven House, which provides a safe shelter for domestic violence victims, needs several items. Bring donations to our next meeting.

Any type of cleaning products (bleach, Lysol, etc.)

Gloves

Pasta

Pasta sauce

Canned soups

Fruit juice

Peanut butter

Jelly

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## COMMITTEES



### Budget and Finance

1. If you have not paid your \$50 membership dues yet, please send a check to our treasurer, Joy Lanier.
2. If you have reimbursements to submit, send a request with copies of the receipts to Joy Lanier.
3. CSPs are encouraged to request payment of any donated funds that are in your plan of work and that could be helpful to our community during this pandemic. Scan and email requests to Joy

Lanier. Submitted information needs to include the following: your name and date, the amount, the purpose, the specific Community Service Program or Committee it applies to, how the check should be made out, and the address to where the check should be sent.



### **Fashion Show Fundraiser**

The fall date has been set for the fashion show. It is scheduled for Saturday, October 3. Thank you for informing ticket holders and businesses of the new fundraiser date. Please reserve October 1-3 on your calendars. If you have any questions about the fashion show, do not hesitate asking/calling/emailing Peggy Wilson, Lois Wolfe, or Marlynn Jones.



### **Membership**

The Membership Committee is making plans for our June Salad Supper, but we will be careful to follow the mandates and safety procedures for gatherings of more than 10. Watch for emails and plans that may come during this month. Our first concern is for the safety and health of our community during this critical time. Some people are indicating groups of 20 or more may not be encouraged the first of June. We are eager to grow our membership; yet we will comply with guidelines as they are received. Hopefully, we will be able to complete our plans and meet together soon.



### **Scholarship Committee**

With the assistance of Kimberly Spear from the University Advancement Office at Clayton State University, the Andrea Lane Memorial Scholarship is posted on the Clayton State University external private scholarships webpage. In addition to the posting, Kimberly Spear shared the financial opportunity with 738 students who were identified as meeting the qualifications. Applications are currently being received.

Club members are still asked to spread word of our organization's scholarship opportunity. Share this link with family and friends and ask them to forward the information to others.

<https://mcwega.org/community-outreach/2020-scholarship>



### **Scrapbook**

The Scrapbook pages for January, February, and March are done. If you have anything for these months, send it to Marlynn Jones soon via mail, email, or text so that she can add it. Marlynn is interested in the things you have done since we have been "sheltering in place" due to COVID-19. She would love to hear from you about things you have done and receive any pictures you may have taken of an activity. There are those of you that have sewn face masks to take to facilities in need, some of you have volunteered to deliver meals or shopped for a shut-in, and so many other things during this time of crisis. Help to record our organization's efforts during these challenging times.



## Tallulah Falls School

Tallulah Falls School (TFS) is closed and there is not a clear indication as to when it will open again. Hopefully, the campus will open in the fall. It is obvious they need our prayers and our support. Currently, they are still having virtual school as are many other schools in Georgia. MCWC contributions and hard work for the school are appreciated. In the fall, MCWC will hit the ground running and will give more to TFS.

# HAPPY MAY!

## SPECIAL OCCASIONS

<p><b><i>Happy May Birthday!</i></b></p>		<p><b><i>Happy May Anniversary!</i></b></p>	
<p><i>5/1 – Cathy White 5/10 – Marjorie Lacy 5/29 – Catherine Douds 5/31 – Pat Henderson</i></p>	<p><i>May 5 – Brenda and David Rayburn</i></p>		

## ~~HOSTESSES FOR MAY MEETING~~ - MEETING CANCELLED

<b><i>Coordinator</i></b>	<b><i>Devotional</i></b>	

## NEXT NEWSLETTER DEADLINE: MAY 25, 2020



State website: <https://gfwcgeorgia.org/>



National website: <http://gfwc.org/>

## ARTS FOR YOUR ENJOYMENT

Links that enrich you in the Arts:

<https://artsandculture.google.com/story/igKSKBBnEBSGKg?hl=en>

<https://www.sfsymphony.org/>

<https://www.metopera.org/>

<https://neilyoungarchives.com/>

**These Broadway Features are on Netflix and Amazon Prime:**

*Jersey Boys* (2014, Film). Starring John Lloyd Young, Erich Bergen, and Michael Lomenda. Available on Netflix. Adapted from the Broadway musical and starring Broadway's original Frankie Valli, Clint Eastwood directs this musical film that takes a closer look at how four guys from New Jersey came together to form one of the most iconic music groups of the 1960s, The Four Seasons.

*Oh, Hello on Broadway* (2017, Broadway). Starring Nick Kroll and John Mulaney. Available on Netflix. Stand-up comedians John Mulaney and Nick Kroll star as "two delusional geriatrics" in *Oh, Hello on Broadway*, a recording of their hit limited-run Broadway engagement. This recording has it all: irreverent humor, too much tuna, and a special surprise comedy guest.

*Springsteen on Broadway* (2018, Broadway). Starring Bruce Springsteen. Available on Netflix. If you couldn't get to New York City to see Bruce Springsteen take the stage during his Broadway residency, have no fear. Netflix has you covered. You can watch a recording of the rock star's intimate one-man show, where he plays acoustic versions of some of his greatest hits and shares personal life stories, on the streaming service anytime, and all from the comfort of your own home.

*Shrek the Musical* (2013, Broadway). Starring Brian d'Arcy James, Sutton Foster, and Christopher Sieber. Available on Netflix.

*Sweeney Todd: The Demon Barber of Fleet Street* (2007, Film). Starring Johnny Depp, Helena Bonham Carter, and Alan Rickman. Available on Netflix. Adapted from the Tony Award-winning 1979 musical of the same name, which also earned Broadway revivals in 1989 and 2005, this movie features the unique directorial flair of Tim Burton paired with the songs and characters that made this musical such a hit.

*Mike Birbiglia: The New One* (2019, Broadway). Starring Mike Birbiglia. Available on Netflix. If you missed Mike Birbiglia's three-month residency at the Cort Theatre, Netflix has you covered! This performance was filmed on Broadway during the show's limited run, so you're sure to get the whole, hysterical experience. This hilarious yet profound one-man show recounts Birbiglia's emotional and physical journey to parenthood.

*American Son* (2019, Film). Starring Kerry Washington, Steven Pasquale, and Jeremy Jordan. Available on Netflix. The 2018 Broadway play, *American Son* comes to Netflix in a stage-to-screen adaptation of the original play. The film team features the same writer, director, and reprise performances by the original cast. Staged more like a play than a movie, this performance captures the same compelling energy from the Broadway version.

*Carousel* (2013, Concert). Starring Kelli O'Hara, Nathan Gunn, and Jessie Mueller. Available on Amazon Prime. Julie Jordan falls in love with a charming, carefree carousel barker with a short temper. After she becomes pregnant, he resorts to extreme circumstances to get extra money to provide for his family. Starring Broadway favorites Kelli O'Hara and Jessie Mueller, along with Metropolitan Opera

staple Nathan Gunn, this live-from-Lincoln Center concert recording is a great way to get your Rodgers and Hammerstein fix.

*Fiddler on the Roof* (1971, Film). Starring Topol, Norma Crane, and Leonard Frey. Available on Amazon Prime. Currently running Off-Broadway (in Yiddish) at Stage 42, *Fiddler on the Roof* follows the poor milkman Tevye and his wife, Golde, as they try to grapple with their daughters wanting to break with tradition in their marriages. With music by Jerry Bock and lyrics by Sheldon Harnick, this film contains all of the songs theater lovers have come to know and adore: “Tradition,” “If I Were a Rich Man,” and “Matchmaker,” just to name a few.

*Hamilton: One Shot to Broadway* (2017, Film). Starring Lin-Manuel Miranda and Tommy Kail. Available on Amazon Prime. Featuring interviews with Lin-Manuel Miranda, director Tommy Kail, and cast members including Leslie Odom Jr. and Renée Elise Goldsberry, this hourlong documentary details exactly how *Hamilton* went from a concept album to an award-winning international musical sensation.

*Hello, Again* (2018, Film). Starring Audra McDonald, Cheyenne Jackson, Martha Plimpton, and Jenna Ushkowitz. Available on Amazon Prime. Based on the 1993 Off-Broadway musical by Michael John LaChiusa, *Hello Again* is the story of 10 lost souls engaged in a series of love affairs across 10 different eras in New York City. The story is told out of chronology, bouncing from era to era with LaChiusa’s music always evolving to fit the time period. In *Hello Again*, every story is connected, but you’ll have to watch the film to figure out how.

*King Lear* (2018, Film). Starring Anthony Hopkins, Emma Thompson, and Emily Watson. Available on Amazon Prime. If you can’t make it to New York to see Glenda Jackson in the new revival of *King Lear*, this Amazon original production is the perfect way for you to get your Shakespeare fix. Anthony Hopkins stars as the title character in *King Lear*, Shakespeare’s tragedy about a king’s slow descent into madness after he is tricked into giving up his kingdom by two of his three daughters.

*Kiss Me, Kate* (1958, Film). Starring Alfred Drake, Patricia Morison, and Julie Wilson. Available on Amazon Prime. A reimaged telling of Shakespeare’s *The Taming of the Shrew*, *Kiss Me, Kate* is the story of an ex-husband and -wife duo who team up to star in a musicalized version of the Shakespeare classic. However, behind the scenes is where the real drama happens and chaos ensues.

*Merely Marvelous: The Dancing Genius of Gwen Verdon* (2019, Documentary). Starring Chita Rivera, Tab Hunter, and Gwen Verdon. Available on Amazon Prime. The muse of both Jack Cole and Bob Fosse, Gwen Verdon changed the face of Broadway choreography over forty years. Through rare footage of Gwen Verdon performing in iconic stage musicals from *Can-Can* through *Damn Yankees*, *Sweet Charity*, and *Chicago* modern audiences can see Gwen at her best and learn the unexpected and surprising true story behind her success and career.

*The SpongeBob Musical: Live on Stage!* (2019, Filmed Live Event). Available on Amazon Prime. Brilliantly reimaging the beloved Nickelodeon series, Broadway’s best creative minds bring the musical to life with humor, heart, and pure theatricality. Following its run on Broadway, members of the original company of *SpongeBob SquarePants: The Broadway Musical* reunited to film the show for a live audience, aired on television.